

- ☑ 无购物系列 纯玩品质游 | 全宿 4 钻酒店
- ☑ 七彩丹霞 被大自然以奇幻笔触勾勒而成的绚丽天地，其色彩的交融与碰撞犹如梦幻之境
- ☑ 察尔汗盐湖 中国最大、世界第二大盐湖，湖水因光照呈现出翡翠绿、蒂芙尼蓝等梦幻色彩
- ☑ 莫高窟 深藏着千古艺术瑰宝的洞窟拥有穿越时光的魔力，步入千年之前的艺术殿堂
- ☑ 鸣沙山月牙泉一片无垠沙海在微风中浅吟低唱，沙浪起伏，落日余晖为其披上华彩衣裳，美不胜收
- ☑ 青海湖风景区中国“最大湖泊，宛如一颗“高原蓝宝石”，中国最大内陆咸水湖
- ☑ 茶卡盐湖 《国家地理杂志评选》“人一生 55 个必去地方之一”的天空之境



## 8 天 7 晚穿越千年丝路 | 青甘大环线绝美秘境之旅

兰州/西宁/青海湖/茶卡盐湖/察尔汗盐湖/莫高窟/鸣沙山月牙泉/嘉峪关/七彩丹霞

CN8RS 行程从 2026 年 4 月起适用

第一天 新加坡-兰州（机上用餐）

酒店：4 钻兰州新区智选假日酒店或同级

集合于新加坡国际机场，办理登机手续后飞往兰州。抵步后，由当地导游迎接，送往酒店休息。

温馨提示：

- 1.西北属于内陆不发达地区，各方面条件较为艰苦，与内地游一定的差距。
- 2.西部地区干燥日照强，注意多饮水防晒。进入河西走廊，河西地区干燥，紫外线强，注意饮水和防晒。

### 第二天 兰州-西宁 3H-青海湖 2.5H-茶卡 2H (早/午/晚餐)

酒店：4 钻茶卡澜栖·铂岸酒店或同级

早餐后，赴西宁市品尝午餐，随后前往中国最大内陆咸水湖**青海湖（含首道门票）**，四面群山温柔地拥抱着这大自然的珍宝，湖畔的沙滩，细腻柔软、山峦起伏，云雾缭绕，如梦如幻。夏日，一望无际的草原衬托着青海湖这高原的宝镜；冬日，远处的雪山倒映在湖中，如此圣洁。



### 第三天 茶卡-茶卡盐湖-格尔木 5.5H (早/午/晚餐)

酒店：4 钻格尔木景枫万豪酒店或同级

早餐后驱车前往《国家旅游杂志》评为人一生中必去的 55 个地点之一的独特梦幻之境-**茶卡盐湖（含首道门票及区间车+鞋套+航拍）**，景区中“雪山映湖”的“湖水与长天一色，盐湖与雪景同辉”，“茶卡盐雕”的造型各异、栩栩如生，“天空之境”的“天光云影共徘徊”的景色如梦如幻，令人陶醉。



### 第四天 格尔木-察尔汗盐湖 1H-敦煌 7.5H (早/午/晚餐)

酒店：4 钻敦煌飞天隐然酒店或同级

早餐后，乘车前往**察尔汗盐湖（含首道门票+区间车）**是大自然馈赠的瑰宝，它是中国最大、世界第二大盐湖。这里盐湖广袤，盐花奇巧，湖水因光照呈现出翡翠绿、蒂芙尼蓝等梦幻色彩。32 公里的万丈盐桥横跨其上，自然美景与人类工程奇迹在此完美融合。



### 第五天 敦煌-莫高窟-敦煌印局-鸣沙山月牙泉-沙洲夜市 (早/午/-)

酒店：4 钻敦煌飞天隐然酒店或同级

早餐后，参观世界佛教艺术宝库-**莫高窟（A 类票，含首道门票+区间车+数字电影+3D 环绕电影）**，又称千佛洞，是著名的四大石窟之一，也是世界上现存规模最宏大，保存最完好的佛教艺术宝库。始建于十六国的前秦时期，历经十六国、北朝、隋、唐、五代、西夏、元等历代的兴建，规模巨大，有洞窟 735 个，壁画 4.5 万平方米、泥质彩塑 2415 尊，是世界上现存规模最大、内容最丰富的佛教艺术地之一。随后前往**敦煌印局**，这是集印章、展览、文创、咖啡、研学、文化活动于一身的现代时尚文化地标空间，其地下印章展示区有上千款印章，涵盖飞天形象、莫高窟标志性建筑、敦煌独特自然风光等主题，还设有滚轮印、彩色套印、版画印、拓印等特色印章，不仅能印在集章册，还可印在 T 恤、帆布包等物品上。接着前往**鸣沙山月牙泉（含首道门票）**游览，鸣沙山和月牙泉是大漠戈壁中一对孪生姐妹，沙漠与清泉共存，绝对是一道绝美的风景，这一汪清泉卧荒漠，日月蒸腾，互诉千年，风沙弥漫，依然鲜活。泉边，几棵粗矮的杨柳树，向四周铺开，还有一片芦苇，绿莹莹的，在风中摇曳，泉水清澈，一如明亮的眸子，在浑黄的狂风和滚滚的黄沙飞扬中，与日月同辉，站在泉边，深切地感受到大自然的神奇，可以说这一独特的山泉地貌，足以惊艳所有的时光。**沙洲夜市**品尝当地美食，因为具有鲜明的地方特色和浓郁的民俗风情，而被誉为敦煌的“夜景图”和“风情画”。



