

Tour code:CDLL08



★ 行程亮点

- 洱海生态廊道
- 理想邦-圣托里尼
- 大理古城-洋人街
- 沙溪古镇
- 丽江古城
- 香格里拉纳帕海
- 独克宗古城
- 松赞林寺、四方街
- 玉龙雪山景区冰川大索道
- 甘海子、白水河

NO SHOPPING
无购物

8天7晚 大理/丽江 香格里拉/巴拉格宗

8D7N DALI/LIJIANG/SHANGRI-LA/BALAGZON

🍴 餐食

7早餐 | 6午餐 | 7晚餐

特色餐：

彝族风味/砂锅鱼风味/沙溪风味/
纳西风味/峡谷风味/藏式风味/
土司宴/白族风味/雪厨小火锅

🏨 酒店住宿

- 景岸逸林酒店或凯里亚德酒店或同级 (2晚)
- 吉祥园酒店或祥和一号酒店或同级 (2晚)
- 蜀锦牧云酒店或同级 (2晚)
- 浩枫温德姆酒店或同级



Photos for illustration only



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01 新加坡✈大理

机上用餐 | 晚餐

- 集合于樟宜机场，搭乘客机飞往享有美誉的春城---昆明,后驱车前往楚雄。

酒店:景岸逸林酒店或凯里亚德酒店或同级

02 大理

早餐 | 午餐 | 晚餐

- **理想邦-圣托里尼(含上行电瓶车)(松云悬崖下午茶+50/人):**早餐后,前往中国的圣托里尼—理想邦,坐落在楚雄彝族自治州的云南高原,四周环绕着宛如画卷的山峦,令人感觉仿佛身处仙境。这里的建筑仿照地中海风格,白色的房屋与湛蓝的天空相映成趣,让大家在品味精致下午茶的同时,享受洱海湖畔的静谧美景。
- **自由旅拍-洱海生态廊道(不含电瓶车):**最后前往洱海生态廊道,是一个融合了湿地、湖光山色、古镇文化和自然探索的综合性景区。在这里,游客不仅可以欣赏到美丽的自然风光,还能深入了解云南大理地区独特的生态系统和丰富的文化传承。
- **大理古城-洋人街:**洋人街位于大理古城护国路,西起滇藏公路。在古城,大理洋人街原名“护国路”,意为民国初云南人民反对袁世凯称帝,起兵护国而得名。护国路东西走向,长1000米,宽7米,青石板铺面,西起滇藏公路,交博爱路,复兴路等主要街道。融合白族传统建筑与现代西方元素,是中外游客品味美食、休闲交流的文化聚集地。

酒店:景岸逸林酒店或凯里亚德酒店或同级

03 大理🚗沙溪古镇🚗丽江

早餐 | 午餐 | 晚餐

- **大理【喜洲民居-三道茶歌舞表演】沙溪古镇【寺登街-古戏台-玉津桥-兴教寺】:**沙溪古镇位于太仓市中部,是一座有着1300多年历史的江南水乡古镇。沙溪古镇区内保存着明清临水建筑和漫长的古街,古老的小巷,古朴的古桥及历史文化名人故居。
- **丽江:**丽江古城位于云南省丽江市古城区,是中国以整座古城申报世文化遗产获得成功的两座古城之一。古城没有城墙,主要由古街、古桥、木府、各种古建筑组成,体现了中国古代城市建设的成就,是中国民居中具有鲜明特色和风格的类型之一。古城内的街道依山傍水修建,以红色角砾岩铺就,有四方街、木府、五凤楼、黑龙潭、文昌宫、雪山书院、王家庄基督教堂、白马龙潭寺、净莲寺、普贤寺等景点。

酒店:吉祥园酒店或祥和一号酒店或同级



04 丽江🚗虎跳峡🚗香格里拉

早餐 | 午餐 | 晚餐

- **虎跳峡景区(可选择自费搭乘手扶梯):**虎跳峡景区,位于云南省迪庆藏族自治州香格里拉市虎跳峡镇,是最深的峡谷之一、中国最美十大峡谷之一。
- **香格里拉【纳帕海(不含骑马)】:**云南纳帕海省级自然保护区主要保护对象为黑颈鹤、黑鹳、灰鹤等国家I、II级重点保护鸟类、越冬水鸟及亚高山湿地生态系统。
- **独克宗古城:**作为茶马古道上最古老的城堡,就这样以它独特的地理位置,以及一座古城所历经的沧桑满怀,是中国保存得最好、最大的藏民居群古城,具有1300多年历史。
- **龟山公园-世界第一大转经筒:**已被载入吉尼斯纪录,转经筒高21米,总重达60吨,是世界上最大最重的镏金纯铜转经筒。转经筒筒身为纯铜镀金,筒壁上高浮雕文殊,普贤,观音,地藏四大菩萨。

