

# 11天 九寨沟/黄龙/峨眉山/乐山/ 四姑娘山/康定精选游

11D JIUZHAIGOU/HUANGLONG/MT.EMEI  
LESHAN/MT.SIGUNIANG/KANGDING

CN11JZ | 01 Jan 2026 - 31 Mar 2027

九寨沟免费提升  
2晚九寨天堂酒店  
及1晚春熙路国际5\*酒店  
Free upgrade:  
2N at Jiuzhai Paradise Hotel and  
1N at International 5\* Hotel  
on Chunxi Road

Mt. Siguniang

## 行程亮点 Highlights

- 成都 – 春熙路，川剧变脸，宽窄巷子，漫花庄园
  - 途经 – 叠溪海子，松潘古城
  - 九寨沟风景区
  - 黄龙风景区
  - 都江堰 – 卧龙神树坪熊猫基地
  - 茂县 – 川主寺
  - 乐山 – 乐山大佛
  - 峨眉山 – 峨眉山金顶，报国寺，
  - 四姑娘山 – 长坪沟，双桥沟
  - 丹巴康定 – 丹巴家居藏寨，康定情歌风景区
- **CHENGDU** - Kuangzhai Alley, Chunxi Road, Sichuan Bian Lian Opera, Manhua Manor
  - **ON THE WAY** - Diexi Lake, Songpan Ancient City
  - **JIUZHAIYOU SCENIC AREA**
  - **HUANGLONG**
  - **MAO COUNTY** - Chuangzhu Temple
  - **DUJIANGYAN** - Wolong Giant Panda Museum
  - **LESHAN** - Leshan Giant Buddha
  - **MT. EMEI** - Golden Summit of Mt Emei, Baoguo Temple,
  - **SIGUNIANG MOUNT** - Changping Valley, Shuangqiao Valley
  - **KANGDING** - Jiaju Tibetan Village, The Scenic Spot of Kangding Love Song

## 特别餐 Special Meals

- 川菜博物馆
  - 羌族风味
  - 藏式小吃
  - 藏式养生餐
  - 松茸土鸡煲
  - 甲居风味
  - 雅安风味
  - 峨眉风味
  - 金顶简餐
  - 野菌汤火锅
  - 药膳风味
- Sichuan Cuisine Museum
  - Qiang Flavor
  - Tibetan famous snacks
  - Matsutake Mushroom & Chicken Casserole
  - Jiaju-style
  - Ya'an Flavor
  - Tibetan Health Feast
  - Emei Flavor
  - Wild Mushroom Soup Pot
  - Simple Meal at Golden Summit
  - Chinese Herbal Cuisine

## 住宿 Accommodation 宿

- 全程当地 5\* + 国际品牌 4\*酒店
  - 免费提升 2 晚九寨天堂洲际大饭店
  - 1 晚春熙路国际 5\*酒店
- Local 5\* Hotel + International 4\* Hotel or similar
  - Free upgrade 2N InterContinental Resort Jiuzhai Paradise @ Jiuzhaigou
  - Free Upgrade 1N stay in Four Points by Sheraton Chengdu, Chunxi Road

## 餐食 Meals 餐

- 10 顿早餐，9 顿午餐，9 顿晚餐
- 10 Breakfasts | 9 Lunches | 9 Dinners





九寨沟

## 01 新加坡 ✈️ 成都

机上用餐

• 在樟宜机场的指定柜台集合，并与我们的机场代表会面。办理离境手续后就启程前往成都。

住宿:准 5\* 天府临空智选假日酒店或同级



甲居羌寨

## 02 成都 - 九寨沟

早餐，午餐，晚餐

- 乘车前往新都漫花庄园（花期3月-10月）
- 叠溪海子 - 位于中国最大的羌族聚居地阿坝藏族羌族自治州茂县境内，是世界自然遗产九寨沟、黄龙旅游沿线一道独特的风景线
- 松潘古城(不上城楼) - 松潘古城分内、外两城，松潘古城规模宏伟，气势非凡。省级文物保护单位

住宿:5\*九寨沟天堂洲际大饭店或同级

## 03 九寨沟

早餐，午餐，晚餐

- 乘环保车进入世界自然遗产九寨沟(含环保公车)
  - 树正沟:火花海、卧龙海、树正群海、树正瀑布、老虎海、犀牛海、诺日朗瀑布等
  - 日则沟:镜海、珍珠滩瀑布、孔雀海、五花海、熊猫海、天鹅海
  - 则渣洼沟:五彩池、长海等
- 晚餐后可自费欣赏九寨沟歌舞晚会

