

7D6N

DIVINITY OF BHUTAN BY DRUK AIR (PRIVATE TOUR)

7天6夜 神圣的不丹 不丹航空

EX7BTG | Jan 2026 - Dec 2026

Taksang

Highlights 行程亮点

Paro

Paro Valley scenic landscapes
 Tamchog Lhakhang + historic Iron Chain Bridge
 Ta Dzong (National Museum)
 Rinpung Dzong
 Taktsang Monastery (Tiger's Nest)
 Kyichu Lhakhang (one of Bhutan's oldest temples)
 Optional: Traditional Hot Stone Bath (Dotsho)

Thimphu

Buddha Point (Kuensel Phodrang) — largest Buddha & valley views
 Changangkha Lhakhang (12th century)
 Takin Preserve (Bhutan's national animal)
 Simply Bhutan cultural experience (incl. archery)
 Textile Museum
 King's Memorial Chorten
 Tashichho Dzong

Punakha

Dochula Pass (3,080m) panoramic Himalayan viewpoint (en route)
 Punakha Dzong at Pho Chhu & Mo Chhu confluence
 Chimi Lhakhang (Temple of Fertility) village walk
 Khamsum Yuelley Namgyal Chorten viewpoint hike
 Sangchhen Dorji Lhuendrup Nunnery + artisan workshops

亮点

帕罗
 帕罗河谷自然风光
 坦措寺 + 著名 铁索桥
 国家博物馆
 日蓬宗
 虎穴寺
 基秋寺 (不丹最古老寺庙之一)
 选配: 传统热石浴

廷布

大佛点 (不丹最大佛像 + 山谷全景)
 昌岗卡寺 (12世纪古寺)
 塔金保护区 (不丹国兽)
 Simply Bhutan 传统文化体验 (含射箭)
 纺织博物馆 (不丹织布艺术)
 国王纪念塔 (转经轮祈福地标)
 塔什确宗 (宗堡寺院与行政中心)
 普那卡
 途经 多楚拉山口 (3,080米) 观景点 (喜马拉雅全景)
 普那卡宗 (两河交汇处的壮丽宗堡)
 求子寺 (田园村落步行)
 轻徒步至 观景佛塔 (山谷视野绝佳)
 尼姑庵 (山脊景观 + 手工艺工坊)

Meals 餐食 🍴

6 Breakfast
 5 Lunch
 6 Dinner
 6 早餐
 5 午餐
 6 晚餐

Accommodation 住宿

* 2 nights 4* Hotel in Thimphu-Hotel Capital /Hotel Ariya/Hotel Tashi Yidwong or similar
 * 2 nights 4* Hotel in Punakha-Lobesa Boutique/Zhingkhram Resort/Tara Heaven/similar
 * 2 nights 4* Hotel in Paro-Kachi Grand/Tashi Namgay Resort/similar



Punakha Dzong

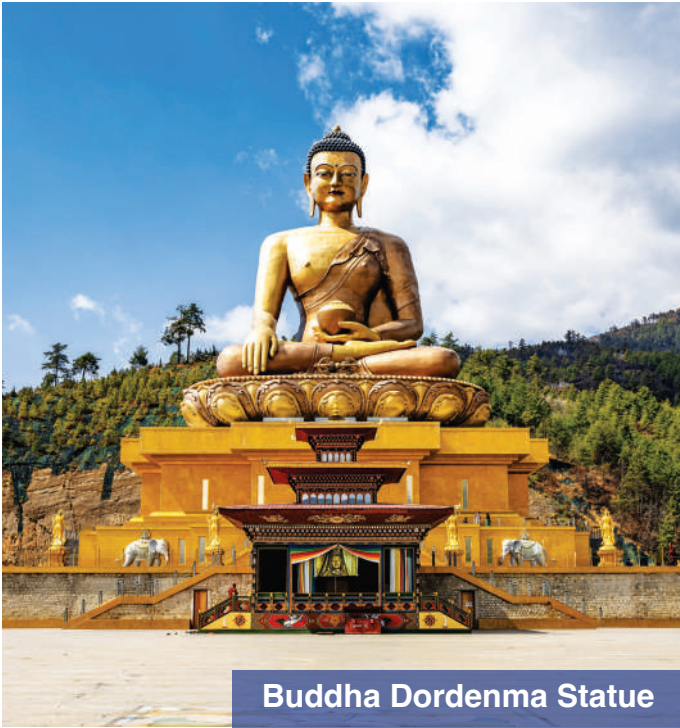
01 Singapore ✈️ Paro - Thimphu

Meals on Board / Dinner

Touch down in the Himalayas and breathe in Bhutan's cool, crisp mountain air. After immigration, meet our representative for a warm **Tashi Khaddar** (white scarf) welcome. Enjoy a scenic drive through the Paro Valley to Chuzom (river confluence), with a stop at **Tamchog Lhakhang**, dedicated to the 13th-century master bridge builder Thangtong Gyalpo. Cross his historic **iron chain bridge** to reach the temple.