酒店:蜀锦牧云酒店或同级

05 香格里拉

早餐 | 午餐 | 晚餐

- **香格里拉巴拉格宗景区、巴拉村(含景区环保车):**巴拉格宗位于云南省迪庆藏族自治州香格里拉西北部的尼西乡境内,总面积为276平方千米。地处滇川藏交界处,是“三江并流”世界自然遗产红山片区的核心景区之一。巴拉格宗集雪山、峡谷、冰川、河流、高原湖泊、原始森林于一体。区内最高海拔巴拉格宗雪山是香格里拉县第一高峰,海拔5626米,海拔最低点是与四川省接壤处的水庄,河谷平均海拔约2650米,年平均温度约14.8摄氏度,属北亚热带气候。
- **巴拉格宗大峡谷(不含漂流):**巴拉格宗集雪山、峡谷、冰川、河流、高原湖泊、原始森林于一体。区内最高海拔巴拉格宗雪山是香格里拉县第一高峰,海拔5626米,海拔最低点是与四川省接壤处的水庄,河谷平均海拔约2650米,年平均温度约14.8摄氏度,属北亚热带气候。远观格宗神山、千年菩提神树、回音壁-高空玻璃观景台。

酒店:蜀锦牧云酒店或同级



06 香格里拉 丽江

早餐 | 午餐 | 晚餐

- **松赞林寺+景区环保车：**松赞林寺是云南省规模最大的藏传佛教寺院，也是康区有名的大寺院之一，还是滇滇一带的黄教中心，在整个藏区都有着举足轻重的地位，被誉为“小布达拉宫”。该寺依山而建，外形犹如一座古堡，集藏族造型艺术之大成，又有“藏族艺术博物馆”之称。
- **丽江古城-四方街：**四方街，位于丽江古城中心，交通四通八达，周围小巷通幽，据说是明代木氏土司按其印玺形状而建。这里是茶马古道上最重要的枢纽站。

酒店：吉祥园酒店或祥和一号酒店或同级

07 丽江 大理

早餐 | 午餐 | 晚餐

- **玉龙雪山景区冰川大索道：**玉龙雪山大索道从丽江古城北行约35公里，从甘海子雪山庄西行约5公里。便来到了雪山脚下的下部站，这里是雪山大索道的起点站，一片茂密的原始森林，这里海拔3356米，索道由此往上运行，直至雪山主峰扇子陡正下方的上部站，那里海拔4506米。索道全长2914米，垂直高差1150米，是我国海拔最高的旅游客运索道之一。
- **甘海子、白水河：**甘海子位于丽江市玉龙雪山脚下，是一个天然草甸牧场，地势平缓起伏，辽阔的草甸上散落着一棵棵低矮的松树，你脚下是延绵的草场，草木掩映，不时眼前还有牦牛走过，一派高原牧场风光。衬着雪山远景，这里是观景拍照的理想之地。住在甘海子附近山涧的藏、彝、纳西族牧民们都要带上毡篷，骑着高头大马，驱赶着牦牛、羊群、黄牛，到草甸放牧。从干海子草甸到4500米的雪线，可以看到各

- 种各样的花草树木，兰花、野生牡丹、雪莲，品种繁多；高大乔木有云南松、雪松、冷杉、刺栗、麻栗等等。白水河是一条由玉龙雪山融化的冰川雪水汇成的河流，沿着山谷层叠跌宕而下，水清澈墨绿，因河床由沉积的石灰石碎块组成，呈灰白色，清泉流过，远看就象一条白色的河，因此而得名。

- **蓝月谷+电瓶车：**蓝月谷是丽江玉龙雪山冰川的万古冰雪消融之后顺着峭壁流淌而下，不断汇集为山涧、溪流，最终在上游深谷之中形成了清澈见底、甘冽无比的河流。晚上观看**印象丽江秀**。

