

- ☑ 无购物系列 纯玩品质游
- ☑ 全程入住舒适 4+5 钻级酒店 | 行程不赶，轻松游玩
- ☑ 乘坐舒适 VIP 2+1 巴士
- ☑ 东方摩洛哥之称的东风韵景区
- ☑ 云南阿勒泰 - 大海草山风景区
- ☑ 天然的大空调 - 九乡溶洞
- ☑ 特别安排：水果采摘体验
- ☑ 大观楼 | 元阳梯田 | 哈尼族蘑菇房 | 东风韵景区 | 九乡溶洞风景区 | 大海草山风景区 | 会泽古镇 | 斗南花市 | 捞鱼河湿地公园 | 篆新农贸市场
- ☑ 特色风味：哈尼长街宴 | 弥勒簸箕宴 | 烤鸭风味 | 会泽风味 | 火锅烤肉自助餐 | 过桥米线 | 菌火锅

## 9 天 7 晚 夏天遇上 18° 的云南

(昆明 / 元阳梯田 / 弥勒东风韵 / 宜良九乡 / 会泽大海草山)

CN9KYS 行程从 2026 年 6 月起适用

第一天 吉隆坡 - 昆明 (机上用餐)

酒店：昆明澜颐酒店或同级 4 钻

集合于吉隆坡国际机场，办理登机手续后准备飞往昆明国际机场，入住酒店休息。

第二天 昆明 (4.5H) 元阳 (早/午/晚)

酒店：元阳云之梦酒店或同级 4 钻

早餐后，约 10:00am 出发游览大观楼公园，欣赏夏日荷花。午餐后，乘车前往元阳，走进滇东南夏季“绿野仙踪，避暑胜地”-元阳梯田。红河元阳哈尼梯田级数最多达 3700 级，是比山下的南沙县城低 10 多度的云上梯田。抵达后入住酒店。

特别安排：篝火晚会+长街宴，可以跳舞，当地阿姐一起互动，迎宾，哈尼古歌，敬酒歌、高山流水，可以换上民族服装，体验当地风情文化，坐在火塘边边喝火塘古树茶，边在火塘边品尝我们元阳小豆腐。



大观楼公园



元阳梯田

第三天 元阳 (早/午/晚餐)

酒店：元阳云之梦酒店或同级 4 钻

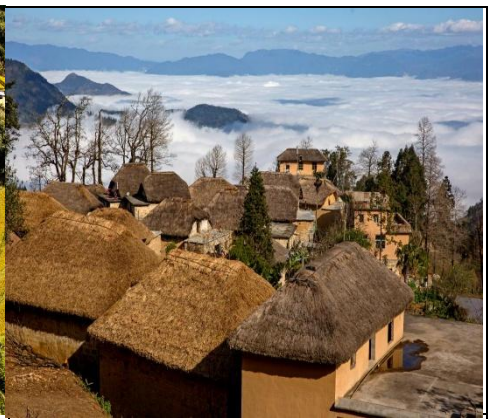
今天早晨约 6 点出发，前往元阳梯田多依树观景台，远观多依树梯田及日出 (具体观赏效果依照当地气候条件为准)。早餐后，走进生机勃勃，满山绿谷，充满活力的夏季元阳梯田。走进田间，周围被麦浪所包围。之后参观哈尼族蘑菇房村落：大鱼塘、阿者科。游览箐口梯田。之后前往日落最佳观景台——老虎嘴梯田观景台，观看日落美景 (具体观赏效果依照当地气候条件为准)。



多依树梯田



元阳梯田



哈尼族蘑菇房

**第四天 元阳-弥勒-宜良 (2H) (早/午/晚餐)**

**酒店：宜良智选假日酒店或同级 4 钻**

早餐后，乘车前往弥勒，游览被称为“东方摩洛哥”的**东风韵景区**（含电瓶车）。走进弥勒艺术家罗迅建造的艺术圣地，去赴一场红砖古堡异域邀约。打卡用红砖建筑搭起的独特“酒瓶样”建筑---**万花筒艺术馆**。每年夏天，在这里与数千亩的薰衣草花海相遇，仿佛走进“普罗旺斯”的紫色梦境。还有体验**水果采摘**（含入园费+免费品尝+赠送 200 克/人。之后乘车前往宜良，晚餐后，入住酒店休息。

注：6-8 月参考水果蓝莓/葡萄/桃子（最终水果采摘品种依照当年气候条件为准）。



东风韵景区

**第五天 宜良(2.5H)会泽（早/午/晚餐）**

**酒店：会泽德诚华美达或同级 4 钻**

早餐后，乘车前往游览**九乡溶洞风景区**（含单程索道+单程游船），这里洞内常年恒温 16-18°，是天然的大空调。每年 6-8 月，**雌雄双瀑**水量暴涨，30 米落差气势磅礴。乘船穿梭于“**滇中第一幽峡**”，凉风裹着水汽，两岸峭壁钟乳石如画。午餐后，乘车前往历史上被誉为“钱王之乡”——曲靖市会泽县。前往游览**会泽公园**，参观吉尼斯世界纪录世界最大最重金属古钱币“**嘉靖通宝**”雕塑，感受“穿过铜钱，招财进宝”的乐趣。晚餐后，入住酒店休息。



