

Tour code: CDCT11



## ★ 行程亮点

- **亚丁风景区**  
壮高山湖泊和雪山景观，被称为最后的香格里拉
- **卧龙大熊猫保护区**  
熊猫之乡
- **新都桥**  
摄影天堂，拥有迷人的光影效果和绮丽的自然景观
- **双桥沟**  
交织的溪流、雄伟的山峰和茂密的森林
- **甲居藏寨**  
被誉为“中国最美乡村”
- **塔公草原**  
辽阔的草原和壮丽的雪山景观，绝佳摄影地点

## 🎁 额外特色

- 熊猫邮局
- 川剧变脸秀VIP表演
- 花海乐园
- 藏族家访

## 🍴 餐食

9早餐 | 9午餐 | 9晚餐

### 特色餐：

康定风味/中式合菜/景区合菜/  
成都小吃/松茸炖鸡/皇帝药膳/  
大妙网红火锅

## 🏨 酒店住宿

- 4★/5★ 酒店或同级

## 🎁 附加赠送

- 登山拐杖
- 熊猫挂件

# 11天10晚 稻城亚丁逍遥游

## 11D10N DAOCHENG YADING

两次进入  
稻城亚丁

NO  
SHOPPING  
无购物

NO  
COMPULSORY  
TOUR  
无自费



\*Photos for illustration only



☎ 6587 0058 / 6533 2198

📞 8856 5111

✉ ask@travel21.com.sg

(TA01114)

Main Office: 101 Upper Cross Street, B1-12 | 17A, People's Park Centre, Singapore 058357

Branch Office: 1 Park Road, #02-04, People's Park Complex, Singapore 059108



# 01 新加坡✈️成都

机上用餐

- 齐集新加坡樟宜国际机场，乘搭国际航班直飞成都（天府机场）。抵达后接机，前往酒店办理入住手续。

酒店：天府国际酒店或天府临空智选酒店或同级

# 02 成都🚗新都桥

早餐 | 午餐 | 晚餐

- **情歌故乡康定古城**:经雅康高速前往康定古城，体验康巴地区的独特风情。
- **折多山**:翻越被誉为“康巴第一关的折多山，沿途欣赏壮丽的山景和辽阔的草原。
- **木雅圣地**:以其神圣的自然景观和文化背景著称，可在此感受大自然的宁静与庄严。随后，继续前往摄影天堂新都桥，著名的风景摄影胜地，拥有迷人的光影效果和绮丽的自然景观。

酒店：5★ 新都桥唐古特酒店或同级



# 03 新都桥🚗日瓦

早餐 | 午餐 | 晚餐

- **康南佛教圣地-长青春科尔寺**:清晨从新都桥出发，沿途欣赏高原风光。抵达康南佛教圣地-长青春科尔寺（康区第一大格鲁派寺庙），这座寺庙以其宏伟的建筑和悠久的佛教历史而著称。
- **丁真故里-理塘**:高原上的城镇，以其美丽的自然景观闻名。
- **世界第一高城-千户藏寨勒通古镇**:探访千户藏寨勒通古镇，充满了藏族传统文化和独特的建筑风格。
- **海子山古冰川遗址**:随后游览海子山古冰川遗址，这里保存着远古冰川的痕迹，风景壮丽。

酒店：准5★ 智选假日酒店套房酒店或同级



# 04 亚丁景区

早餐 | 午餐 | 晚餐

- **亚丁风景区**:我们将探索壮美的亚丁风景区。首先参观冲古寺，这座古老的寺庙坐落在青山绿水之间，静谧而神圣。
- **洛绒牛场**:穿越辽阔的草原，四周环绕着连绵的大山和碧蓝的天空，景色如诗如画。之后步行前往著名的牛奶海。这个高山湖泊坐落在海拔4700米处，湖水呈现出迷人的乳白色，四周被巍峨的大山环抱，宛如仙境（请根据自身情况量力而行）。（含电瓶车，含环保车）

酒店：4★ 明珠大酒店或同级

# 05 二进亚丁景区/稻城

早餐 | 午餐 | 晚餐

- **亚丁景区**:再次进入壮美的亚丁景区，首先参观冲古寺，感受其静谧与神圣。
- **珍珠海**:步行前往珍珠海，湖水清澈，四周群山环绕，
- **三怙主雪山**:远处可见三怙主雪山的壮丽景象。下午驱车前往稻城，入住酒店。