住宿:5\*九寨沟天堂洲际大饭店或同级



漫花庄园

## 04 九寨沟 — 黄龙 (1H) — 茂县 (4H)

早餐, 午餐, 晚餐

• 前往黄龙(含缆车上行+接驳车, 不含下行缆车 40RMB/人) — 以彩池、滩流、雪山、峡谷、古寺、民俗“六绝”著称于世的“人间瑶池”。

(\*\*淡季 11月1日—次年4月30日黄龙大雪封山改走牟尼沟)

• 前往川主寺藏寨参观

住宿:准 5\*九顶山国际 5 星楼层或同级

## 05 茂县 — 四姑娘山 (4H)

早餐, 午餐, 晚餐

• 卧龙熊猫自然保护博物馆神树坪基地看“福宝”(含电瓶车)(保证自费项目)

• 乘车前往四姑娘山 — 四姑娘山有三沟一山, 其中双桥沟是四姑娘山景区唯一能以车代步游览的一条沟。

住宿:准 5\*四姑娘山云天观景大酒店或同级

## 06 四姑娘山 — 丹巴 (2H)

早餐, 午餐, 晚餐

• 长坪沟(含观光车) — 长坪沟主要是生态游。长坪沟沟口至沟尾长 29 公里, 面积约 100 平方公里。在这条绿色长廊上, 分布了 21 个观景点。海拔 3100 米。

• 双桥沟(含观光车) — 双桥沟海拔高度为 3840 米。沟内的观光车道直通沟尾, 让你能够更加方便、快捷、舒适的游览全程。山水相依, 草木相间, 云遮雾绕, 置身其中, 宛若仙境。

住宿:准 5\*丹巴美人谷酒店或同级

## 07 丹巴 — 康定 (2H) — 雅安

早餐, 午餐, 晚餐

• 乘车前往丹巴

• 丹巴甲居藏寨 — 丹巴藏寨指的是居住在丹巴县的居民形成的藏族村落, 丹巴的山寨, 旧称碉楼寨房。外形上, 既有寨房的特征, 又有碉楼的形态。

• 康定情歌风景区(含观光车) — 康定情歌风景区, 原名木格措。景区是贡嘎山国家级风景名胜区的组成部分, 海拔 2600—3780 米。景区以高原湖泊、原始森林、温泉、雪峰、奇石异石及长达 8 公里的千瀑珠, 构成了秀丽多彩的景观。

住宿:准 5\*雅安智选假日酒店或同级



乐山大佛

## 08 雅安 — 乐山 (3H) — 峨眉山 (1H)

早餐, 午餐, 晚餐

• 前往乐山

• 乘船游览乐山大佛全景 — 景区集聚了乐山山水人文景观的精华, 属峨眉山国家级风景区范围

• 乘车前往峨眉山 — 世界文化与自然遗产, 国家重点风景名胜区, 国家 5A 旅游景区。最高峰万佛顶海拔 3099 米。地势陡峭, 风景秀丽, 有“秀甲天下”之美誉。山路沿途有较多猴群, 常结队向游人讨食, 为峨眉一大特色。峨眉山是中国四大佛教名山之一。

住宿:准 5\*华生酒店(温泉)或世纪阳光酒店或同级

## 09 峨眉山

早餐, 午餐, 晚餐

• 游览峨眉山(含观光车, 上下缆车) — 素有“峨眉天下秀”之美誉, 以优美的自然风景和悠久的佛教文化著称。观金, 银, 铜殿, 看雄伟十方普贤金像。

• 乘搭缆车登上重新修建的峨眉山金顶

• 报国寺

住宿:准 5\*华生酒店(温泉)或世纪阳光酒店或同级



九寨沟瀑布



宽窄巷子

## 10 峨眉山 — 成都 (约 3 小时)

早餐, 晚餐

- 乘车前往成都
- 川菜博物馆 – 成都的一张旅游名片，是一座可以吃的博物馆，是世界唯一以菜系文化为陈列内容的主题博物馆。
- 宽窄巷子赠送旅拍
- 免费赠送熊猫屋明信片一人一张
- 成都繁华的春熙路步行街自由逛街，享受购物乐趣
- 晚餐后可自费欣赏国粹川剧变脸

