

- ☑ 无购物系列 纯玩品质游 | 无需参加任何自费项目，一价全含
- ☑ 行程不赶，轻松游玩
- ☑ 全程入住舒适 4+5 钻级酒店 (2025-2026 年开业或翻新于不下 2021 年)
- ☑ 体验高铁从昆明到丽江，节省高铁 6 小时车程
- ☑ 解放双手，无需担心行李排放
- ☑ 乘坐舒适 VIP 2+1 巴士
- ☑ 游览中国版圣多里尼-理想邦 - 安排精美下午茶
- ☑ 5A 级旅游景区：纳西族人的神山-玉龙雪山 (含大索道)
- ☑ 玉龙雪山大索道+免费赠送由张艺谋导游指导的【印象丽江】
- ☑ 泸沽湖被誉为“东方女儿国”是母系社会摩梭族的居地
- ☑ 安排“去有风的地方”- 凤阳邑村
- ☑ 里务比岛 | 泸沽湖 | 黑龙潭公园 | 丽江古城 | 白沙古镇 | 凤阳邑村 | 昆明麻园米轨公园 | 大观楼
- ☑ 特色风味: 摩梭走婚宴 | 野生菌火锅 | 过桥米线 | 雪厨小火锅 | 韩式烤肉 | 粤式合菜

9 天 7 晚 云南/大理/丽江/玉龙雪山+泸沽湖 (昆明/丽江/泸沽湖/大理)

CN9KLD 行程从 2026 年 3 月起适用

第一天 吉隆坡 - 昆明 (机上用餐)

酒店：昆明火车站智选假日或同级 4 钻

集合于吉隆坡国际机场，办理登机手续后准备飞往昆明国际机场，入住酒店休息。

第二天 昆明 (3.5H) 丽江 (早/午/-)

酒店：丽江滇菌王酒店或同级 5 钻

早餐后，乘搭高铁前往丽江 (参考车次：昆明—丽江 C86 1016-1343，午餐会有点晚，您可以在便利店买些小零食垫垫肚子)。到了，丽江先去享用云南的特色“过桥米线”后，前往黑龙潭公园欣赏自然风光与了解纳西文化的绝佳去处。傍晚，去丽江古城、四方街是一座拥有 800 多年历史的高原古镇。据传，明代木氏土司按其印玺形状设计此街，象征“权镇四方”。这里曾是茶马古道的重要集散地。您还可以自行品尝当地美食。



黑龙潭公园



丽江古城、四方街

第三天 丽江 (3.5H) 泸沽湖 (早/午/晚餐)

酒店：泸沽湖清尘尊品酒店或同级 4 钻

早餐后，乘车前往坐落于玉龙雪山脚下，纳西族的古都白沙古镇，曾经是丽江政治、经济、商贸和文化的中心。下午乘车前往泸沽湖，途径丽宁十八弯观景台是连接泸沽湖景区的盘山公路路段。接着抵达泸沽湖风景名胜，到视野开阔的泸沽湖观景台，拍摄泸沽湖全景的绝佳地。然后再去参观草海走婚桥是摩梭男女通过歌舞聚会定情，男子夜半经此桥赴女方“花楼”相会的桥梁。和站在里格观景台上，可俯瞰整个里格半岛，湖水碧蓝，青山环绕，有时湖面还雾气缭绕，构成一幅宛如仙境美如诗画的美景，真让人陶醉。晚餐安排观赏摩梭走婚

宴，和参加篝火晚会。



白沙古镇



草海走婚桥



里格观景台

第四天 泸沽湖 (3.5H) 丽江 (早/午/晚餐)

酒店：丽江滇菌王酒店或同级 5 钻

早上可自愿起床步行 1 分钟到湖边看日出。早餐后，体验乘坐猪槽船登上里务比岛位于泸沽湖的中南侧，是泸沽湖中知名的小岛。岛上树木葱郁，有很多杜鹃花和野樱桃树，还有一座藏传佛教寺院里务比寺，是观景、拜佛的热门去处。午餐后，乘车返回丽江。



猪槽船



里务比寺

第五天 丽江 (早/午/晚餐)

酒店：丽江滇菌王酒店或同级 5 钻

早餐后，乘坐大索道，前往玉龙雪山是中国最南端的雪山，也是国家 5A 级旅游景区。峰扇子陡海拔 5596 米，常年积雪，十三座雪峰连绵起伏，宛如一条腾飞的巨龙，因而得名“玉龙”。观看印象丽江是由著名导演张艺谋、王潮歌和樊跃共同打造的大型原生态实景演出。该演出以玉龙雪山为背景。游览蓝月谷（含电瓶车）。最后往玉水寨完全按纳西族的传统生活方式建成，从院落布局到建筑设施，到使用的工具，到生活的细节，都能感受到传统的民族文化氛围

备注：如遇大索道停运或检修将更换为云杉坪索道



玉龙雪山



蓝月谷



玉水寨

第六天 丽江 (2.5H) 大理 (早/午/晚餐)

