

「我爱旅游」联合「8TV八度空间 WOWSHOP」独家呈献

奇峰张家界+壮美长江峡

SPECTACULAR ZHANGJIAJIE WITH YANGTZE GORGES



7D
5N

张家界+宜昌
ZHANGJIAJIE
+ YICHANG

湖南张家界/荆州/凤凰古城+两坝一峡船游

ZHANGJIAJIE • FENGHUANG+TWO DAMS ONE GORGE CRUISE

天门洞+索道



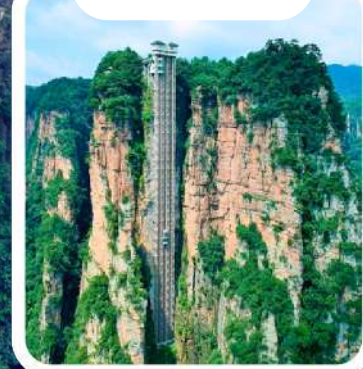
天子山+索道



游船两坝一峡



乘坐百龙电梯



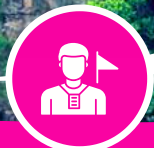
包含往返机票
RETURN AIR TICKET



精选酒店住宿
ACCOMMODATION



特色膳食餐饮
SPECIALTY CUISINE



专业导游服务
GUIDE SERVICES



豪华舒适旅巴
LUXURY COACH



无购物纯玩游
NO SHOPPING STOP



全程舒适入住

4+5钻 星级舒适酒店，
旅途中的每一夜都安心舒怡

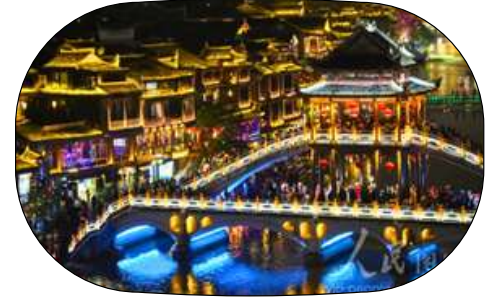
4+5 stars Comfortable Stays
Relax in carefully selected 4+5 star hotels
throughout your journey.



专业中文导游

全程专业中文导游讲解，
轻松深入了解当地文化

Mandarin-Speaking Guide
Enjoy seamless cultural insights with a
professional guide.



凤凰古城夜景

中国最美小城之一，青石板路、吊脚楼
依江而建，凤凰古城夜景更是一绝

One of China's most beautiful small towns,
featuring stone-paved streets, traditional
stilted houses built along the river, and
stunning night views



鬼谷栈道+玻璃栈道

沿着悬崖峭壁而建的栈道漫步，
脚下是万丈深渊，眼前尽览壮丽山景与云
海奇观，惊险与美景并存。

Guigu Plank Road Walk along a cliffside pathway
with breathtaking mountain views and a sea of
clouds, offering a thrilling experience amidst
spectacular natural scenery.



迷魂台·阿凡达取景地

袁家界景区的天然观景台，欣赏壮丽峰
林与云海奇观，感受《阿凡达》
悬浮山的梦幻景色。

Enchanting Terrace · Avatar Inspiration Site
Marvel at stunning sandstone peaks and
floating clouds, the inspiration behind
Avatar's iconic floating mountains.



七十二奇楼

吉尼斯认证世界最高吊脚楼，璀璨夜景与
震撼灯光秀，是张家界必打卡地标。

72 Wonder Tower
The world's tallest stilted building, famous
for its dazzling night lights and spectacular
architecture



两坝一峡船游

两坝一峡是长江宜昌段峡坝至葛洲坝之间
37公里的西陵峡东段峡谷区域。约3.5小时
欣赏壮丽山河风光和繁华都市风貌

Two Dams & One Gorge Cruise.
Sail through majestic gorges (Approximately
3.5 hours) and take in the stunning scenery of
the Yangtze River.



游船经西陵峡至葛洲坝

赏两岸秀美山水自然风光，游轮通过闸室
和输水系统调整闸室内水位，
体验水涨船高的过闸之旅

Xiling Gorge to Gezhouba Cruise
Enjoy breathtaking Yangtze River scenery
and witness the remarkable "ship rising with
the water" lock passage experience.



大队老渔村 地道湘西农家味

湘西土菜研究院，提供新鲜美味的菜肴。
所有食材均选自当地山间自然环境，
致力于保持食材的原汁原味和新鲜度。

Da Dui Old Fisherman's Village
Authentic Xiangxi Cuisine
Enjoy authentic local flavours made from
fresh, locally sourced ingredients.



01

吉隆坡 - 长沙 KUALA LUMPUR - CHANGSHA

机上用餐 MEAL ON BOARD

集合于吉隆坡国际机场，办理登机手续后准备飞往长沙机场，接机后入住酒店休息。

Meet at Kuala Lumpur International Airport, after check in, fly to Changsha Airport, pick up and check into the hotel to rest.

