

# 8天7晚 山西&内蒙冰洞, 火山, 草原之旅

## 8D7N SHANXI & INNER MONGOLIA ICE CAVE, VOLCANO AND GRASSLAND ADVENTURE

CNSXNM I 15 Apr 2026 - 15 Oct 2026

Ordos Grassland

## 行程亮点 Highlights

- 永宁 – 永宁古城，玉皇阁，奥伦达部落
- 呼和浩特 – 和硕公主府，将军衙署，塞上老街，美岱召
- 达拉特旗 – 响沙湾，悦沙岛，鄂尔多斯草原
- 鄂尔多斯 – 成吉思汗陵
- 乌兰察布 – 火山群
- 宁武 – 万年冰洞，悬空村、石门悬棺，支锅奇石
- 浑源 – 应县木塔，悬空寺

- **YONGNING** - Yongning Ancient Town, Yuhuang Pavilion, Orenda Tribe
- **HOHHOT** - Heshuo Princess House, General's Office, Saishang Old Street, Meidaizhao Monastery
- **DALAT COUNTY** - Xiang Sha Bay, Xiansha Island, Ordos Grassland
- **ORDOS** - Genghis Khan Mausoleum
- **ULANQAB** - Volcano Cluster
- **NINGWU** - Ten-Thousand-Year Ice Cave, Hanging Village, Shimen Hanging Coffins, Zhiguo Rock Formations
- **HUNYUAN** - Yingxian Wooden Pagoda, Hanging Temple



## 特别餐 Special Meals

- 农家风味
  - 河北风味
  - 烧麦风味
  - 哈素海鱼宴
  - 达旗驼宴
  - 诈马宴\*
  - 草原手把肉
  - 金鼎涮肉
  - 莜面风味
  - 永宁风味
- 
- Farmhouse Cuisine
  - Hebei Style
  - Shaomai Style
  - Hasuhai Fish feast
  - Daqi camel feast
  - Cheating horse feast\*
  - Grassland hand-grilled meat
  - Golden tripod boiled meat
  - Youmian Flavor
  - Yongning Flavor

## 餐食 Meals 🍴

- 7 顿早餐, 7 顿午餐, 7 顿晚餐
- 7 Breakfasts | 7 Lunches | 7 Dinners

## 住宿 Accommodation 🏠

- 全程 5\* 酒店 +01 晚蒙古包, 免费提升 2N 国际 5\* 酒店
- Local 5\* Hotel or similar, 01 night in a Mongolian Yurt, Free upgrade to 2N International 5\* Hotel



Camel Riding



永宁古城

## 01 新加坡 ✈️ 北京 — 永宁古城 (1.5H)

机上用餐, 午餐, 晚餐

- 在樟宜机场的指定柜台集合, 并与我们的机场代表会面。办理离境手续后就启程前往北京。
- 抵达后, 前往永宁
- 永宁古城 – 是京郊文化中的第一个城镇, 古城由新建的东、西南北城墙和古城墙遗址组成。
- 逛古城
- 玉皇阁 – 玉皇阁是永宁古城的标志性建筑, 至今已有 1300 多年的历史, 至今仍有着坚固的外观。
- 奥伦达部落 – 位于千古之谜古崖居畔的美式小镇, 充满了自由奔放的味道。一个有着北京醉美度假小镇之称的休闲度假区。原始自然环境覆盖率超 90%, 是一处天然的氧吧。

住宿: 5\* 怀来皇冠假日酒店或同级



乌兰哈达火山群

## 02 怀来 — 乌兰察布 (3.5H) — 呼和浩特 (2.5H)

早餐, 午餐, 晚餐

- 乌兰哈达火山群+环保车(送太空服旅拍)
- 塞上老街 – 呼和浩特的百年历史商业街区, 保留明清建筑风格, 呼和浩特文化历史街区。

住宿: 5\* 希尔顿欢朋酒店或同级

## 03 呼和浩特 — 达拉特旗 (3H)

早餐, 午餐, 晚餐

- 和硕公主府 (周一闭馆) – 占地 1.8 万平方米, 五进院落, 建筑面积 4800 平方米。它是内蒙古地区保存最完整的一座皇族品级建制的府邸建筑, 是清政府推行联姻政策的历史见证。
- 将军衙署 – 清代绥远城的将军驻地。它的营建, 是清王朝为巩固西北边疆的稳定, 奉行对大漠南北蒙古地区实施政治、军事统治的产物。
- 美岱召 – 全国重点文物保护单位, 美岱召四角筑有外伸约 11 米的墩台, 上有角楼。进入泰和门, 迎面就是“大雄宝殿”, 它是喇嘛教传入蒙古的一个重要的弘法中心。