九乡溶洞



滇中第一幽峡



嘉靖通宝

## 第六天 会泽（早/午/晚餐）

酒店：会泽德诚华美达或同级 4 钻

早餐后，游览被称为“高原上的呼伦贝尔”和“云南阿勒泰”的**大海草山风景区**（含景区交通车），走进属于云南人的18°夏天。大海草山风景区素有云南的“新西兰”之美誉，《国家人文地理》杂志推荐为中国 108 个绝美地标之一。乘车进入景区，首先游览眺望**犀牛观景点**，核心景区小犀牛一览无遗，是草山观光和摄影最佳位置之一。之后乘车前往**磨盘山观景点**（海拔 3610m），磨盘山在当地彝族人心中能够磨掉一切灾难疾苦不幸，是带来好运的神山。继续乘车前往**滴水岩观景台**（海拔 3540m），可一睹绮丽奇幻的佛光。之后乘车到达**小犀牛风景区**（海拔 3300m），清透的犀牛河蜿蜒起伏，洁白的蒙古包袅袅炊烟，羊肥马壮的高原牧场，呈现一副人与自然和谐祥和的画面。午餐后，前往游览**会泽古镇**，参观川滇黔三省靖国联军总司令、云南第一大都督—**唐继尧故居**（周一闭馆）。步行前往著名的明清商帮—**会泽江西会馆**。会泽江西会馆建筑群及江西会馆最有特色的是门楼戏台，造型别致，设计精巧，有如仙鹤展翅，凌空飞翔，建筑精美。



大海草山风景区



会泽江西会馆

## 第七天 会泽(3.5H) 昆明（早/午/晚餐）

酒店：昆明中维天恒酒店或同级 5 钻

早餐后，乘车前往返回昆明。午餐后，参观亚洲最大的鲜切花交易市场-**斗南花市**，感受春城昆明“鲜花称斤卖”的别样浪漫。游览**捞鱼河湿地公园**：赏夏日绣球花（注：如花期调整，则可调整为赏夏日葵花海）。



斗南花市



捞鱼河湿地公园



## 第八天 昆明 - 吉隆坡（早/午/-）

早餐后，睡到自然醒，约定时间 12 点退房。午餐后，参观网红**篆新农贸市场**：琳琅满目的七彩蔬菜瓜果和品种多样的“蘑菇”，体验当地烟火气。游览**金马碧鸡坊**、**南屏步行街**，昆明百年老街—**钱王街**、**对月楼**，打卡昆明市中心最火的集市-**南强集市**。到了集合时间，送往机场。



篆新农贸市场



金马碧鸡坊



南强集市

## 第九天 抵达吉隆坡（机上用餐）

早上航班抵达吉隆坡，完美行程结束啦！我们下次再见！

\*\*\*自费项目：【云南映像】歌舞表演（RMB 300 成人/小孩）\*\*\*

备注：

行程若更改，需受公司的条款与细则所约束。顾客需注意以下事项：在公司无法控制的情况下行程可能更改。

指定城市的住宿需视客房供应情况而定。行程顺序可能更改。不同团体可能合并成一团。

若有更改不被接受，需遵守条款与细则中的退款规定。

# 9D7N – Discover Yunnan’s Cool 18°C Summer

(Kunming / Yuanyang Rice Terraces / Mile / Yiliang / Huize) NO SHOPPING STOP

## DAY 1: KUALA LUMPUR – KUNMING (MOB)

**Hotel: Lan Yi Hotel Kunming or similar**

Assemble at Kuala Lumpur International Airport for your flight to Kunming Changshui International Airport. Upon arrival, transfer to the hotel for check-in and rest.

## DAY 2: KUNMING – YUANYANG (B/L/D)

**Hotel: Yun Zhi Meng Hotel Yuanyang or similar**

After breakfast, depart at around 10:00 AM to visit **Daguan Pavilion Park**, where you can enjoy the beautiful summer lotus flowers. After lunch, travel by coach to Yuanyang, known as the “summer green fairyland and cool retreat of southeastern Yunnan” – the famous **Yuanyang Rice Terraces**. The Honghe Hani Rice Terraces have up to 3,700 levels, and the temperature here is often more than 10°C cooler than Nansha County town below the mountains. Upon arrival, check into the hotel.

**Special Arrangement:**

Enjoy a **Bonfire Party and Long Table Banquet**, where you can dance and interact with the local Hani people. Activities include: Traditional welcoming ceremony + Hani ancient songs + Toasting songs “High Mountain Flowing Water” drinking ritual

Guests can also change into **ethnic costumes** and experience the local culture. Sit by the **traditional fire pit**, enjoy **ancient tree tea**, and taste the famous **Yuanyang small tofu**.