Continue onward to **Thimphu**, Bhutan's capital, where modern life blends seamlessly with deep tradition. Check in to your hotel and unwind.

Overnight: Thimphu



Buddha Dordenma Statue

02 Thimphu Heritage & City Sights

Breakfast / Lunch / Dinner

Buddha Point (Kuensel Phodrang): Offer prayers at Bhutan's largest Buddha statue and enjoy sweeping views of the valley.

Changangkha Lhakhang (12th c.): Hilltop fortress-like temple and monastic school.

Takin Preserve: Meet Bhutan's endearing national animal—part cow, part goat in appearance, unique to the region.

Lunch @ Simply Bhutan - A place to learn about the various aspect of traditional life in Bhutan and there is hands- on activity such as the National Game – Archery

Textile Museum: Discover Bhutan's living art of weaving—techniques, regional styles, and garments.

King's Memorial Chorten: A beloved landmark, circled by devotees spinning prayer wheels; built for peace and prosperity.

Tashichho Dzong: The "fortress of the glorious religion"—seat of the throne room and central monastic body, rebuilt in classic Bhutanese style without nails.

Overnight: Thimphu

03 Thimphu → Punakha

Breakfast / Lunch / Dinner

Scenic drive over **Dochula Pass** (3,080 m), marked by prayer flags and chortens; on clear days, the eastern Himalayas stretch before you. Descend into lush **Punakha Valley**.

Punakha Dzong: Magnificent riverside fortress at the confluence of Pho Chhu and Mo Chhu; former capital and winter seat of the monk body.

Chimi Lhakhang (Temple of Fertility): Easy village walk through paddy fields (approx. 1.5 hrs round-trip) to this hilltop shrine cherished by families.

Overnight: Punakha



Punakha Dzong

04 Punakha Valley Walks & Views

Breakfast / Lunch / Dinner

Khamsum Yuelley Namgyal Chorten: Gentle hike through fields along the Mo Chhu to a stunning hilltop stupa consecrated in 1999—beautiful valley panoramas.

Sangchhen Dorji Lhuendrup Nunnery: Ridge-top complex amid pines overlooking Punakha and Wangdue; highlights include a 14-foot bronze Avalokiteshvara and workshops where nuns learn embroidery, thanka painting, and statue making.

Overnight: Punakha



National Memorial Chorten

05 Punakha - Paro

Breakfast / Lunch / Dinner

Return toward Paro along a scenic highway. En route, visit Simtokha Dzong (1627), Bhutan's oldest fortress, now a center for Buddhist studies.

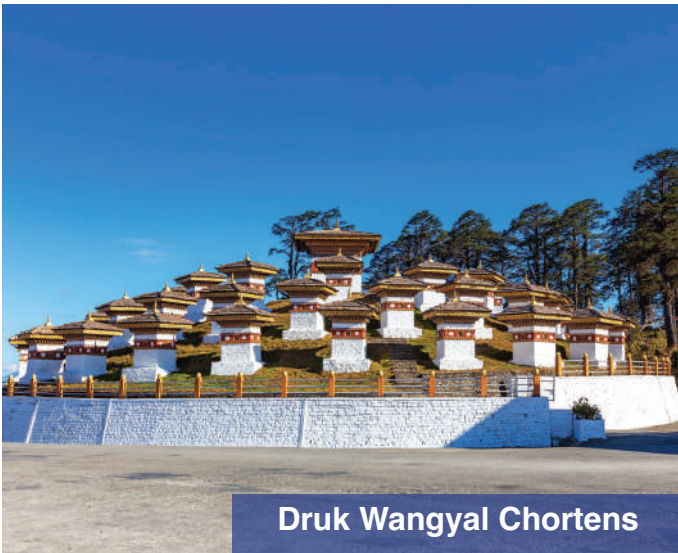
In Paro:

Ta Dzong (National Museum): Thangkas, textiles, arms and armor, natural history, and artifacts.

