

- ☑ 无购物系列 纯玩品质游 | 全宿舒适酒店
- ☑ 体验高铁从丽江到昆明，节省高铁 6 小时车程
- ☑ 乘搭高铁解放双手，无需担心行李排放
- ☑ 游览石林风景区：“天下第一奇观”包含电瓶车
- ☑ 游览中国圣多里尼【理想邦】包含单程电瓶车+精美下午茶+洱海风光+网红打卡点
- ☑ 参观白族民居；严家大院+三道菜歌舞表演
- ☑ 喜洲古镇：赠送网红冰棒
- ☑ 松赞林寺：仿布达拉宫式藏传佛教寺庙，震撼视觉与灵魂的心灵
- ☑ 玉龙雪山大索道+免费赠送由张艺谋导游指导的【印象丽江】
- ☑ 虎跳峡 | 独克宗古城 | 松赞林寺 | 大理古城 | 黑龙潭公园 | 丽江古城 | 金马碧鸡坊
- ☑ 特色风味：藏族土司宴+歌舞表演 | 大理彝族跳菜表演 | 野生菌火锅 | 过桥米线 | 雪厨小火锅 | 三文鱼火锅

## 9 天 7 晚 七彩云南石林+玉龙雪山 (昆明/石林/大理/香格里拉/丽江)

CN9KSC 行程从 2026 年 3 月起适用

**第一天 吉隆坡 - 昆明 (机上用餐)**

**酒店：昆明朗威酒店或同级 4 钻**

集合于吉隆坡国际机场，办理登机手续后准备飞往**昆明国际机场**，入住酒店休息。

**第二天 昆明-石林-昆明 (早/午/-)**

**酒店：昆明朗威酒店或同级 4 钻**

早餐后，游览**石林风景区** (含电瓶车) 被誉为“天下第一奇观”，以喀斯特地貌著称，是世界自然遗产。接着游览**大观楼**一座著名历史文化建筑，坐落在风景如画的滇池湖畔的大观公园内，因登楼可望滇池全景，故名“大观”。晚上，您可以自行游览**双桥夜市**，自行品尝当地美食。

**注明：在 4 月底-5 月初，可在大观楼庾园观看月季花；6 月下旬-8 月可观看荷花**



石林风景区



大观楼

**第三天 昆明 - 大理 (早/午/晚餐)**

**酒店：大理大院里酒店或同级 4 钻**

早餐后，前往大理 - 游览理想邦中国的**圣托里尼** (含单程电瓶车+精美下午茶+洱海风光+网红打卡点) 以希腊圣托里尼岛为灵感打造的风格，具有浓厚的地中海风情——比如蓝白配色的建筑、拱门、穹顶、无敌海景。午餐后，前往**大理古城**、**洋人街**融合中西文化的繁华商业街。街道两旁分布着各式咖啡馆、中西风味餐厅、珠宝店、古董店、扎染店、画廊等。



圣托里尼



大理古城、洋人街

**第四天 大理 - 香格里拉 (早/午/晚餐)**

**酒店：兰欧国际大酒店或同级 4 钻**

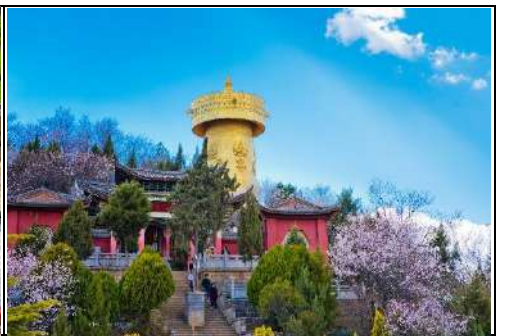
早餐后，前往**白族民居**（严家大院+三道茶歌舞表演），接着游览**喜洲古镇**、**转角楼**（赠送网红冰棒）西依苍山，东临洱海，是一座拥有千年历史的白族文化名镇。前往香格里拉，随后途径长江第一湾欣赏金沙江风光，往游览**虎跳峡**（含扶梯）是金沙江上游的一段大峡谷，横亘于玉龙雪山与哈巴雪山之间，是世界上最深、最壮观的河流峡谷之一，以其“雄、奇、险、峻”而闻名。接着到达**独克宗古城**游览**龟山公园**、**世界最大转经筒**是中国保存最完整、最大的藏族民居群之一，已有 1300 多年的历史。