酒店：4★ 稻城旺吉酒店或同级

# 06 稻城🚗新都桥

早餐 | 午餐 | 晚餐

- **贡嘎朗吉岭寺**:这座寺庙建于清朝康熙年间，是藏传佛教宁玛派的重要寺庙之一，具有深厚的历史和文化背景。
- **傍河风景区红草地保护区**:每到秋季，这里的红草地如同一片火红的地毯，十分壮观。
- **尊胜塔林（白塔）**:这是一座规模宏大的藏传佛教建筑群，白塔矗立在蓝天白云下，象征着纯洁与神圣。
- **新都桥**:驱车前往被誉为“摄影天堂”的新都桥，这里的观景台可以俯瞰整个新都桥地区的美丽景色，光影效果尤为迷人。

酒店：准5★ 新都桥唐古特酒店或同级

# 07 新都桥🚗八美🚗丹巴

早餐 | 午餐 | 晚餐

- **塔公寺**:这座古老的寺庙是藏传佛教萨迦派的重要圣地。
- **塔公草原**:这里以其辽阔的草原和壮丽的雪山景观著称，是绝佳的摄影地点。
- **墨石公园**:随后前往网红打卡胜地墨石公园，这是一个宛如异域星球的奇异景观，**龙岭石窟**的取景地。（含电瓶车）

酒店：4★ 丹巴美人谷酒店或丹巴澜峰酒店或同级

## 08 丹巴 四姑娘山

早餐 | 午餐 | 晚餐

- **甲居藏寨:**从丹巴出发, 前往被誉为“中国最美乡村”的甲居藏寨, 在这里进行家访, 体验当地藏族家庭的日常生活。
- **双桥沟:**这是一条全长34.8公里的美丽山谷, 以其交织的溪流、雄伟的山峰、茂密的森林和宁静的景色而闻名。(含环保车)

酒店: 4★ 四姑娘山金林宾馆或同级



## 09 四姑娘山 成都

早餐 | 午餐 | 晚餐

- **长坪沟:**这是一条美丽的山谷, 以其壮丽的自然景观和丰富的动植物资源而著称。
- **卧龙大熊猫保护区:**这里被誉为“熊猫之乡”, 可看到网红熊猫韩国福宝和小奇迹, 近距离观赏这些可爱的国宝。
- **川剧变脸秀:**下午返回成都, 晚上可以欣赏川剧变脸秀VIP表演, 体验传统的四川文化。

酒店: (国际品牌)成都总府皇冠假日或温江皇冠假日酒店或渝江皇冠假日酒店同级

## 10 成都

午餐 | 晚餐 网红火锅

- **新都漫花庄园:**前往新都漫花庄园, 欣赏花海乐园。
- **宽窄巷子:**参观宽窄巷子, 体验成都的历史文化。
- **熊猫邮局:**前往熊猫邮局, 寄送熊猫明信片。
- **IFS太古里:**在IFS太古里自由活动, 购物和打卡网红地标。

酒店: (国际品牌)成都总府皇冠假日或温江皇冠假日酒店或渝江皇冠假日酒店同级

## 11 成都 新加坡

早餐

- 酒店享用早餐后, 前往成都天府机场, 办理登机手续, 返回新加坡。感谢您参与此次旅行, 期待未来再次与您同行。



导游和司机小费: RMB ¥ 30 每天/每人

### 备注:

- 全程都以华文讲解。
- 行程次序或会因宗教活动、未曾预见的气候状况有所更动, 如有任何改动恕不另行通知。
- 如遇不可预计的气候问题造成航班延误或取消, 客人需自己承担因航班延误/取消而产生的所有而外费用。
- 当地旅行社有权视当地的情况更改行程顺序, 酒店住宿或膳食。房型是根据酒店的分配本公司不负责所分配型的房型差异。任何叁人房都以折叠式加床为标准。
- 所有订单都以旅游行程宣传册的附带条件和条款为标准。
- 重大活动期间, 住店地点可能无法在上述城市内。
- 所有航班如有更改, 恕不另行通知。
- 若中英文行程版本出现不符之处, 将以华文版本为依据。
- 本公司将不承担任何有危险性活动的责任及风险, 因此本公司建议您购买旅游保险, 为您的旅游做个保障。

# 01 SINGAPORE ✈️ CHENGDU

In-flight meal

- Gather at Singapore Changi International Airport to Chengdu (Tianfu Airport). Upon arrival, transfer to the hotel for check-in.  
Hotel: [Tianfu International Hotel](#) or [Holiday Inn Express Tianfu Airport Zone](#) or similar