Walk down to **Rinpung Dzong** ("Fortress of a Heap of Jewels") with richly painted galleries and courtyards.

Optional (extra cost): Traditional farmhouse hot stone bath (Dotsho)—river-heated stones and herbal soak to ease the day's travel.

Overnight: Paro



Druk Wangyal Chortens

06 Paro - Hike to Taktsang (Tiger's Nest)

Breakfast / Lunch / Dinner

A signature Bhutan experience: hike to **Taktsang Monastery**, dramatically perched ~900 m above Paro Valley. Allow ~5 hours round-trip at an easy pace (pony option to the café viewpoint, uphill only).

Later, visit **Kyichu Lhakhang** (7th c.), among Bhutan's oldest temples, linked to Tibetan King Songtsen Gampo and the arrival of Buddhism in Bhutan.

Overnight: Paro

07 Paro ✈ Singapore

Breakfast/ Meals on Board

Early breakfast and transfer to the airport. Our representative will assist with departure formalities. Tashi Delek!

Package Inclusions

- * Round-trip economy class airfare on Druk Air.
- * Private tour arrangement with vehicle type based on group size:
 - Sedan (2 pax)
 - Van (3–5 pax)
 - Highroof (6–7 pax)
 - Coaster Bus (8–15 pax)
- * Services of an English-speaking local guide
- * 2 nights 4* Hotel in Thimphu-Hotel Capital /Hotel Ariya/Hotel Tashi Yidwong or similar
- * 2 nights 4* Hotel in Punakha-Lobesa Boutique/Zhingkhram Resort/Tara Heaven/similar
- * 2 nights 4* Hotel in Paro-Kachi Grand/Tashi Namgay Resort/similar
- * Inclusive of daily government royalties and taxes
- * Meals included: 6 breakfasts, 5 lunches, 6 dinners
- * Entrance fees as per the itinerary
- * Bhutan visa fee
- * Complimentary local SIM card with 8GB data per person

Complimentary Gifts

- * Tashi Khadar (Traditional white scarf presented upon arrival)
- * Lemongrass spray
- * Unlimited mineral water (replenished daily)
- * Walking stick (provided during the hike to Taktsang Monastery)

Notes for Visa

- * Processing time is approximately 14 working days.
- * Submit the following documents at time of booking:
 - * A clear photocopy of your passport
 - * Passport size photo
 - * Travel insurance (Compulsory)
- * Please ensure documents are a clear copy of the original to avoid delay in application.
- * Information needed for VISA application:
 - * Name as per passport / Occupation /Residential Address / Contact Number / Marital Status

Notes

1. A minimum of 2 passengers is required for the tour to proceed. The appointment of a tour leader is subject to flight arrangements and other operational considerations.
2. Tour confirmation will be finalized no later than two (2) weeks before departure.
3. All group tours are conducted in English, unless otherwise stated.
4. Travellers must ensure that the full name provided matches exactly with the passport barcode, and that passports are valid for at least 6 months from the return date.
5. Travellers are strongly encouraged to purchase their own travel insurance prior to departure.
6. Travellers departing on different flights may be combined and operated as a single group upon arrival.
7. Group seating arrangements are assigned solely by the airline. Requests for specific seats are not guaranteed and are beyond our control.
8. The itinerary sequence, flight schedules, and hotel accommodations are subject to change without prior notice due to unforeseen circumstances.
9. Airport/port taxes, fuel surcharges, visa fees, and gratuities (for tour leader, overseas guide(s), and driver) are not included in the tour fare. Visa requirements and gratuity amounts are the traveller's responsibility and should follow the provided guidelines.
10. Hotel/resort ratings are based on local standards. An administrative fee may apply for special requests or additional services. For full booking details, please refer to NH-Terms-and-Conditions.
11. Tour with English speaking local guide.
12. Visa is required for all nationalities (except India, Bangladesh, and the Maldives) visiting Bhutan.

