

7D6N

HANOI HA LONG BAY & SAPA

7天6晚 河内，沙坝及下龙湾

VNG7SA | 01 Jan 2026 - 31 Dec 2026



TripZilla
EXCELLENCE
AWARDS

WINNER

2025

**BEST FOR
VIETNAM**

SPECIAL

Live Seafood Buffet
Bay Restaurant
Salmon Hotpot @ Sapa

Ha Long Bay

Highlights 行程亮点

HANOI

Get acquainted with Hanoi on your city tour. Check out Old Quarter on 36 Streets, shop at Dong Xuan Market.

SAPA

See the ancient Roman Gothic Stone Church. Take in the majestic view of the vast valley below Heaven's Gate. Relax at the Cafe in the Clouds with mist creeping across the landscape. Ascend the highest peak in Vietnam - Mt Fanispan.

HA LONG BAY

1N Overnight Cruise in the UNESCO World Natural Heritage.

河内

沉醉于拥有 1500 年历史的西湖镇国寺美景，在市区 游中感受河内的魅力。漫步 36 街的旧城区，并在东 宣市场购物。

沙坝

参观古老的罗马哥特式石教堂。欣赏从天门俯瞰广阔山谷的壮丽景色。在云中咖啡馆放松，感受薄雾弥漫在景观中的静谧。攀登越南最高峰——番西 邦山。

下龙湾

巡游于犹如散落于海上珍珠。登上英雄岛山顶 全览龙湾仙境

Bonus 红利

- Upgrade to 5* Sapa Hotel and 5* Ha Long Bay Cruise
- 提升至 5* 沙坝酒店及 5* 下龙湾游轮



Meals 餐食

- 6 Breakfasts
- 5 Lunches
- 6 Dinners

- 6 早餐
- 5 午餐
- 6 晚餐



- Hanoi Grilled fish (Cha Ca La Vong)
- Grilled Pork Vermicelli (Bun Cha)
- Vietnamese Rice Noodles (Pho)
- Live Seafood Buffet @ Bay Restaurant
- Salmon Hotpot @ Sapa
- Stew Chicken Slow-Cooked in Whole Pumpkin

- 河内烤鱼（查卡拉旺）
- 烤猪肉米粉
- 越南河粉
- 湾餐厅现场海鲜自助餐
- 沙坝三文鱼火锅
- 整南瓜慢炖鸡

Accommodation

住宿

Ha Noi

- 4*Grandview Hotel, Dynastie Hotel

Ha Long Bay

- Amanda Cruise, Grand Hera Luxury Boutique Sapa, Victory Stars Cruise

Sapa

- 5*Sapa Square Hotel / KK Sapa Hotel

河内

- 河内格兰德景酒店，鸿玉王朝精品酒店及水疗中心，蜡烛超级酒店或同级

下龙湾

- 阿曼达游轮，赫拉大游轮，Victory Stars Cruise

沙坝

- 沙坝广场酒店 / KK 沙坝酒店

01 Singapore ✈️ Hanoi

Meals on Board, Dinner

Assemble at Changi Airport for flight to **Vietnam - Hanoi**.

City Tour - Begin your city tour visiting Buddhist Tran Quoc Pagoda.

Explore **Hanoi Old Quarter on 36 Streets** and **Hoan Kiem Lake**.

St. Joseph Cathedral of Hanoi with an architectural style resembling Notre Dame de Paris.

Ba Dinh Square - the largest square in Vietnam.

The Railway Cafe in Hanoi - Cafe with a unique train views (Drink at own expenses).

02 Hanoi - Sa Pa

Breakfast, Lunch, Dinner

Transfer to **Sapa**.

Stone Church - The church was built by the French in 1935, and it is the only intact imprint of the French in Sapa. Although it has been restored, its ancient Roman Gothic style architecture remains untouched.

Silver Waterfall - This is one of the most beautiful waterfalls in the region.

Heaven's Gate - Take in the majestic view of the vast valley below with green fields and the north-western mountain ranges from here.