住宿: 5\* 真金酒店或凯宏洲季酒店或达旗锦园宾馆或同级



美岱召

## 04 达拉特旗 — 鄂尔多斯草原 (3H)

早餐, 午餐, 晚餐

- 响沙湾(含缆车+沙袜+滑沙) – 响沙湾为中国 5A 级景区, 中国三大响沙之一。世界奇观, 沙漠奇迹。沙坡高当人从沙顶往下滑, 越接近沙丘下面的河床时, 便会听到飞机轰鸣般的响声, 响沙湾因此而得名。
- 悦沙岛(骑骆驼+冲浪车) – 乘坐长长的驼队、进入张果老的世界。驾驶冲浪车在没有红绿灯的限制下徜徉感受沙海冲浪; 骑上最炫酷的坐骑双峰骆驼, 聆听大漠驼铃的悠扬。
- 自费项目: 鄂尔多斯草原之夜篝火晚会(视天气情况而定)

住宿: 豪华蒙古包/家庭蒙古包或同级

## 05 鄂尔多斯草原 — 鄂尔多斯(2H)

早餐, 午餐, 晚餐

- 自费项目:
  - 惊险刺激、令人大饱眼福的飞天草原杂技表演
  - 金戈铁马、纵横草原的实景马术剧【英雄】
  - 中国非物质文化遗产歌舞剧【鄂尔多斯婚礼】
- 成吉思汗陵 – 成吉思汗陵坐落在鄂尔多斯伊金霍洛旗甘德利草原上。主体建筑由三座蒙古式的大殿和与之相连的廊房组成, 建筑雄伟, 具有浓厚的蒙古民族风格。陵宫金碧辉煌气势恢宏, 充分展示了成吉思汗这位世界伟人长眠之地的无穷魅力。