Service Fee Guidelines

Guide and Driver - USD80 per person

01 新加坡 ✈️ 不丹

机上餐食 / 晚餐

降落喜马拉雅山脉，呼吸不丹清凉纯净的山间空气。办理入境手续后，由工作人员以“Tashi Khaddar（白色哈达）”热情迎接。

沿帕罗河谷驱车前往楚宗（两河汇流处），途中参观塔姆楚寺（Tamchog Lhakhang），此寺奉祀13世纪桥梁大师唐东嘉波，可步行跨越他建造的历史性铁索桥进入寺院。

继续前往不丹首都廷布，这里现代生活与深厚传统完美交融。办理入住后休息。

住宿：廷布（海拔约2,400米）



金刚座释迦牟尼像

02 廷布文化与市区景点

早餐 / 午餐 / 晚餐

佛陀观景台(Kuensel Phodrang):在不丹最大的佛像前祈福，俯瞰整座山谷的壮阔景致。

昌岗卡寺(12世纪):坐落山顶、外形如堡垒的寺院与僧院学校。

塔金羚牛保护区(Takin Preserve):邂逅不丹国兽塔金(外形似牛亦似山羊，独一无二)。

午餐 @ Simply Bhutan:了解不丹传统生活方式，并可亲身体验国民运动 - 射箭等活动。

纺织博物馆:认识不丹活态织造艺术——技法、地域风格与传统服饰。

国王纪念佛塔(King's Memorial Chorten):深受民众喜爱的地标，信众转经、转经轮、祈愿以求和平与富庶。

扎西却宗(Tashichho Dzong):“辉煌宗教之堡”，为王室御座与中央僧团所在地，依传统不丹风格重建，不用钉子。

住宿：廷布

03 廷布→多曲拉山口→普那卡

早餐 / 午餐 / 晚餐

越过多曲拉山口(3,080米)，经幡与佛塔点缀其间；晴朗时可远眺不丹东部喜马拉雅群峰。随后一路下行进入郁郁葱葱的普那卡谷地。

普那卡宗(Punakha Dzong):坐落于父亲河与母亲河(Pho Chhu & Mo Chhu)交汇处的壮丽水岸堡垒，曾是不丹旧都与僧团冬季驻地。

求子寺(Chimi Lhakhang)，是一座深受当地人与游客敬仰的寺庙，以祈求子嗣、家庭幸福与平安而闻名。前往寺庙通常需穿过宁静的村庄与稻田小径，沿途可感受朴实的乡村风光与不丹传统生活气息。x

住宿：普那卡



普那卡宗

04 普那卡山谷漫步与远眺

早餐 / 午餐 / 晚餐

卡姆桑尤列南嘉佛塔(Khamsum Yuelley Namgyal Chorten):沿母亲河穿田野缓步登顶，参访1999年开光的山顶佛塔，饱览山谷全景。

桑珍多吉伦德鲁普尼姑寺(Sangchen Dorji Lhuendrup Nunnery):松林环抱的山脊修行地，俯瞰普那卡与旺杜；寺内供奉14英尺高的观世音铜像，并设刺绣、唐卡与造像等手工艺课堂。

住宿：普那卡



国王纪念佛塔

05 普那卡→帕罗(120公里/约4.5小时)