Cafe in the Clouds - Pull a chair, sit back and relax in this great corner of Sapa while soaking in the atmosphere of the surroundings.



Stone Church



Rose Valley

03 Sa Pa

Breakfast, Lunch, Dinner

Rose Valley - In this largest valley in Sapa, admire the over 300,000 rose plants of over 150 most popular varieties from across Vietnam.

Mt Fansipan - Ascend this highest peak in Vietnam via cable car and tram ride with a breath taking experience awaiting at the top of the mountain. Serene gardens, pagodas, Bronze Buddha, Goddess of Mercy and jaw dropping views of swirling clouds and forested slopes from the top of Fansipan make this adventure a must when visiting Sapa.

Note: If Fansipan is closed for annual maintenance, it will be replaced with a visit to the Rong May Glass Bridge.

Additionally, the Rose Valley season runs from March to November. During the off-season from December to February, when there are no roses in the valley, we will replace this visit with Moana.

04 Sa Pa - Hanoi

Breakfast, Lunch, Dinner

Vietnam - China border - Enjoy photo stops overlooking the Red River, with China on the left and Vietnam on the right.

Den Thuong Pagoda - Features a zodiac circle showcasing the animals of the lunar calendar. Return to Hanoi.

05 Hanoi - Ha Long Bay

Breakfast, Lunch, Dinner

Set off for your overnight cruise.

Ha Long Bay Cruise - Take in sights of the fascinating rock formations while cruising before arriving at Dinh Huong Island, Ga Choi Island, Dog Island, Sail Island, Sung Sot Cave and a swim at Soi Sim Beach or Titov Beach. Reboard the cruise with time to relax and unwind before dinner. You may also try squid fishing before calling it a day.

Note: Ha Long Bay cruise itinerary varies if a different cruise is confirmed.

06 Ha Long Bay - Hanoi

Breakfast, Lunch or Brunch, Dinner

Ha Long Bay Cruise - Transfer to a small bamboo boat for Luon Cave, cruising pass Man's Head Island and Tortoise Island.

Return to Hanoi.

Free at leisure.



Mt Fansipan

07 Hanoi ✈ Singapore

Breakfast, Meal on Board

After breakfast, free at leisure then transfer to airport for flight home with sweet memories. Thank you for choosing Nam Ho Travel as your preferred agent for your vacation. We hope to see you soon in the near future.



Hanoi Train Track

Suggested Excursions

Hanoi:

Electric Car in Old Quarters + Beef or Chicken Pho with egg coffee - S\$15

90mins full body massage - S\$53

Ha Long Bay:

90mins full body massage - S\$45

Sapa:

Cat Cat Village + Ta Van Village (2hrs tour over 2 days) - S\$60

Glass Bridge - S\$60

Notes

1. A minimum of 10 passengers is required for the tour to proceed. The appointment of a tour leader is subject to flight arrangements and other operational considerations.
2. Tour confirmation will be finalized no later than two (2) weeks before departure.
3. All group tours are conducted in Mandarin, unless otherwise stated.
4. Travellers must ensure that the full name provided matches exactly with the passport barcode, and that passports are valid for at least 6 months from the return date.
5. Travellers are strongly encouraged to purchase their own travel insurance prior to departure.
6. Travellers departing on different flights may be combined and operated as a single group upon arrival.
7. Group seating arrangements are assigned solely by the airline. Requests for specific seats are not guaranteed and are beyond our control.
8. The itinerary sequence, flight schedules, and hotel accommodations are subject to change without prior notice due to unforeseen circumstances.
9. Airport/port taxes, fuel surcharges, visa fees, and gratuities (for tour leader, overseas guide(s), and driver) are not included in the tour fare. Visa requirements and gratuity amounts are the traveller's responsibility and should follow the provided guidelines.
10. Hotel/resort ratings are based on local standards. An administrative fee may apply for special requests or additional services. For full booking details, please refer to Terms and Conditions in our webpage.