住宿: 5\*春熙路福朋喜来登酒店或同级

## 11 成都 — 新加坡

早餐, 机上用餐

于指定时间在集合，由专车送往机场办理出境手续返回新加坡。希望您同南和旅行社有个美好的旅程与回忆，期盼下一次您的参与。

## 备注

1. 10名旅客方可成行。领队安排将视航班及其他运营因素而定。
2. 确认行程最迟于出发前两 (2) 周最终确定。
3. 若中英文行程存在差异，请以**中文版本为准**，除非特别说明。所有团队将安排华语导游服务。
4. 旅客须确保提供的全名与护照条形码完全一致，且护照有效期自返程日起至少6个月。
5. 强烈建议旅客在出发前自行购买旅行保险。
6. 搭乘不同航班的旅客抵达后可能合并为同一团队。
7. 团体座位安排完全由航空公司决定，无法保证特定座位要求且超出我方控制范围。
8. 行程顺序、航班时刻及酒店住宿可能因突发状况变更，恕不另行通知。
9. 机场/港口税、燃油附加费、签证费、小费 (含领队、境外导游及司机)，保证自费项目，推荐自费项目均不包含在行程费用内。签证要求及小费金额由旅客自行负责，请遵循提供的指导原则。
10. 酒店/度假村评级基于当地标准。若指定酒店无法提供住宿，将以同等级酒店替代。三人间住宿时，中国境内酒店仅提供额外折叠床。特殊要求或附加服务可能产生管理费。完整预订细则请参阅NH条款与细则。
11. 本公司对于因不可抗力因素所造成的任何损失概不负责，包括但不限于目的地发生的自然灾害、恶劣天气状况或政治因素等，亦不承担任何赔偿或替代责任。有关完整的预订条款与细则，请参阅 NH 条款与条件。

• **必须参加自费行程(RMB600/大人, 12 岁以下小孩 RMB500/人):**

o 川剧变脸 + 九寨沟舞晚会 + 卧龙神树坪熊猫基地(含电瓶车)

## 服务费

导游及司机服务费 – RMB330/人

如有领队服务费 – SGD\$55/人



Diexi Haizi Lake

## 01 Singapore ✈ Chengdu

Meals on Board

- Assemble at Singapore Changi Airport, take international flight to Chengdu.
- Check in Hotel.

*Accommodation: 5\* Holiday Inn Express Tianfu Airport Hotel or similar*

## 02 Chengdu - Jiuzhaigou (7-8H)

Breakfast, Lunch, Dinner

- **Xindu Manhua Manor (Flower season: Mar–Oct)**
- **Diexi Lake** - Situated in Maoxian County, Aba Tibetan and Qiang Autonomous Prefecture, it is where World Heritage Attraction – Jiuzhaigou and Huanglong's beautiful scenery lies
- **Songpan Ancient Town (Exterior)** - the town as a whole consists of both an inner city and outer city. Be impressed by the grand and ancient buildings in the town which are well preserved through the centuries
- head back to Jiuzhaigou's hotel for a good night rest.

*Accommodation: 5\* InterContinental Resort Jiuzhai Paradise or similar*

## 03 Jiuzhaigou

Breakfast, Lunch, Dinner

- **Board green-fuel car into World Natural Heritage – Jiuzhaigou**
  - o **Shuzheng Valley**, is the main ditch of Jiuzhaigou and the gate of the beautiful scenery of Jiuzhaigou. The whole ditch is 13.8 kilometers long
  - o **Rize Valley**, is 16 kilometers long. It is between Nuorilang Waterfall and virgin forest. It is the essence of Jiuzhaigou
  - o **Zezhawa Valley**, attractions at Jiuzhaigou Tourist Scenic Spot in Aba Tibetan and Qiang Autonomous Prefecture, Sichuan Province
- **After dinner, you can enjoy the Jiuzhaigou Song and Dance Party at your own expense.**

*Accommodation: 5\* InterContinental Resort Jiuzhai Paradise or similar*

## 04 Jiuzhaigou - Huanglong (1H) - Mao County (4H)

Breakfast, Lunch, Dinner

- **Proceed to Huanglong Scenic Area (Includes cable car ascent + shuttle bus; excludes cable car descent (RMB 40 per person).)** - is famous in the world as Colourful lakes, beach stream, snow mountains, valleys, temples and folk cultures

- **Next to Chuanzhu Temple Visiting Tibetan Village**

*\*\*Huanglong will be closed due to heavy snow from Nov to Mar next year, and will be replaced by Muni Valley)*

*Accommodation: Equivalent 5\* Jiudingshan International 5-star floor or similar*



Changping Valley



Kangding

## 05 Mao County - Mt. Siguniang (4H)

Breakfast, Lunch, Dinner

• **Wolong Panda Natural Reserve Museum** – Shenshuping Base to See “Fubao” - China Wolong Giant Panda Museum shows people the living environment, historical evolution, own characteristics and companion animals of giant pandas, and explains the mysteries of giant pandas in detail.

• Drive to Siguniang Mountain

*Accommodation: 5\* Mount Siguniang Yuntian Resort Hotel or similar*

## 06 Mt. Siguniang - Danba (2H)

Breakfast, Lunch, Dinner

• **Changping Valley** - Changpinggou is mainly an ecological tour. The beginning till the end of the Changpinggou is 29 kilometers long and covers an area of about 100 square kilometers. On this green promenade, there are 21 viewing points.