早餐 / 午餐 / 晚餐

沿风景公路返回帕罗。途中参观辛托卡宗(Simtokha Dzong, 1627年)——不丹最古老的宗堡，现为佛学研究中心。抵达帕罗后：

塔宗(国家博物馆, Ta Dzong):馆藏唐卡、织物、兵器、自然史与文物。

步行下行至林布宗(Rinpung Dzong, “宝石堆砌之堡”), 欣赏彩绘回廊与庭院。

可选自费:传统农舍热石浴(Dotsho) – 以河石加热、配草药浸泡, 舒缓旅途疲惫。

住宿:帕罗



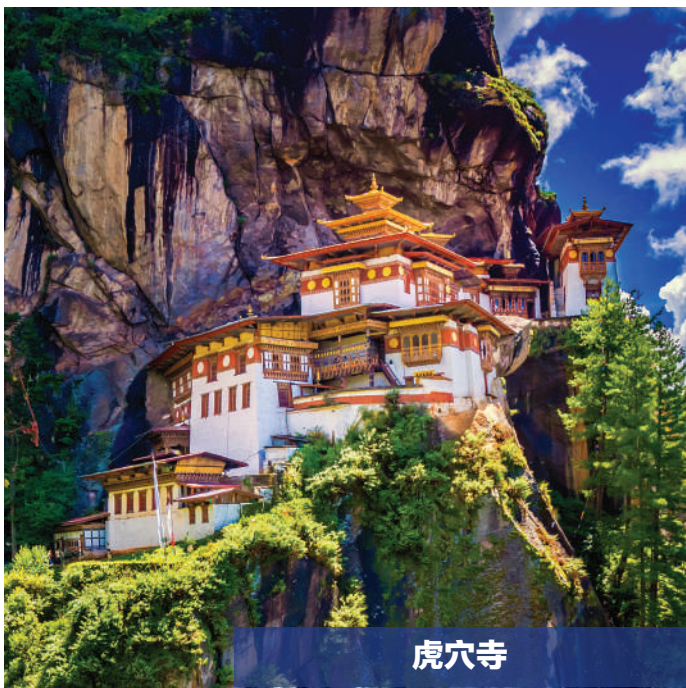
凯旋佛塔

06 帕罗→徒步虎穴寺

早餐 / 午餐 / 晚餐

不丹标志性体验:徒步前往**虎穴寺(Taktsang)**, 寺院峭立于帕罗谷地之上约900米处。建议以轻松步伐往返约5小时(可选马匹上行至观景咖啡馆, 仅限上坡)。随后参观**吉曲寺(Kyichu Lhakhang, 7世纪)**, 为不丹最古老寺庙之一, 传说与吐蕃松赞干布及佛教传入不丹相关。

住宿:帕罗



虎穴寺

07 帕罗→新加坡

早餐 / 机上餐食

清晨用早餐后前往机场, 工作人员协助办理离境手续。Tashi Delek! 祝福顺遂!

配套包含

- * 不丹皇家航空 来回经济舱机票
- * 私人包团安排 (按人数安排车型) :
- * 轿车 (2人)
- * 面包车/小巴 (3-5人)
- * 高顶车 (6-7人)
- * 中巴 (8-15人)
- * 英文导游服务 (当地专业导游)
- * 廷布 4★ 酒店住宿 2晚 : Hotel Capital / Hotel Ariya / Hotel Tashi Yidwong 或同级
- * 普那卡 4★ 酒店住宿 2晚 : Lobesa Boutique / Zhingkham * Resort / Tara Heaven 或同级
- * 帕罗 4★ 酒店住宿 2晚 : Kaachi Grand / Tashi Namgay Resort 或同级
- * 已包含每日 政府旅游税费/官方费用 (Royalties & Taxes)
- * 餐食包含 – 6次早餐、5次午餐、6次晚餐
- * 行程内所列景点 门票费用
- * 不丹签证费

每人赠送 当地SIM卡 (8GB流量)

- * 赠品 / 贴心安排:
- * 哈达 (抵达时赠送传统白色迎宾哈达)
- * 香茅喷雾
- * 无限矿泉水 (每日补充)
- * 登山杖 (虎穴寺 徒步时提供)

签证备注

- * 签证处理时间约7个工作日。
- * 预订时请提交以下文件:
- * 护照清晰复印件
- * 护照尺寸照片 (证件照)
- * 请确保所提交文件 清晰且与原件一致, 以免影响签证申请进度。

备注 (NOTES)

- * 行程顺序、航班时间及酒店安排, 若遇不可预见情况, 可能会在不另行通知的情况下调整。
- * 全程安排 英文当地导游。
- * 除 印度、孟加拉国及马尔代夫 护照持有人外, 前往不丹的其他国籍旅客 均需办理签证。

备注

1. 至少需要2名乘客才能成团。领队的安排选将视航班安排及其他运营情况而定。
2. 行程确认函将于出发前两周内最终确定。
3. 所有团队游览均以英文讲解, 除非另有说明。
4. 旅客必须确保提供的姓名与护照条形码完全一致, 且护照有效期自返程之日起至少还有6个月。
5. 强烈建议旅客在出发前自行购买旅游保险。
6. 搭乘不同航班出发的旅客, 抵达后可能会被合并并以同一团队方式操作。
7. 团体座位安排由航空公司统一分配。指定座位的要求恕无法保证, 且不在本公司控制范围内。
8. 行程顺序、航班时间及酒店住宿可能因不可预见因素而 不另行通知作出调整。
9. 团费不包括机场/港口税、燃油附加费、签证费以及小费 (包括领队、海外导游和司机) 均不包含在旅游费用中。签证要求和小费金额由旅客自行负责, 并应遵循相关指南。
10. 酒店/度假村评级依据当地标准。特殊要求或额外服务可能需要行政手续费。完整的预订详情请参阅 NH-Terms-and-Conditions。