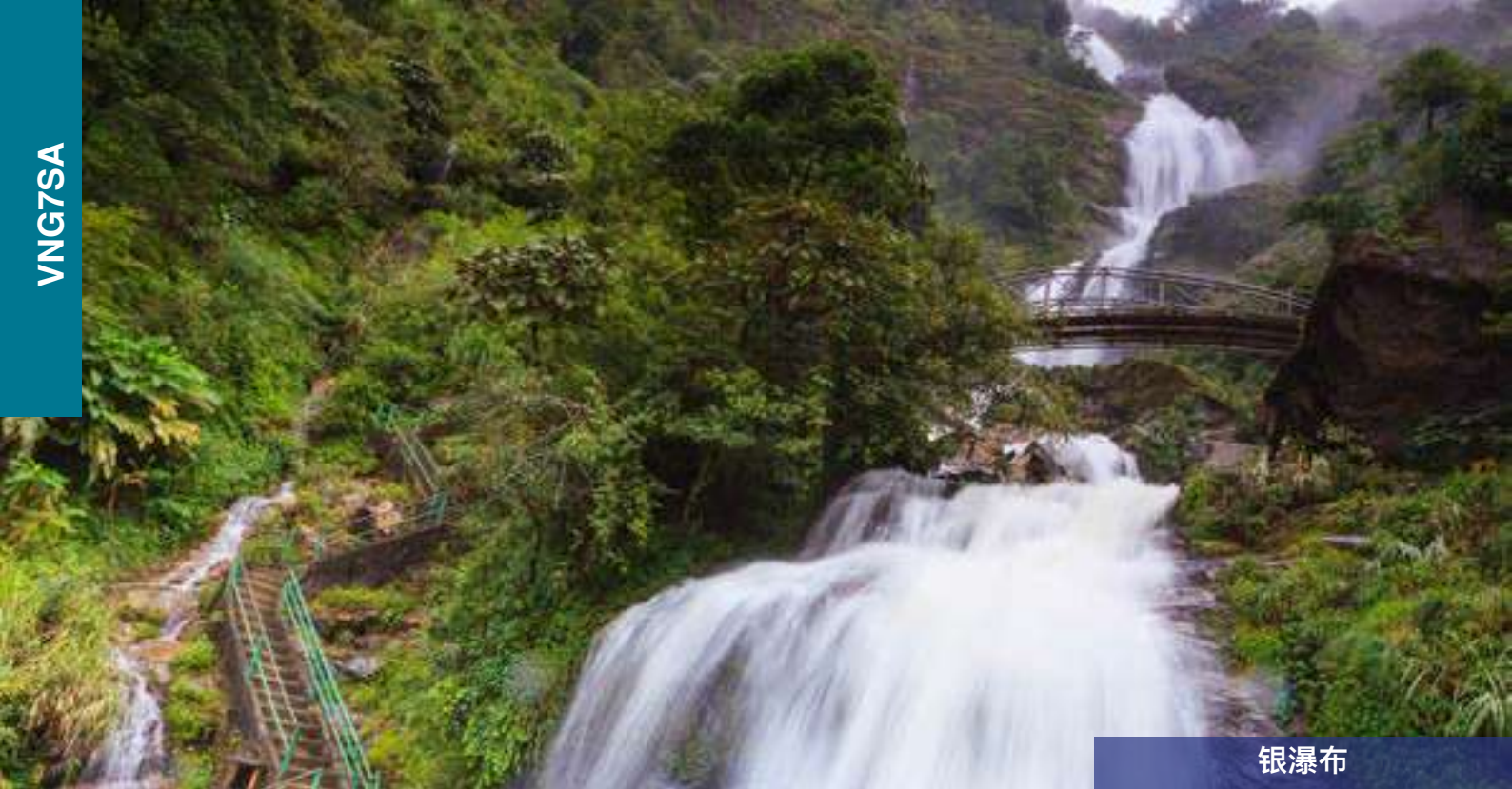
Optional Excursions

Additional activities that complement your holidays will be at your own decision and are entirely optional. Minimum group size may apply

Service Fee Guideline

7D6N - US\$35 per person for driver and guide

S\$35 for Singapore Tour Leader if applicable.