莫高窟



鸣沙山月牙泉



**第六天 敦煌-嘉峪关关城 4H-张掖 3H (早/午/晚餐)**

**酒店: 4 钻张掖西遇酒店或同级**

早餐后前往嘉峪关, 参观“天下第一雄关”- **嘉峪关关城 (含首道门票)**, 这是明代长城的西端起点, 北连黑山悬臂长城, 南接天下第一墩, 在历史上被称为“河西咽喉”的军事要塞。



嘉峪关关城

**第七天 张掖-七彩丹霞-兰州新区 6H (早/午/晚餐)**

**酒店: 4 钻兰州新区智选假日酒店或同级**

早餐后, 前往参观**七彩丹霞 (含首道门票+区间车)** 世有繁花万千, 不及七彩丹霞; 千峰丘壑坠红尘, 五彩斑斓烈焰分。张掖丹霞地貌, 气势之磅礴, 场面之壮观, 造型之奇特, 色彩之斑斓, 它不仅具有一般丹霞的奇、险, 而且更美于色, 形成一个彩色的童话世界。感受大自然的鬼斧神工。参观完毕后前往兰州新区。



七彩丹霞

**第八天 兰州-新加坡 (早/机场用餐)**

享用完简易早餐后, 前往兰州中川机场并办理乘机手续返回新加坡。

**航班时间:**

**SIN-HAK HU460 1630-2010**

**HAK-LHW HU460 2135-0055+1**

**LHW-HAK HU459 0705-1020**

**HAK-SIN HU459 1140-1510**

**备注: 行程制定**

行程若更改, 需受公司的条款与细则所约束。顾客需注意以下事项: 在公司无法控制的情况下行程可能更改。

指定城市的住宿需视客房供应情况而定。行程顺序可能更改。不同团体可能合并成一团。

若有更改不被接受, 需遵守条款与细则中的退款规定。

# 8D7N Journey Through the Ancient Silk Road | Qinghai–Gansu Grand Loop Scenic

Lanzhou/Xining/Qinghai Lake/Chaka Salt Lake/Qarhan Salt Lake/Mogao Caves/Mingsha Mountain & Crescent Spring/Jiayuguan Pass/Zhangye Danxia National Geological Park  
CN8RS | Itinerary valid for April 2026

## DAY 1: SINGAPORE- LANZHOU (MOB)

Assemble at **Singapore Changi International Airport** and proceed with check-in for your flight to Lanzhou. Upon arrival, will be welcomed by the local guide and transferred to the hotel for check-in and rest.

### Warm Reminder:

1. Northwest China is an inland and less developed region. Facilities and conditions may be relatively basic and may differ from those in more developed areas.
2. The western region has a dry climate with strong sunshine. Please stay hydrated and take sun protection measures. As you enter the Hexi Corridor, the area becomes even drier with stronger ultraviolet rays, so remember to drink plenty of water and use sun protection.

## DAY 2: LANZHOU- XINING- QINGHAI LAKE- CHAKA (B/L/D)

After breakfast, proceed to Xining for lunch. Afterwards, continue to **Qinghai Lake (included entrance ticket)**, the largest inland saltwater lake in China. Surrounded by gentle mountain ranges, this natural treasure is embraced by breathtaking landscapes. The lakeside beaches feature soft and delicate sands, while rolling hills and misty clouds create a dreamlike scenery. In summer, the vast grasslands stretch endlessly around Qinghai Lake, reflecting the lake like a magnificent mirror on the plateau. In winter, the distant snow-capped mountains are beautifully reflected on the lake's surface, creating a pure and serene view.

## DAY 3: CHAKA-CHAKA SALT- GOLMUD (B/L/D)

After breakfast, drive to **Chaka Salt Lake**, a unique and dreamlike destination listed by the National Tourism Magazine as one of the 55 places to visit in a lifetime (**include first entrance ticket, shuttle bus, shoe covers, and aerial photography**). Within the scenic area, you will witness the breathtaking sight of snow-capped mountains reflected on the lake, where the crystal-clear waters merge seamlessly with the vast sky, creating a stunning view where the salt lake and snowy landscapes shine together. The Chaka Salt Sculptures are uniquely shaped and vividly crafted, while the famous "Mirror of the Sky" scenery reflects clouds and sunlight across the water, creating a surreal and enchanting landscape that feels almost like a dream.