## DAY 3: YUANYANG (B/L/D)

**Hotel: Yun Zhi Meng Hotel Yuanyang or similar**

Early morning at about 6:00 AM, depart to **Duoyishu Viewing Platform** to watch the sunrise over the **Yuanyang Rice Terraces (subject to weather conditions)**. After breakfast, explore the lush green summer terraces, surrounded by vibrant fields and scenic mountain landscapes. Visit traditional **Hani mushroom houses villages: Dayutang Village, Azheke Village**. Then visit **Qingkou Rice Terraces**. Later proceed to the best sunset viewing spot — **Laohuzui (Tiger Mouth) Terrace Viewing Platform** to enjoy the magnificent sunset scenery **(subject to weather conditions)**.

## DAY 4: YUANYANG – MILE – YILIANG (B/L/D)

**Hotel: Holiday Inn Express Yiliang or similar**

After breakfast, travel to Mile and visit the famous **Dongfengyun Scenic Area** (including buggy ride). This artistic complex built by artist Luo Xu is often called the “Morocco of the East”, featuring unique red-brick architecture. Highlights include the iconic **Kaleidoscope Art Museum**, a distinctive wine bottle-shaped building made entirely of red bricks. Every summer, thousands of acres of lavender fields bloom nearby, creating a romantic “Provence-like purple landscape.”

**Special experience: Fruit Picking Activity** (includes entrance fee, free tasting, and 200g fruit gift per person). Afterwards proceed to Yiliang. Dinner and overnight stay.

**Notes: Seasonal fruits (June–August reference): Blueberries / Grapes / Peaches (Fruit types depend on seasonal conditions.)**

## DAY 5: YILIANG - HUIZE (B/L/D)

**Hotel: Ramada Huize Decheng or similar**

After breakfast, visit **Jiuxiang Karst Cave Scenic Area** (including one-way cable car + one-way boat ride). The cave maintains a constant temperature of 16–18°C year-round, making it a natural air conditioner. During June–August, the **Male and Female Twin Waterfalls** reach their peak flow, dropping 30 meters with spectacular power. Take a boat ride through the “**First Hidden Gorge of Central Yunnan**”, where cool misty air flows through steep cliffs decorated with stunning stalactites. After lunch, proceed to Huize County, historically known as the “Hometown of the Coin King.” Visit **Huize Park** to see the Guinness World Record sculpture of the largest and heaviest ancient metal coin – “**Jiajing Tongbao**.” Experience the fun tradition of “walking through the coin for wealth and good fortune.” Dinner and overnight stay at the hotel.

## DAY 6: HUIZE (B/L/D)

**Hotel: Ramada Huize Decheng or similar**

After breakfast, visit **Dahai Grass Mountain Scenic Area** (including shuttle). This place is known as “The Hulunbuir Grassland of the Plateau” and “The Altay of Yunnan”. Enjoy the refreshing 18°C summer climate. Highlights include: **Rhinoceros Viewing Point** – best location for photography, **Mopan Mountain Viewing**

**Platform** (3610m altitude) – sacred mountain believed by locals to remove misfortune and bring good luck, **Dishuiyan Viewing Platform** (3540m altitude) – possible sighting of the mystical Buddha's Light phenomenon and **Little Rhinoceros Scenic Area** (3300m altitude) – with winding rivers, grasslands, yurts, and grazing livestock forming a peaceful pastoral landscape. After lunch, visit **Huize Ancient Town**, including Former residence of **Tang Jiyao**, the first Governor of Yunnan and commander of the Sichuan–Yunnan–Guizhou Allied Army (closed on Mondays), **Huize Jiangxi Guild Hall**, a historic merchant guild from the Ming and Qing dynasties.

#### **DAY 7: HUIZE - KUNMING (B/L/D)**

**Hotel: Zhongwei Tianheng Hotel Kunming or similar**

After breakfast, return to Kunming by coach. After lunch, visit **Dounan Flower Market**, the largest fresh-cut flower trading market in Asia, where flowers are famously sold by weight. Continue to **Laoyu River Wetland Park**, where you can enjoy summer **hydrangea flowers**.

**Note: If blooming season changes, the itinerary may be adjusted to sunflower fields instead.**

#### **DAY 8: KUNMING (B/L/-)**

After breakfast, enjoy free time and sleep in until check-out around 12:00 PM. After lunch, visit the popular **Zhuanxin Farmers' Market**, famous for its colorful vegetables, fruits, and a wide variety of mushrooms. Continue to explore Kunming city highlights: **Jinma Biji Archway**, **Nanping Pedestrian Street**, **Qianwang Street** (Kunming Old Street), **Duiyue Tower**, **Nanqiang Night Market**, one of the most popular markets in Kunming city center. Afterwards transfer to the airport for your flight back to Kuala Lumpur, marking the end of a wonderful journey.

#### **DAY 9: ARRIVAL IN KUALA LUMPUR (MOB)**

Arrive in KL with sweet memories of your tour!

**\*\*\*\*\*Optional Tour: “Dynamic Yunnan (云南映像)” Cultural Song & Dance Show (RMB 300/pax)\*\*\*\*\***

**Remarks:**

Itinerary is subject to change based on local conditions and company terms.

All photo show in itinerary is only for reference.

Accommodation is subject to availability.

Tour groups may be merged.

In case of itinerary change refusal, refund terms & conditions apply.