酒店：大理城际或精选戴斯温德姆酒店或同级 4 钻

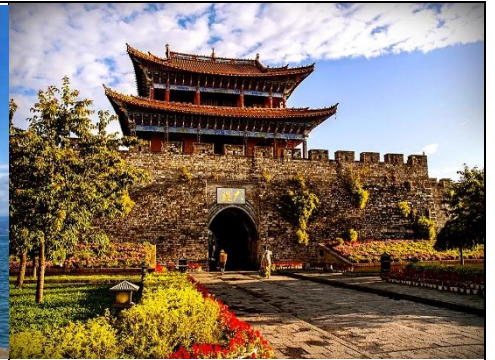
早餐后，前往大理的**洱海生态廊道**(含吉普车+花海拍照, 一人赠送 3 张电子照片)。随后，前往**大理古城**、**洋人街**融合中西文化的繁华商业街。街道两旁分布着各式咖啡馆、中西风味餐厅、珠宝店、古董店、扎染店、画廊等。



洱海生态廊道



大理古城



第七天 大理 (4.5H) 昆明 (早/午/晚餐)

酒店：昆明云锦诺富特酒店或同级 4 钻

早餐后，前往打卡有风的地方**凤阳邑村**，它是著名的白族传统村落及“中国传统村落”，电视剧《去有风的地方》取景地而闻名。午餐后，游览理想邦中国的**圣托里尼**（含单程电瓶车+精美下午茶+网红打卡点）以希腊圣托里尼岛为灵感打造的风格，具有浓厚的地中海风情——比如蓝白配色的建筑、拱门、穹顶、无敌海景。傍晚，返回昆明享用晚餐后，入住酒店休息。



凤阳邑村



圣托里尼



第八天 昆明 - 吉隆坡 (早/午/晚餐)

早餐后，游览一座著名历史文化建筑**大观楼**，坐落在风景如画的滇池湖畔的大观公园内，因登楼可望滇池全景，故名“大观”。随后，前往**南屏步行街**是昆明历史悠久的商业街区之一，其历史可追溯至九百多年前的大理国时期。**金马碧鸡坊**见证了昆明近代史上的多次重大事件，如护国起义军从坊下出征讨袁，滇军出征台儿庄、赴越南受降等，具有重要的历史纪念意义。傍晚，前往**昆明麻园米轨公园**这里保留了百年米轨铁轨，结合街头特色涂鸦、文创咖啡馆和老昆明生活烟火气，是体验复古 Citywalk、拍摄怀旧风格照片的休闲好去处。晚餐后，送往机场搭乘航班返回吉隆坡。

备注 1：大观楼（4 月底-5 月初，可在大观楼庾园观看月季花；6 月下旬-8 月可观看荷花）

备注 2：

(1) 海埂大坝观海鸥：（10 月中旬至次年 3 月期间到来，其中 11 月至次年 2 月为最佳观赏期）海鸥来期间会安排海埂大坝看海鸥；

(2) 昆明蓝花楹：花期 4 月下旬至 5 月上旬开花，花开期间会增加安排教场中路蓝花楹大道看蓝花楹；

(3) 4 月 20-6 月 20 期间，团队可增加安排景点——【捞鱼河湿地公园】看绣球花



大观楼



金马碧鸡坊



昆明麻园米轨公园

第九天 抵达吉隆坡（机上用餐）

早上航班抵达吉隆坡，完美行程结束啦！我们下次再见！

备注：

行程若更改，需受公司的条款与细则所约束。顾客需注意以下事项：在公司无法控制的情况下行程可能更改。

指定城市的住宿需视客房供应情况而定。行程顺序可能更改。不同团体可能合并成一团。

若有更改不被接受，需遵守条款与细则中的退款规定。

9D7N YUNNAN KUNMING DALI LIJIANG + LUGU LAKE (KUNMING / DALI / LIJIANG / LUGU LAKE) NO SHOPPING STOP

DAY 1: KUALA LUMPUR – KUNMING (MOB)

Hotel: Holiday Inn Express Kunming Railway station by IHG

Assemble at Kuala Lumpur International Airport for your flight to Kunming Changshui International Airport. Upon arrival, transfer to the hotel for check-in and rest.

DAY 2: KUNMING – LIJIANG (B/L/-)

Hotel: JP Hyllis Hotel or similar

After breakfast, take the **high-speed train** to Lijiang (reference train: Kunming–Lijiang C86 10:16–13:43). Lunch will be slightly late, so you may buy some snacks from a convenience store. Upon arrival in Lijiang, enjoy Yunnan's famous "Crossing-the-Bridge Rice Noodles." Then visit **Black Dragon Pool Park**, a perfect place to appreciate natural scenery and learn about Naxi culture. In the evening, visit **Lijiang Old Town** and **Sifang Street**, an ancient highland town with over 800 years of history. It was once an important distribution center along the Tea Horse Road. You may also explore local food on your own.