## DAY 4: GOLMUD- QARHAN SALT LAKE- DUNHUANG (B/L/D)

After breakfast, travel to **Qarhan Salt Lake (include first entrance ticket and shuttle bus)**. This magnificent natural treasure is the largest salt lake in China and the second largest in the world. The vast salt flats stretch endlessly, featuring fascinating salt formations and crystal patterns. Under sunlight, the lake water reflects dreamy shades of emerald green and Tiffany blue. A remarkable 32-kilometer "Salt Bridge" crosses the lake, perfectly blending breathtaking natural scenery with an extraordinary human engineering achievement.

## **DAY 5: DUNHUANG-MOGAO CAVE-DUNHUANG YINJU-MINGSHAN MOUNTAIN & CRESCENT SPRING-SHAZHOU NIGHT MARKET (B/L/-)**

After breakfast, visit the world-renowned treasure of Buddhist art – the **Mogao Caves (Category A ticket, including first entrance ticket, shuttle, digital movie, and 3D immersive film)**. Also known as the Thousand Buddha Caves, it is one of China's four great grotto complexes and the largest, best-preserved repository of Buddhist art in the world. Originally built during the Former Qin period of the Sixteen Kingdoms, it was continuously developed over the Northern Dynasties, Sui, Tang, Five Dynasties, Western Xia, and Yuan periods. The site comprises 735 caves, 45,000 m<sup>2</sup> of murals, and 2,415 clay sculptures, making it one of the richest and largest collections of Buddhist art in existence. Next, visit the **Dunhuang Printing Institute**, a modern cultural landmark integrating stamp art, exhibitions, creative workshops, cafés, and cultural activities. The underground stamp display features thousands of stamps, covering Flying Apsaras, iconic Mogao architecture, and unique Dunhuang landscapes. Guests can create stamp prints in albums, T-shirts, tote bags, and other items using techniques such as roller printing, multi-color stamping, block printing, and rubbings. Continue to **Mingsha Mountain & Crescent Spring (included entrance ticket)**, a pair of natural wonders in the desert where golden dunes meet a clear oasis. The tranquil spring lies amid the arid landscape, with sparse willow trees and lush reeds surrounding it. The clear waters shimmer like bright eyes in the golden sand, offering a magical glimpse of nature's resilience and beauty—a truly breathtaking desert spring experience. In the evening, explore **Shazhou Night Market** to taste local delicacies. Known for its vibrant folk culture and distinctive regional flavors, the night market is often referred to as Dunhuang's "nightscape painting" and a living cultural tableau.

## **DAY 6: DUNHUANG- JIAYUGUAN PASS-ZHANGYE (B/L/D)**

After breakfast, head to Jiayuguan to visit the "First and Greatest Pass under Heaven" – **Jiayuguan Pass (include entrance ticket)**. This pass marks the western starting point of the Great Wall during the Ming Dynasty, connecting to the Heishan Hanging Great Wall in the north and the First Beacon Tower under Heaven in the south. Historically, it was known as the "Throat of Hexi", serving as a key military stronghold.

## **DAY 7: ZHANGYE- ZHANGYE DANXIA- LANZHOU NEW AREA (B/L/D)**

After breakfast, visit the **Zhangye Danxia National Geopark (include entrance ticket + shuttle)**. The Danxia landscapes of Zhangye are a natural marvel: countless peaks and valleys cascade in vibrant hues, creating a spectacular tapestry of colors. Its grandeur, unique formations, and striking colors surpass typical Danxia scenery, forming a colorful fairy-tale world. Witness the awe-inspiring craftsmanship of nature. After the visit, proceed to Lanzhou New Area.

## **DAY 8: LANZHOU-SINGAPORE (B/MOB)**

After a light breakfast, transfer to Lanzhou Zhongchuan Airport and complete check-in procedures for your flight back to Singapore.

### **FLIGHT DETAILS:**

**SIN-HAK HU460 1630-2010**

**HAK-LHW HU460 2135-0055+1**

**LHW-HAK HU459 0705-1020**

**HAK-SIN HU459 1140-1510**

### Remarks.

Revisions, if any, in itinerary are subject to the Company's Terms and Conditions.

Itinerary may be subject to change due to circumstances beyond the Company's control.

Accommodation in designated cities is subject to room availability. Sequence of itinerary may be subject to change. Different tour groups may be merged.

Proposed changes, if any, that are not accepted will be subject to the refund provisions set out in the Terms and Conditions.

In the event of any discrepancy between the English and Chinese itineraries, the Chinese itinerary shall prevail.