喜洲古镇



虎跳峡

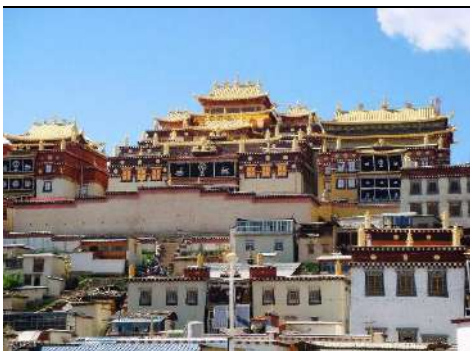


独克宗古城

**第五天 香格里拉 - 丽江 (早/午/晚餐)**

**酒店：丽江柏纳酒店或同级 4 钻**

早餐后，游览**松赞林寺**（含环保车）云南省最大的藏传佛教寺庙，属格鲁派，被誉为“小布达拉宫”。午餐后，前往丽江游览**黑龙潭公园**，游客欣赏自然风光与了解纳西文化的绝佳去处。再去逛**丽江古城**、**四方街**是一座拥有 800 多年历史的高原古镇。据传，明代木氏土司按其印玺形状设计此街，象征“权镇四方”。这里曾是茶马古道的重要集散地。



松赞林寺



黑龙潭公园



丽江古城、四方街

**第六天 丽江 (早/午/晚餐)**

**酒店：丽江柏纳酒店或同级 4 钻**

早餐后，前往**玉龙雪山**乘坐**大索道**上中国最南端的雪山，也是国家 5A 级旅游景区。峰扇子陡海拔 5596 米，常年积雪，十三座雪峰连绵起伏，宛如一条腾飞的巨龙，因而得名“玉龙”。观看由著名导演张艺谋、王潮歌和樊跃共同打造的大型原生态实景演出**印象丽江**，该演出以玉龙雪山为背景。接着游览**白水河**、**蓝月谷**（含电瓶车）。最后往**玉水寨**完全按纳西族的传统生活方式建成，从院落布局到建筑设施，到使用的工具，到生活的细节，都能感受到传统的民族文化氛围。

**备注：如遇大索道停运或检修将更换为云杉坪索道**



玉龙雪山



白水河



蓝月谷

**第七天 丽江 - 昆明 (早/午/晚餐)**

**酒店：昆明云锦诺富特酒店 4 钻**

早餐后，前往**拉市海湿地公园**是云南省首个以“湿地”命名的省级自然保护区，也是丽江境内最大的高原湖泊。午餐后，丽江乘坐高铁回昆明，用过晚餐回酒店休息。



拉市海湿地公园



丽江高铁昆明

**第八天 昆明 - 吉隆坡 (早/午/晚餐)**

早餐后，前往**南屏步行街**是昆明历史悠久的商业街区之一，其历史可追溯至九百多年前的大理国时期。**金马碧鸡坊**见证了昆明近代史上的多次重大事件，如护国起义军从坊下出征讨袁，滇军出征台儿庄、赴越南受降等，具有重要的历史纪念意义。傍晚，前往**昆明麻园米轨公园**这里保留了百年米轨铁轨，结合街头特色涂鸦、文创咖啡馆和老昆明生活烟火气，是体验复古 Citywalk、拍摄怀旧风格照片的休闲好去处。晚餐后，送往机场搭乘航班返回吉隆坡。