02

长沙 - 荆州 - 宜昌 CHANGSHA - JINGZHOU - YICHANG

早餐 BREAKFAST · 午餐 LUNCH · 晚餐 DINNER

荆州古城（不登楼）中国保存较为完整的明清古城之一。古城墙雄伟壮观，全长约10公里是重要的历史文化遗产。荆州也是三国文化的重要发源地之一，与关羽等历史人物密切相关，具有深厚的历史底蕴和文化价值。驱车前往宜昌。

Depart for Jingzhou. Jingzhou Ancient City (without climbing the tower) - One of the best-preserved Ming and Qing dynasties walled cities in China, with history dating back to the Three Kingdoms period. The city walls are magnificent, stretching about 10 kilometers, and are an important historical and cultural heritage site. Jingzhou is also a key birthplace of Three Kingdoms culture, closely associated with historical figures such as Guan Yu, and is rich in history and cultural value. Continue driving to Yichang and check in at the hotel.

03

宜昌 - 张家界 YICHANG - ZHANGJIAJIE

早餐 BREAKFAST · 午餐 LUNCH

世界级的风景名胜 **船游两坝一峡**。是长江三峡旅游的经典线路，乘**观光游船**途径**西陵峡**至**葛洲坝**观赏**葛洲坝船闸**，耗时约3.5小时抵达市区港口。是集工程奇观与峡江美景于一体的精品游览项目。后驱车前往张家界。

游览**72奇楼网红打卡地**（含门票）以苗族“干栏式建筑”为灵感打造，共有72栋风格奇特的吊脚楼，形成气势磅礴的民族风建筑群。夜间灯光秀与光影特效交织，充满打卡氛围，是拍照、短视频创作的天堂。

Proceed to the Two Dams and One Gorge cruise, a classic route of the Yangtze Three Gorges tour. The cruise passes Three Gorges Dam, Gezhouba Dam, and the scenic Xiling Gorge section. You can closely admire the magnificent hydro-engineering projects, experience the unique lock passage, and enjoy the beautiful riverbanks and natural scenery of the Three Gorges. This tour perfectly combines engineering marvels with the breathtaking gorge landscapes. Continue driving to Zhangjiajie. Internet-famous Photo Spot - 72 Stilted Houses (include Entrance Tkt) Inspired by traditional Miao architecture, this impressive site features 72 uniquely designed stilted buildings. With dramatic lighting effects at night, it becomes a dream location for photography, videos, and viral social media content.

04

张家界 ZHANGJIAJIE

早餐 BREAKFAST · 午餐 LUNCH · 晚餐 DINNER

前往**张家界森林公园 - 袁家界森林公园**（含单程百龙电梯）乘世界第一高户外电梯**百龙天梯**垂直上升至袁家界，高达326米，仅需约1分半即可登顶，省时省力又惊险刺激。**迷魂台·阿凡达**极目远眺便是“阿凡达悬浮山”原型**乾坤柱**（又称哈利路亚山）奇峰孤立，腾云驾雾，令人迷魂醉魄。**贺龙公园**站在观景台可360度俯瞰壮丽山景，是游客合影留念的热门打卡点。**御笔峰**世界罕见的砂岩峰林地貌典型代表。**天子山西海石林**又称“云海石林”，地势开阔、群峰如林，遇云雾天气时宛如海浪翻滚，峰林若隐若现宛如梦幻仙境，是张家界“峰林奇观”的经典代表，被摄影师誉为“天然取景棚”。**天子山景区**（含单程缆车）以“原始、野性、雄奇”著称，是张家界地貌的精华所在。**金鞭溪**溪水清澈、峰林夹岸，武陵源最经典的峡谷徒步路线**水绕四门**为四溪交汇之地，山水环绕、景色开阔。**十里画廊**（含小火车往返）两侧峰林如画，奇峰怪石造型丰富，如“采药老人”**三姐妹峰**等景观沿途分布，景色秀美，被誉为天然山水长卷。

After breakfast, proceed to Zhangjiajie National Forest Park. Visit Yuanjiajie (included one-way Bailong Elevator). Take the world's tallest outdoor elevator, ascending vertically 326 meters in 90 seconds to reach Yuanjiajie. At the Enchanting Terrace, enjoy a panoramic view of the famous "floating mountains" that inspired the movie Avatar. Visit Helong Park, where the viewing platform offers a 360-degree panoramic view of the magnificent mountain scenery. See Yubi Peak, a rare and classic example of sandstone peak forest landforms in the world. Explore West Sea Stone Forest, also known as the "Sea of Clouds Stone Forest". Continue to Tianzi Mountain Scenic Area (included one-way cable car), renowned for its "primitive, wild, and majestic" beauty and considered the essence of Zhangjiajie's unique landforms. Walk along Golden Whip Stream and Shuiraosimen, where four streams converge amid picturesque mountain surroundings. Explore Ten-mile Gallery (included round-trip mini train ride). The peaks on both sides form natural paintings, with uniquely shaped rock formations.