银瀑布

01 新加坡 ✈️ 河内

机上用餐, 晚餐

在樟宜机场集合, 乘机飞往越南, 河内。

镇国寺, 西湖 – 河内最古老的佛寺。镇国寺前面是著名的巴亭广场且紧邻西湖, 宁静的湖面广阔, 可谓风光明媚的水岸景色。

还剑湖 – 此湖位于市中心, 绿草如茵且湖水清澈, 景色十分优美。

三十六古街 – 源自十五世纪的传统商店街。每一条狭窄的街道均以当时交易的商品来命名, 如丝街, 米街, 纸街, 珠宝街等, 共有 36 条。

河内圣约瑟夫大教堂 – 建筑风格类似巴黎圣母院。

巴亭广场 – 越南最大的广场

河内的铁路咖啡馆 – 提供独特且美观的火车景观体验 (饮料自费)

02 河内 – 沙坝

早餐, 午餐, 晚餐

沙坝石教堂 – 还称圣母教堂的沙坝教堂有着浓郁法国风格的古老建筑, 始建于 1895 年, 至今已有上百年历史了。

银瀑布 – 银瀑布海拔约 200 米, 远看犹如柔软的白丝。水流在阳光的照射下宛如水银倾泻而下, 因而美得其名。

天门 – 美丽的小景区带来了山和山谷的美景, 此外还可见识到梯田的秀丽景色。

云之咖啡屋 – 来杯热饮, 悠哉悠哉的享受四周的宁静, 陶醉在这世外桃源的氛围中。



天门

03 沙坝

早餐, 午餐, 晚餐

玫瑰谷 – 面积 5 万多平米的玫瑰谷, 不只种植了越南沙坝乃至世界多地高达 150 种著名玫瑰品种的 30 万多棵玫瑰, 也为它创下了越南最大玫瑰谷的越南吉尼斯纪录。

番西邦峰 (含缆车) – 番西邦峰海拔 3,143 公尺, 不仅仅是越南境内的最高峰, 也是寮国, 柬埔寨三国境内的最高峰。休憩平台有着现今越南最大的释迦牟尼青铜佛像, 金山宝胜寺等。站在山顶上居高临下的一瞬间, 壮观浩瀚的云海近在咫尺, 宛如人间仙境, 试问此时还能有什么尘世烦恼吗?



番西邦峰 (含缆车)

04 沙坝 / 河内

早餐, 午餐, 晚餐

越南 – 中国边境拍照 – 俯瞰红河, 左边是中国, 右边是越南。

Den Thuong 塔 – 是一个以农历动物为特色的塔。

回返河内

同春市场 – 河内最大的室内市场。内的商品种类繁多, 生活气息浓厚, 是感受河内人民日常生活, 体验当地文化的好去处。

05 河内 — 下龙湾

早餐，午餐，晚餐

下龙湾巡游 – 登上卡斯塔游轮，享用午膳。开启下龙湾巡游，走访这个美如仙境的世界自然遗产。探索五彩缤纷的惊讶洞的钟乳洞穴。登上 427 个石阶的英雄岛山顶，俯瞰 360 度无死角的下龙湾美景，将这世上独一无二的壮丽海蚀岩溶地貌一览无遗。夜里还能参与鱿鱼捕捞或其他的活动。