备注：

- (1) 海埂大坝观海鸥：(10月中旬至次年3月期间到来，其中11月至次年2月为最佳观赏期) 海鸥来期间会安排海埂大坝看海鸥；
- (2) 昆明蓝花楹：花期4月下旬至5月上旬开花，花开期间会增加安排教场中路蓝花楹大道看蓝花楹；
- (3) 4月20-6月20期间，团队可增加安排景点——【捞鱼河湿地公园】看绣球花



南屏步行街



金马碧鸡坊



昆明麻园米轨公园

**第九天 抵达吉隆坡 (机上用餐)**

早上航班抵达吉隆坡，完美行程结束啦！我们下次再见！

**\*\*\*自费项目：【丽江千古情】(RMB 350 成人/小孩) \*\*\***

备注：

行程若更改，需受公司的条款与细则所约束。顾客需注意以下事项：在公司无法控制的情况下行程可能更改。指定城市的住宿需视客房供应情况而定。行程顺序可能更改。不同团体可能合并成一团。若有更改不被接受，需遵守条款与细则中的退款规定。

# 9D7N COLORFUL YUNNAN STONE FOREST + JADE DRAGON SNOW MOUNTAIN (KUNMING / SHILIN / DALI / SHANGRILA / LIJIANG) NO SHOPPING STOP

## DAY 1: KUALA LUMPUR – KUNMING (MOB)

**Hotel: Kunming Longway Hotel or similar**

Assemble at Kuala Lumpur International Airport for your flight to Kunming Changshui International Airport. Upon arrival, transfer to the hotel for check-in and rest.

## DAY 2: KUNMING – SHILIN- KUNMING (B/L/-)

**Hotel: Kunming Longway Hotel or similar**

After breakfast, visit the **Stone Forest Scenic Area** (included shuttle). Known as the "First Wonder of the World," it is famous for its unique karst landscape and is recognized as a UNESCO World Natural Heritage Site. Next, visit the **Daguan Pavilion**, a well-known historical and cultural landmark located in the picturesque Daguan Park by the shore of Dianchi Lake. The pavilion is named "Daguan" (meaning "grand view") because it offers a panoramic view of the lake from its upper level. In the evening, you may explore **Shuangqiao Night Market** on your own and sample a variety of local delicacies at your leisure.

## DAY 3: KUNMING – DALI (B/L/D)

**Hotel: Courtyard Hotel or similar**

After breakfast, head to Dali and visit **Ideal Land** known as "China's Santorini" (includes one-way electric shuttle, a delightful afternoon tea, views of Erhai Lake, and popular photo spots). Inspired by the Greek island of Santorini, this scenic area features strong Mediterranean vibes—with blue-and-white buildings, arches, domes, and stunning sea views. After lunch, explore **Dali Ancient Town** and **Foreigner Street** a lively commercial area blending Eastern and Western cultures. Along the streets, you'll find a variety of coffee shops, Chinese and Western restaurants, jewelry stores, antique shops, tie-dye boutiques, and art galleries.

## DAY 4: DALI – SHANGRILA (B/L/D)

**Hotel: Shangri-la Lanou International Hotel or similar**

After breakfast, visit a **Bai ethnic residential complex** — including **Yan Family Courtyard** and the **Three-Course Tea song and dance performance**, a cultural experience unique to the Bai people. Then, explore **Xizhou Ancient Town** and the iconic **Zhuanjiao Building** (with a complimentary trendy popsicle). Continue the journey to **Shangri-La**, passing the First Bend of the Yangtze River, where you'll enjoy stunning views of the **Jinsha River**. Next, visit **Tiger Leaping Gorge** It is one of the deepest and most spectacular river canyons in the world, famed for its breathtaking power and rugged beauty. Upon arrival in Shangri-La, explore the **Dukezong Ancient Town** including **Turtle Hill Park** and the **world's largest prayer wheel**. Dukezong is one of the best-preserved and largest Tibetan residential clusters in China, with a history spanning over **1,300 years**.