酒店：浩枫温德姆酒店或同级

08 大理 新加坡

早餐

- 乘坐客机，返回家园。

导游和司机小费：RMB ¥ 30 每天/每人

备注：

- 全程都以华文讲解。
- 行程次序或会因宗教活动、未曾预见的气候状况有所变动，如有任何改动恕不另行通知。
- 如遇不可预计的气候问题造成航班延误或取消，客人需自己承担因航班延误/取消而产生的所有而外费用。
- 当地旅行社有权视当地的情况更改行程顺序，酒店住宿或膳食。房型是根据酒店的分配本公司不负责所分配型的房型差异。任何叁人房都以折叠式加床为标准。
- 所有订单都以旅游行程宣传册的附带条件和条款为标准。
- 重大活动期间，住店地点可能无法在上述城市内。
- 所有航班如有更改，恕不另行通知。
- 若中英文行程版本出现不符之处，将以华文版本为依据。
- 本公司将不承担任何有危险性活动的责任及风险，因此本公司建议您购买旅游保险，为您的旅游做个保障。

01 SINGAPORE✈️DALI

Meal on board | Dinner

- Gather at Changi Airport, take a flight to Kunming, the city of spring, and then drive to Chuxiong.
Hotel: Jing'an Yilin Hotel or Kyriad Hotel or similar

02 DALI

Breakfast | Lunch | Dinner

- **Ideal Gang-Santorini (including battery car for going up) (Songyun Cliff Afternoon Tea + 50/person):** After breakfast, go to China's Santorini, an ideal country, located on the Yunnan Plateau in Chuxiong Yi Autonomous Prefecture, surrounded by mountains like a picture scroll, making people feel as if they are in a fairyland.
- **Free travel photography, Erhai Ecological Corridor (excluding battery car):** Finally, go to the Erhai Ecological Corridor, which is a comprehensive scenic spot that integrates wetlands, lakes and mountains, ancient town culture and natural exploration.
- **Dali Ancient City-Foreigner Street:** Foreigner Street is located on Huguo Road in Dali Ancient City, starting from the Yunnan-Tibet Highway in the west. In the ancient city, Dali Foreigner Street was originally named "Huguo Road", which means that the people of Yunnan opposed Yuan Shikai's enthronement in the early Republic of China and rose up to protect the country.
Hotel: Jing'an Yilin Hotel or Kyriad Hotel or similar

03 DALI🚌SHAXI ANCIENT TOWN🚌LIJIANG

Breakfast | Lunch | Dinner

- **Dali [Xizhou Folk Houses-Three Tea Song and Dance Performance] Shaxi Ancient Town [Si Deng Street-Ancient Stage-Yujin Bridge-Xingjiao Temple]:** Shaxi Ancient Town is located in the central part of Taicang City. It is an ancient water town in the south of the Yangtze River with a history of more than 1,300 years. The Shaxi Ancient Town area preserves Ming and Qing Dynasty waterfront buildings and long ancient streets, ancient alleys, quaint ancient bridges and former residences of historical and cultural celebrities.
- **Lijiang:** Lijiang Ancient Town is located in the Old Town District of Lijiang City, Yunnan Province. It is one of the two ancient cities in China that have successfully applied for World Cultural Heritage as a whole. The ancient city has no city walls.
Hotel: Jixiangyuan Hotel or Xianghe No. 1 Hotel or similar 5★

04 LIJIANG🚌TIGER LEAPING GORGE🚌SHANGRI-LA

Breakfast | Lunch | Dinner

- **Tiger Leaping Gorge Scenic Area (you can choose to take the escalator at your own expense):** Tiger Leaping Gorge Scenic Area, located in Tiger Leaping Gorge Town, Shangri-La City, Diqing Tibetan Autonomous Prefecture, Yunnan Province, is one of the deepest canyons in the world and one of the ten most beautiful canyons in China.
- **Shangri-La [Napahai (excluding horse riding)]:** The main protected objects of the Yunnan Napahai Provincial Nature Reserve are black-necked cranes, black storks, gray cranes and other national I and II level key protected birds, wintering water birds and subalpine wetland ecosystems.
- **Dukezong Ancient City:** As the oldest castle on the Ancient Tea Horse Road, it is the best preserved and largest ancient city of Tibetan settlements in China with its unique geographical location and the vicissitudes of an ancient city, with a history of more than 1,300 years.
- **Guishan Park-The World's Largest Prayer Wheel:** It has been recorded in the Guinness Book of Records. The prayer wheel is 21 meters high and weighs 60 tons. It is the largest and heaviest gold-plated pure copper prayer wheel in the world.
Hotel: Shujin Muyun Hotel or similar 5★