DAY 3: LIJIANG – LUGU LAKE (B/L/D)

Hotel: Lugu Lake Qingchen Prestige Hotel

After breakfast, travel to **Baisha Ancient Town**, once the political, economic, and cultural center of the Naxi people. In the afternoon, continue to **Lugu Lake**. Stop at **Lining Eighteen Bends Viewpoint**, a famous scenic winding road. Visit the Lugu Lake Viewing Platform for breathtaking panoramic views. Then proceed to **Caohai Walking Marriage Bridge**, a symbolic place where Mosuo men and women traditionally met. Continue to **Lige Peninsula Viewpoint** for a stunning view of the peninsula surrounded by blue waters and mountains. In the evening, enjoy a **Mosuo Wedding Banquet** and participate in a **bonfire party**.

DAY 4: LUGU LAKE - LIJIANG (B/L/D)

Hotel: JP Hyllis Hotel or similar

Early risers may walk to the lakeside (1 minute from the hotel) to watch the sunrise. After breakfast, take a **traditional pig-trough boat** to **Liuwubi Island**, located in the south-central part of the lake. The island is covered with lush trees, rhododendrons, wild cherry trees, and the Tibetan Buddhist **Liuwubi Temple**, making it a popular spot for sightseeing and worship. After lunch, return to Lijiang by coach.

DAY 5: LIJIANG (B/L/D)

Hotel: JP Hyllis Hotel or similar

After breakfast, visit **Jade Dragon Snow Mountain** and ride the Grand Cable Car to experience China's southernmost snow-capped mountain, a national 5A-rated scenic area. Enjoy the spectacular "**Impression Lijiang**" live outdoor performance, created by renowned directors Zhang Yimou, Wang Chaoge, and Fan Yue. This grand, original show is set against the breathtaking backdrop of Jade Dragon Snow Mountain and showcases the traditional culture and spirit of the local people. Then visit the stunning **Blue Moon Valley** (includes shuttle), famous for its turquoise glacial water and dramatic alpine scenery. Finally, explore **Yushui Village** a traditional Naxi ethnic village built entirely according to the authentic Naxi way of life.

Note: In the event that the Grand Cable Car is suspended or under maintenance, it will be replaced with the Spruce Meadow Cable Car.

DAY 6: LIJIANG – DALI (B/L/D)

Hotel: Dali Intercity Hotel or Days Inn By WYNDHAM or similar

After breakfast, head to the **Erhai Ecological Corridor** (including jeep ride and flower field photography; each person receives 3 digital photos). Later, explore **Dali Ancient Town** and Foreigner Street, a lively commercial area blending Eastern and Western cultures, lined with cafés, restaurants, jewelry shops, antique stores, tie-dye shops, and art galleries.

DAY 7: DALI – KUNMING (B/L/D)

Hotel: Novotel Kunming or similar

After breakfast, visit **Fengyangyi Village**, famous as a filming location for the TV drama Meet Yourself. After Lunch, head to Ideal State – "**Santorini of China**" (including one-way buggy cart, afternoon tea, Erhai Lake scenery, and popular photo spots). Inspired by the Greek island Santorini, it features Mediterranean-style blue-and-white architecture, arches, domes, and panoramic sea views. In the evening, return to Kunming for dinner and check in to the hotel.

DAY 8: KUNMING (B/L/D)

After breakfast, visit **Daguan Pavilion**, a famous historic building located in Daguan Park by Dianchi Lake. It is named for its panoramic view of Dianchi Lake. Then visit **Nanping Pedestrian Street**, one of Kunming's oldest commercial streets, dating back over 900 years to the Dali Kingdom period. Stop by **Jinma Biji Archway**, which has witnessed significant historical events in modern Kunming history. In the evening, head to **Mayuan Meter Gauge Park**, where century-old meter-gauge railway tracks are preserved. Combined with street-style graffiti, creative cafés, and the nostalgic atmosphere of old Kunming, it is a perfect place for a retro city walk and vintage-style photography. After dinner, transfer to the airport for your flight back to Kuala Lumpur.

Remarks:

1. **Daguan Pavilion:**

- Late April to early May: Enjoy blooming roses at Yuyuan Garden within Daguan Pavilion.
- Late June to August: Lotus flowers are in bloom.

2. **Seasonal Arrangements:**

(1) **Haigeng Dam** – Seagull Watching:

From mid-October to March (best viewing period: November to February), visits to Haigeng Dam will be arranged to watch the migratory seagulls.

(2) **Kunming Jacaranda Blossoms:**

Blooming period is from late April to early May. During the flowering season, an additional visit will be arranged to Jiaochang Middle Road to admire the jacaranda blossoms.

(3) From April 20 to June 20, groups may also include an additional visit to **Laoyuhe Wetland Park** to see hydrangeas.

DAY 9: ARRIVAL IN KUALA LUMPUR (MOB)

Arrive in KL with sweet memories of your tour!

Remarks:

Itinerary is subject to change based on local conditions and company terms.

All photo show in itinerary is only for reference.

Accommodation is subject to availability.

Tour groups may be merged.

In case of itinerary change refusal, refund terms & conditions apply.