## DAY 5: SHANGRILA - LIJIANG (B/L/D)

**Hotel: Baina Hotel or similar**

After breakfast, visit **Songzanlin Monastery** (includes shuttle), the largest Tibetan Buddhist monastery in Yunnan Province. Belonging to the Gelug sect, it is often referred to as the "Little Potala Palace" due to its grandeur and architectural style. Then, head to **Lijiang** and explore **Black Dragon Pool Park** an ideal place for visitors to enjoy **natural scenery** and learn about Naxi culture. Continue to **Lijiang Ancient Town** and **Sifang Street** a highland town with over 800 years of history. According to legend, during the Ming Dynasty, the Mu family chieftain designed this central square in the shape of his official seal, symbolizing "power over all directions."

## DAY 6: LIJIANG (B/L/D)

**Hotel: Baina Hotel or similar**

After breakfast, visit **Jade Dragon Snow Mountain** and ride the Grand Cable Car to experience China's southernmost snow-capped mountain, a national 5A-rated scenic area. Enjoy the spectacular **"Impression Lijiang"** live outdoor performance, created by renowned directors Zhang Yimou, Wang Chaoge, and Fan Yue. This grand, original show is set against the breathtaking backdrop of Jade Dragon Snow Mountain and showcases the traditional culture and spirit of the local people. Then visit **Baishui River** and the stunning **Blue Moon Valley** (includes electric shuttle), famous for its turquoise glacial water and dramatic alpine scenery. Finally, explore **Yushui Village** a traditional Naxi ethnic village built entirely according to the authentic Naxi way of life.

**Note: In the event that the Grand Cable Car is suspended or under maintenance, it will be replaced with the Spruce Meadow Cable Car.**

## DAY 7: LIJIANG - KUNMING (B/L/D)

**Hotel: Novotel Kunming Yunjin or similar**

After breakfast, visit the **Lashihai Wetland Park** the first provincially designated nature reserve in Yunnan named after a "wetland." It is also the largest alpine lake in the Lijiang area. After lunch, take the **high-speed train from Lijiang back to Kunming**. Upon arrival, enjoy dinner and check in to your hotel for the night

### **DAY 8: KUNMING – KUALA LUMPUR (B/L/D)**

After breakfast, visit **Nanping Pedestrian Street** one of the oldest commercial districts in Kunming, with a history dating back over 900 years to the Dali Kingdom period. Continue to **Jinma Biji Archway** a historic landmark that has witnessed many key events in modern Kunming history—such as the departure of the National Protection Army against Yuan Shikai. In the evening, proceed to **Kunming Mayuan Meter-Gauge Railway Park**, where century-old meter-gauge railway tracks have been preserved. After dinner, transfer to the airport for your flight back to Kuala Lumpur

#### **Remarks:**

- 1) Seagull Watching at Haigeng Dam: Seagulls usually arrive from mid-October to March, with the best viewing period from November to February. During this season, a visit to Haigeng Dam to watch the seagulls will be arranged.
- 2) Kunming Jacaranda Blossoms: The blooming season is from late April to early May. During this period, an additional visit will be arranged to Jiaochang Middle Road, famous for its jacaranda-lined avenue.
- 3) From 20 April to 20 June, groups may also add a visit to Laoyuhe Wetland Park to admire the hydrangea flowers. 🌸

### **DAY 9: ARRIVAL IN KUALA LUMPUR (MOB)**

Arrive in KL with sweet memories of your tour!

### **\*Optional: "Lijiang Eternal Love" Show — RMB 350 per adult/child**

#### **Remarks:**

Itinerary is subject to change based on local conditions and company terms.  
All photo show in itinerary is only for reference.  
Accommodation is subject to availability.  
Tour groups may be merged.  
In case of itinerary change refusal, refund terms & conditions apply.