住宿: 5\* 博源豪生酒店或维纳斯皇家酒店或同级



草原上的牛羊



悬空寺

## 06 鄂尔多斯 — 宁武 (4H) — 朔州 (1.5H)

早餐, 午餐, 晚餐

• 万年冰洞(含电瓶车) – 宁武冰洞的奇特之处在于当地的气候条件论, 根本构不成结冰的环境, 可即使是三伏炎夏, 洞内依然寒气逼人, 堪称一个冰的世界。

- 悬空村
- 石门悬棺
- 支锅奇石 – 3 块石头像锅一样支起, 被称为“三晋第一奇石”。

住宿:5\*大同假日酒店或大同柳莺酒店或同级



冰洞

## 07 朔州 — 浑源 (1H) — 怀来 (3H)

早餐, 午餐, 晚餐

- 应县木塔
- 前往浑源
- 悬空寺(登临) – 被誉为恒山第一奇观, 距今已有 1400 多年的历史, 建在恒山天险金龙峡口的悬崖峭壁上。
- 继续前往怀来

住宿:5\*怀来皇冠假日酒店或同级

## 08 怀来 — 北京 (1.5H) ✈️ 新加坡

早餐, 机上用餐

- 后乘车前往机场
- 于指定时间在集合, 由专车送往机场办理出境手续返回新加坡。希望您同南和旅行社有个美好的旅程与回忆, 期盼下一次您的参与。

### 备注

1. 10名旅客方可成行。领队安排将视航班及其他运营因素而定。
2. 确认行程最迟于出发前两 (2) 周最终确定。
3. 若中英文行程存在差异, 请以**中文版本**为准, 除非特别说明。所有团队将安排华语导游服务。
4. 旅客须确保提供的全名与护照条形码完全一致, 且护照有效期至返程日起至少6个月。
5. 强烈建议旅客在出发前自行购买旅行保险。
6. 搭乘不同航班的旅客抵达后可能合并为同一团队。
7. 团体座位安排完全由航空公司决定, 无法保证特定座位要求且超出我方控制范围。
8. 行程顺序、航班时刻及酒店住宿可能因突发状况变更, 恕不另行通知。
9. 机场/港口税、燃油附加费、签证费, 小费 (含领队、境外导游及司机), 保证自费项目, 推荐自费项目均不包含在行程费用内。签证要求及小费金额由旅客自行负责, 请遵循提供的指导原则。
10. 酒店/度假村评级基于当地标准。若指定酒店无法提供住宿, 将以同等级酒店替代。三人间住宿时, 中国境内酒店仅提供额外折叠床。特殊要求或附加服务可能产生管理费。完整预订细则请参阅 NH 条款与细则。
11. 本公司对于因不可抗力因素所造成的任何损失概不负责, 包括但不限于目的地发生的自然灾害、恶劣天气状况或政治因素等, 亦不承担任何赔偿或替代责任。有关完整的预订条款与细则, 请参阅 NH 条款与条件。

#### • 必须参加自费行程(RMB650/人):

诈马宴(普通席)+鄂尔多斯草原活动

#### • 推荐自费套餐 (RMB380/人):

骑马草原观光(3 公里左右)+访问牧户(品尝奶制品、与原住民合影)+ 体验牧民生活(熬奶茶、炸果条赶羊群入圈)+射箭(每人6支)

### 服务费

导游及司机服务费 – RMB240/人

如有领队服务费 – SGD\$40/人



悬空村



Ordos Grassland

## 01 Singapore ✈ Beijing - Huailai (1.5H)

Meals on Board, Lunch, Dinner

- Assemble at Singapore Changi Airport, take international flight to **Beijing**.
- Upon arrival, proceed to Yongning.
- **Yongning Ancient City** - is the first town in Beijing suburb culture. The ancient city consists of newly built east-west, north-south city walls and the ruins of the ancient city walls.
- Visit the **ancient city**
- **Yuhuang Pavilion** - Yuhuang Pavilion is a landmark building in Yongning Ancient City. It has a history of more than 1,300 years and still has a solid appearance.
- **Orenda Tribe** - an American-style town located on the edge of the ancient cliff dwellings that is an eternal mystery, full of free and unrestrained flavor. A leisure resort known as the most beautiful resort town in Beijing. The pristine natural environment coverage rate exceeds 90%, making it a natural oxygen bar.

*Accommodation: 5\* Crowne Plaza Huailai Hotel or similar*

## 02 Huailai - Wulanhada (3.5H) Hohhot (2.5H)

Breakfast, Lunch, Dinner

- **Wulanhada Volcano Group + Eco Shuttle** (Includes Complimentary Spacesuit- Themed Photoshoot)
- proceed to **Hohhot**
- **Saishang Old Street** - a century-old commercial district in Hohhot that retains the architectural style of the Ming and Qing Dynasties and is a cultural and historical district in Hohhot.

*Accommodation: 5\* Hampton by Hilton Hotel or similar*



Meidaizhao Monastery



Yongning Ancient City

## 03 Hohhot - Dalat County (3H)

Breakfast, Lunch, Dinner

- **Heshuo Princess House (Closed on Monday)**
- **General's Office** - the general's residence in Suiyuan City during the Qing Dynasty. Its construction was the product of the Qing Dynasty's pursuit of political and military rule over the desert and northern and southern Mongolian regions in order to consolidate the stability of the northwest frontier.
- **Meidaizhao Monastery** - It is an important Dharma center when Lamaism was introduced into Mongolia.

*Accommodation: 5\* Zhenjin Hotel or Kaihong Zhouji Hotel or Daqi Jinyuan Hotel or similar*

## 04 Dalat County - Ordos Grassland (3H)

Breakfast, Lunch, Dinner

- **Xiangshawan Desert** ( Whistling Dune Bay) - is a 5A scenic spot in China, and one of the three major Xiangsha Bays in China. wonders of the world, wonders of the desert. Including: two-way cable ride, surfing car, Camel ride, Ordos Wedding show etc.
- **Yuesha Island** ( Include camel riding + surfing car)
- **Ordos Grassland Night Bonfire Party (Compulsory Tour, subject to weather conditions)**

*Accommodation: Deluxe Mongolian Yurt or Family Mongolian Yurt or similar*

## 05 Ordos Grassland - Ordos (2H)

Breakfast, Lunch, Dinner

### • Compulsory Tour

- o Acrobatic performance on the Flying Grassland
- o A real-life equestrian drama [Hero]
- o Song and Dance Drama [Ordos Wedding]
- **Genghis Khan Mausoleum** - The main building is composed of three Mongolian- style halls and connected corridors. The building is majestic and has a strong Mongolian national style. It fully demonstrates the infinite charm of the resting place of Genghis Khan, the world's great man.