05 SHANGRI-LA

Breakfast | Lunch | Dinner

- **Shangri-La Bala Gezong Scenic Area, Bala Village (including scenic area eco-friendly vehicles):** Bala Gezong is located in Nixi Township in the northwest of Shangri-La, Diqing Tibetan Autonomous Prefecture, Yunnan Province, with a total area of 276 square kilometers.
- **Balazong Grand Canyon (excluding rafting):** Bala Gezong integrates snow-capped mountains, canyons, glaciers, rivers, plateau lakes and virgin forests. The highest altitude in the area, Bala Gezong Snow Mountain, is the highest peak in Shangri-La County, with an altitude of 5,626 meters.
Hotel: Shujin Muyun Hotel or similar 5★

06 SHANGRI-LA🚌LIJIANG

Breakfast | Lunch | Dinner

- **Songzanlin Temple + Scenic Area Eco-friendly Car:** Songzanlin Temple is the largest Tibetan Buddhist temple in Yunnan Province, one of the famous large temples in Kang region, and the Yellow Sect Center in Sichuan and Yunnan.
- **Lijiang Ancient Town - Sifang Street:** Sifang Street, located in the center of Lijiang Ancient Town, has convenient transportation and secluded alleys. It is said that it was built by the chieftain of the Mu family in the Ming Dynasty according to the shape of his seal.
Hotel: Jixiangyuan Hotel or Xianghe No. 1 Hotel or similar 5★

07 LIJIANG🚌DALI

Breakfast | Lunch | Dinner

- **Glacier Cableway in Jade Dragon Snow Mountain Scenic Area:** The Jade Dragon Snow Mountain Cableway runs about 35 kilometers north from Lijiang Ancient Town and about 5 kilometers west from Ganhaizi Snow Mountain Villa. You will arrive at the lower station at the foot of the snow mountain, which is the starting station of the Snow Mountain Cableway.
- **Ganhaizi, Baishui River:** Ganhaizi is located at the foot of Jade Dragon Snow Mountain in Lijiang City. It is a natural meadow pasture with gently undulating terrain. There are low pine trees scattered on the vast meadow. There is a long grassland under your feet, shaded by grass and trees, and yaks pass by from time to time. Baishui River is a river formed by the glacier and snow water melted from Yulong Snow Mountain. It cascades down the valley. The water is clear and dark green.
- **Blue Moon Valley + Battery Car:** Blue Moon Valley is the eternal ice and snow of the glacier of Yulong Snow Mountain in Lijiang that flows down the cliffs after melting, constantly gathering into mountain streams and streams, and finally forming a clear and sweet river in the deep valley upstream. Watch the Impression Lijiang Show at night.
Hotel: Grandview Wyndham Hotel or similar

08 DALI✈️SINGAPORE

Breakfast

- Take a flight and back home.

Guide & Driver Services Fee: RMB ¥30/day/pax

Notes:

- All explanations will be in Chinese.
- The itinerary sequence may be changed due to religious activities or unforeseen weather conditions. Any changes will be made without prior notice.
- In the event of flight delays or cancellations due to unforeseen weather conditions, guests will be responsible for all additional expenses incurred due to flight delays/cancellations.
- The local travel agency has the right to change the itinerary sequence, hotel accommodation or meals according to local conditions. Room types are allocated according to the hotel, and the company is not responsible for the difference in room types allocated. Any triple room is based on a folding extra bed.
- All orders are subject to the terms and conditions of the tour brochure.
- During major events, accommodation may not be available in the above cities.
- All flights are subject to change without prior notice.
- In the event of any discrepancy between the Chinese and English versions of the itinerary, the Chinese version will be used as the basis.
- The company will not assume any responsibility or risk for any dangerous activities. Therefore, our company recommends that you purchase travel insurance to protect your travel.