• **Shuangqiao Vally (sightseeing car included)** - It has an altitude of 3,840 meters. The sightseeing car allow you to travel more conveniently and quickly till the end the of the ditch.

*Accommodation: 5\* Meirengu Hotel or similar*

## 07 Danba - Kangding (2H) - Ya'an

Breakfast, Lunch, Dinner

• **Jiaju Tibetan Village** - Danba Tibetan Village refers to the Tibetan villages formed by the residents living in Danba County. In appearance, it has both the characteristics of a village house and the shape of a watchtower.

• **Kangding Scenic Area (sightseeing car included)** - The scenic spot is an important part of the Gongga Mountain National Scenic Spot, with an altitude of 2600-3780 meters. The scenic spot consists of highland lakes, virgin forests, hot springs, snow peaks, strange mountains and rocks and thousands of waterfalls up to 8 kilometers long, forming a beautiful and colorful landscape.

*Accommodation: 5\* Holiday Inn Express Ya'an or similar*

## 08 Ya'an - Leshan (3H) - Mt. Emei (1H)

Breakfast, Lunch, Dinner

• Drive to Mt. Leshan

• **Leshan Giant Buddha on boat**

• **Proceed to Mt Emei** - As one of the UNESCO Natural and Cultural Heritage, it is China's scenic attraction with 5A grading. Its main peak, Golden Summit standing at 3099 metres seemingly reaching the sky. You get to see group of monkeys along the way

*Accommodation: Equivalent 5\* Huasheng Zenquan Yashe Hotel or similar*

## 09 Mt. Emei

Breakfast, Lunch, Dinner

• **Continue to explore Mt Emei (Cable Car included)**

• **Golden Summit of Mt Emei**

• **Baoguo Temple**

*Accommodation: Equivalent 5\* Huasheng Zenquan Yashe Hotel or similar*



Golden Summit of Mt Emei



Chunxi Road

## 10 Mt. Emei - Chengdu (3H)

Breakfast, Dinner

• **Chuanchai Cuisine Museum** - A tourist card of Chengdu is an edible museum, the only themed museum in the world that displays cuisine culture.

• **Kuanzhai Alley** - the most significant emblem of Chengdu, teems with old Chengdu style and cultural spirit that remain alive. Complimentary Travel Photography.

• **Do your Shopping at the bustling Chunxi Road at Chengdu**

• **Free Panda House postcard: 1pc/person**

• **Sichuan Bian Lian Opera (at own expenses).**

*Accommodation: 5\* Four Points by Sheraton Chengdu, Chunxi Road*

## 11 Chengdu ✈ Singapore

Breakfast, Meals on Board

After breakfast, heading to the airport for your flight back to Singapore. We hope you enjoyed your trip.



Jiuzhaigou

## Notes

1. A minimum of 10 passengers is required for the tour to proceed. The appointment of a tour leader is subject to flight arrangements and other operational considerations.
2. Tour confirmation will be finalized no later than two (2) weeks before departure.
3. All group tours are conducted in Mandarin unless otherwise stated. In the event of any discrepancy between the English and Chinese itineraries, the **Chinese version shall prevail**.
4. Travellers must ensure that the full name provided matches exactly with the passport barcode, and that passports are valid for at least 6 months from the return date.
5. Travellers are strongly encouraged to purchase their own travel insurance prior to departure.
6. Travellers departing on different flights may be combined and operated as a single group upon arrival.
7. Group seating arrangements are assigned solely by the airline. Requests for specific seats are not guaranteed and are beyond our control.
8. The itinerary sequence, flight schedules, and hotel accommodations are subject to change without prior notice due to unforeseen circumstances.
9. Airport/port taxes, fuel surcharges, visa fees, and gratuities (for tour leader, overseas guide(s), and driver), compulsory tour and optional tour are not included in the tour fare. Visa requirements and gratuity amounts are the traveller's responsibility and should follow the provided guidelines.
10. Hotel/resort ratings are based on local standards. In the event that accommodation in the stated hotel is unavailable, it will be replaced by another hotel of similar standards. For Triple sharing, hotels in China will only provide an extra folding bed. An administrative fee may apply for special requests or additional services. For full booking details, please refer to NH Terms and Conditions.
11. The company shall not be liable for any loss arising from force majeure events, such as natural disasters, adverse weather conditions, or political issues occurring at the destination, nor shall it bear any responsibility for compensation or replacement. For full booking details, please refer to NH Terms and Conditions.

### • **Compulsory Tour (RMB600/ADT, 12 years and below RMB500/CHD):**

- o Sichuan Bian Lian Opera + Jiuzhaigou Song and Dance Show + Wolon Shenshuping Giant Panda Paradise (including Tram Car)

## Service Fees

Guide and driver - **RMB330** per person

Tour Leader (if any) – **SGD\$55** per person