*Accommodation: 5\* Howard Johnson Boyuan Hotel or Venus Royal Hotel or similar*



Genghis Khan Mausoleum

## 06 Ordos - Ningwu (4H) - Shuozhou (1.5H)

Breakfast, Lunch, Dinner

- Ahead to **Ningwu**
- **Wannian Ice Cave (includes electric cart)** – What makes the Ningwu Ice Cave so unique is that, based on the local climate conditions, it shouldn't be capable of forming ice at all. Yet even in the height of summer, the cave remains chillingly cold, like a frozen world.
- **Hanging Village**
- **Shimen Hanging Coffins**
- **Zhiguo Odd Rock** – Three stone blocks stand like a tripod supporting a pot, earning the title of "The No.1 Strange Rock in Shanxi."

*Accommodation: 5\* Datong Holiday Hotel or Datong Liuying Hotel or similar*

## 07 Shuozhou - Hunyuan (1.5H) - Huailai (3H)

Breakfast, Lunch, Dinner

- proceed to **Hunyuan**
- **Yingxian Wooden Pagoda**
- **Hanging Temple (Boarding fee Included)** - Visit the known as the first wonders of Hengshan, which has more than 1,400 years of history.

*Accommodation: 5\* Crowne Plaza Huailai Hotel or similar*

## 08 Huailai - Beijing ✈ Singapore

Breakfast, Meals on Board

- After breakfast, coach to Beijing.
- Heading to the airport for your flight back to Singapore. We hope you enjoyed your trip.

## Notes

1. A minimum of 10 passengers is required for the tour to proceed. The appointment of a tour leader is subject to flight arrangements and other operational considerations.
2. Tour confirmation will be finalized no later than two (2) weeks before departure.
3. All group tours are conducted in Mandarin unless otherwise stated. In the event of any discrepancy between the English and Chinese itineraries, the **Chinese version shall prevail**.
4. Travellers must ensure that the full name provided matches exactly with the passport barcode, and that passports are valid for at least 6 months from the return date.
5. Travellers are strongly encouraged to purchase their own travel insurance prior to departure.
6. Travellers departing on different flights may be combined and operated as a single group upon arrival.
7. Group seating arrangements are assigned solely by the airline. Requests for specific seats are not guaranteed and are beyond our control.
8. The itinerary sequence, flight schedules, and hotel accommodations are subject to change without prior notice due to unforeseen circumstances.
9. Airport/port taxes, fuel surcharges, visa fees, and gratuities (for tour leader, overseas guide(s), and driver), compulsory tour and optional tour are not included in the tour fare. Visa requirements and gratuity amounts are the traveller's responsibility and should follow the provided guidelines.
10. Hotel/resort ratings are based on local standards. In the event that accommodation in the stated hotel is unavailable, it will be replaced by another hotel of similar standards. For Triple sharing, hotels in China will only provide an extra folding bed. An administrative fee may apply for special requests or additional services. For full booking details, please refer to NH Terms and Conditions.
11. The company shall not be liable for any loss arising from force majeure events, such as natural disasters, adverse weather conditions, or political issues occurring at the destination, nor shall it bear any responsibility for compensation or replacement. For full booking details, please refer to NH Terms and Conditions.

### • Compulsory Tour (RMB650/PAX)

Horse fraud banquet (ordinary seats) + Ordos grassland activities

### • Optional Tour (RMB380/PAX)

Horseback riding on the grassland (about 3 kilometers) + Visiting herders (tasting dairy products, Taking photos with the aboriginal people) + Experiencing herders' life (making milk tea, Frying fruit sticks and driving sheep into the pen) + Archery (6 sticks per person)

## Service Fees

Guide and driver - **RMB240** per person

Tour Leader (if any) – **SGD\$40** per person



Yingxian Wooden Pagoda