备注：下龙湾行程皆由游轮公司安排，且行程会因不同的游轮而异。

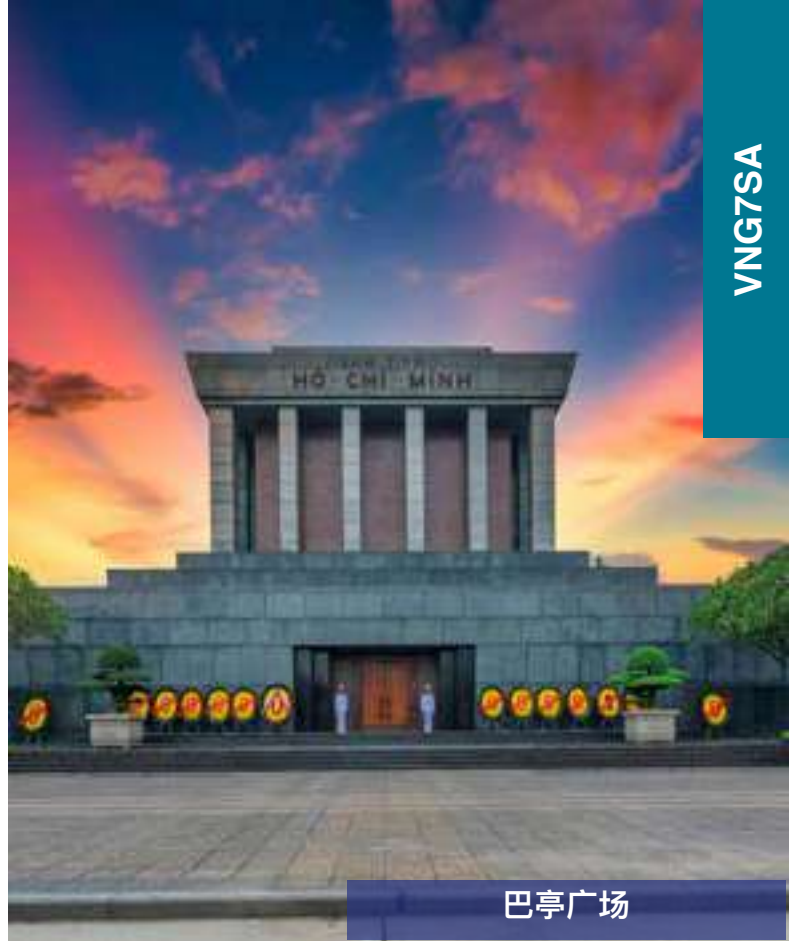
06 下龙湾 — 河内

早餐，午餐，晚餐

下龙湾巡游 – 登上小舟作下龙湾最后的巡游游览穿岛等。
回返河内 – 下时间自由活动。



下龙湾巡游



巴亭广场

自费项目建议

附加自费项目是可选性的，您是有绝对的决定权 需最低成行人数

河内 - 电瓶车+地道河粉 S\$15

90 分钟全身按摩 S\$53

沙坝 - 吉吉村+踏梅村 S\$60

云龙玻璃桥 S\$60

下龙湾 - 90 分钟全身 按摩 S\$45

服务费

全程服务费参考:7 天 6 晚 - 每人 35 美金

新加坡领队 - 35 新币 (如有随行)

07 河内 ✈ 新加坡

早餐, 机上用餐

自由活动直到接送往机场办理航班登机手续返回新加坡。感谢您选择南和旅行社，希望您和我们一起度过一个愉快的旅程。我们也希望能很快再次和您出游。

备注

1. 本行程须至少 10 位旅客方可成团。是否安排随团领队将视航班安排及其他营运考量而定。
2. 最终出团确认将于出发前两 (2) 周内落实。
3. 除非特别说明，所有团队行程均以华语 (普通话) 进行讲解。
4. 旅客必须确保所提供的姓名与护照条码中的姓名完全一致，且护照有效期须在回程日起至少六 (6) 个月以上。
5. 强烈建议旅客于出发前自行购买旅游保险。
6. 如旅客乘搭不同航班抵达，团队可能会在目的地合并为同一团体共同操作。
7. 团队机位由航空公司统一分配，恕无法保证任何特定座位要求，此类需求亦不在本公司控制范围内。
8. 行程顺序、航班时间以及酒店住宿可能因不可预见的情况在未事先通知的情况下作出调整。
9. 机场 / 港口税、燃油附加费、签证费用及小费 (包括领队、当地导游与司机) 均不包含在团费内。旅客须依照出入境规定及相关指引自行承担签证及小费费用。
10. 所有酒店 / 度假村之评级均以当地官方标准为准。如有特殊要求或额外服务，可能需另行收取行政费用。有关完整订购条款与细则，请参阅本公司官网所列之条款说明。



河内圣约瑟夫大教堂