05

张家界 - 凤凰 ZHANGJIAJIE - FENGHUANG

早餐 BREAKFAST · 午餐 LUNCH · 晚餐 DINNER

土家风情园 张家界重要的人文景区之一，以土家族民俗文化为核心，了解湘西土家人文历史建筑风格的地方。接着前往**天门山**（环保车+快线索道+手扶梯）世界最长索道之一，天门洞的自然奇观及高空惊险体验。**鬼谷栈道** 传说中鬼谷子隐居于此而得名，沿着栈道行走，脚下是万丈深渊，眼前是云海苍茫，惊险与壮美并存，是挑战胆量与欣赏风光的绝佳结合。**玻璃栈道**（含鞋套）全透明玻璃打造，凌空架于陡峭山壁之间，行走其上如踏空而行**天门洞**世界海拔最高的天然穿山溶洞，洞高131.5米、宽57米，形似一道天门，直通云霄气势磅礴。吸引着全球游客朝圣，亦象征着“通天之门”的神秘与庄严。后驱车前往**凤凰古城**搭乘接驳车前往有“中国最美小城”之称的凤凰古城，一座融合苗族、土家族风情与明清古建筑的历史文化名城。**凤凰古城夜景**夜幕降临后，古城灯光点点，倒映在沱江之中，灯火与吊脚楼交相辉映，如梦似幻。可以在江边或酒吧街感受浪漫迷人的夜凤凰.....

Visit Tujia Folk Customs Park, one of Zhangjiajie's key cultural attractions. Next, proceed to Tianmen Mountain National Forest Park (included eco-bus, express cableway, and escalator). Its breathtaking natural wonders and thrilling high-altitude experiences. Walk along the Guigu Plank Road and Tianmen Mountain Glass Skywalk (included shoe covers), a fully transparent glass walkway suspended along steep mountain cliffs, offering the thrilling sensation of walking in mid-air. Marvel at Tianmen Cave, the world's highest-altitude natural mountain cave. Standing 131.5 meters high and 57 meters wide, it resembles a heavenly gate piercing the sky, creating a majestic and awe-inspiring sight. Continue to Fenghuang Ancient Town. Take a shuttle bus into the ancient town, often praised as one of "China's Most Beautiful Small Towns." Enjoy the enchanting night view of Fenghuang.

06

凤凰 - 长沙 FENGHUANG - CHANGSHA

早餐 BREAKFAST · 午餐 LUNCH

驱车返回长沙。游览长沙最繁华的商业街之一**黄兴路步行街**和**国金中心**长沙最现代、最网红的地标商场，地处五一广场正中心。**坡子街**长沙最有名的小吃街之一，主打正宗湖南小吃..... 晚上送往机场。

After breakfast, back to Changsha. Huangxing Road Pedestrian Street - one of the most bustling commercial streets, and Changsha IFS - the city's most modern and trendy landmark shopping mall, located at the center of Wuyi Square. Pozi Street, a must-visit food street in Changsha famous for authentic Hunan snacks such as stinky tofu, spicy fish head, and so on. Transfer to Changsha Huanghua International Airport for your flight back to Kuala Lumpur.

07

抵达吉隆坡 ARRIVED KUALA LUMPUR

机上用餐 MEAL ON BOARD

返回温馨家园 吉隆坡

Arrive home sweet home, see you again



天 DAY	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER	住宿 ACCOMODATION
01	机上用餐 Meal On Board	机上用餐 Meal On Board		4钻 黄金华美达酒店或同级 Changsha Golden Ramada Hotel or similar
02	酒店早餐 Hotel Breakfast	荆州风味 Jingzhou Cuisine	当地风味 Local Cuisine	4钻 君鼎智尚酒店或同级 Junding Zhishang Hotel or similar
03	酒店早餐 Hotel Breakfast	宜昌风味 Yichang Cuisine	- 自理 - Own arrangement	4+钻 仟酒店或同级 Tian Men Shan Qian Hotel or similar
04	酒店早餐 Hotel Breakfast	山顶风味 Local Cuisine	大队渔村 Da Dui Old Fisherman's Village	4+钻 仟酒店或同级 Tian Men Shan Qian Hotel or similar
05	酒店早餐 Hotel Breakfast	野菌风味 Wild Mushroom Cuisine	中式合菜 Local Chinese Cuisine	5钻 凤凰古城凤栖文豪酒店或同级 FengXi WenHao International Hotel or similar
06	酒店早餐 Hotel Breakfast	中式合菜 Local Chinese Cuisine	- 自理 - Own arrangement	-
07	酒店早餐 Hotel Breakfast	机上用餐 Meal On Board		-

推荐自费项目 OPTIONAL ACTIVITIES	天门狐仙秀：人民币 400/人 "TIANMEN FOX FAIRY" OUTDOOR MUSICAL SHOW: RMB 400 PER PERSON
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- Each member participating in our tours is responsible for their own safety and conduct.
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