# 02 CHENGDU 🚌 XINDUQIAO

Breakfast | Lunch | Dinner

- **Kangding Ancient City:** Travel via Yakang Expressway to Kangding Ancient City, experiencing the unique charm of the Kham region.
- **Zheduo Mountain:** Cross Zheduo Mountain, known as the "First Pass of Kham," with stunning mountain and grassland views along the way.
- **Muya Holy Land:** Visit Muya Holy Land, renowned for its sacred natural scenery and cultural significance.
- **Xinduqiao:** Continue to Xinduqiao, a famous photography paradise with enchanting light and scenic landscapes.  
Hotel: [5★ Xinduqiao Tanggu Hotel](#) or similar

# 03 XINDUQIAO 🚌 RIWA

Breakfast | Lunch | Dinner

- **Southern Kham Buddhist Holy Land - Changchun Temple:** Depart from Xinduqiao, enjoying plateau scenery. Visit Southern Kham Buddhist Holy Land - Changchun Temple, known for its architecture and Buddhist history.
- **Litang, the hometown of Ding Zhen:** Proceed to Litang, the hometown of Ding Zhen, famous for natural scenery and culture.
- **World's highest city - Letong Ancient Town:** Explore world's highest city - Letong Ancient Town, rich in Tibetan culture.
- **Haizi Mountain Ancient Glacier Ruins:** Visit Haizi Mountain Ancient Glacier Ruins, with preserved glacier traces. Arrive in Riwa and check into the hotel.  
Hotel: [5★ Holiday Inn Express Suites](#) or similar

# 04 YADING SCENIC AREA

Breakfast | Lunch | Dinner

- **Yading Scenic Area:** Explore the magnificent Yading Scenic Area.
- **Chonggu Monastery:** Visit Chonggu Monastery, nestled among lush mountains and serene waters.
- **Lurong Pasture:** Proceed to Lurong Pasture, surrounded by majestic mountains and clear blue sky.
- **Milk Lake:** Hike to Milk Lake, an alpine lake at 4700 meters altitude, with milky white waters and majestic snow peaks or mountains (please proceed according to your ability). (Includes electric car and eco-friendly bus)  
Hotel: [5★ Holiday Inn Express Suites](#) or similar

# 05 REVISIT YADING SCENIC AREA/ DAOCHENG

Breakfast | Lunch | Dinner

- **Yading Scenic Area:** Revisit the magnificent Yading Scenic Area.
- **Chonggu Monastery:** First, visit Chonggu Monastery, feeling its tranquility and beauty.
- **Pearl Lake+Three Holy Mountains:** Then walk to Pearl Lake, where clear waters are surrounded by mountains, and admire the distant view of the majestic Three Holy Mountains. In the afternoon, drive to Daocheng and check into the hotel.  
Hotel: [Quasi 4★ Daocheng Wangji Hotel](#) or similar

# 06 DAOCHENG 🚌 XINDUQIAO

Breakfast | Lunch | Dinner

- **Gongga Langjiling Monastery:** Depart from Daocheng and visit Gongga Langjiling Monastery, an important Nyingma monastery built during the Qing Dynasty.
- **Banghe Scenic Area Red Grassland Reserve:** Continue to the Banghe Scenic Area Red Grassland Reserve, where the grass turns vivid red in autumn.
- **Zunsheng White Tower Forest:** Explore the Zunsheng White Tower Forest, a grand Tibetan Buddhist complex.
- **Xinduqiao:** Finally, head to Xinduqiao, the "**Photographer's Paradise**", for stunning panoramic views.  
Hotel: [Quasi 5★ Xinduqiao Tanggu Hotel](#) or similar

# 07 XINDUQIAO 🚌 BAMEI 🚌 DANBA

Breakfast | Lunch | Dinner

- **Tagong Monastery + Sakya monastery:** Visit Tagong Monastery, an important Sakya monastery.
- **Tagong Grassland:** Then, explore the Tagong Grassland, known for its vast plains and stunning snow-capped mountains, making it a perfect spot for photography.
- **Moxi Park:** Next, visit the Moxi Park, featuring otherworldly landscapes and a filming location for Dragon Ridge Grottoes. (Includes electric car)  
Hotel: [Quasi 4★ Danba Beauty Valley Hotel](#) or [Danba Lanfeng Hotel](#) or similar

# 08 DANBA 🚌 SIGUNIANG MOUNTAIN

Breakfast | Lunch | Dinner

- **Jiaju Tibetan Village:** Visit Jiaju Tibetan Village, known as "**China's Most Beautiful Village**". Enjoy a home visit to experience the daily life of **local Tibetan families**.
- **Shuangqiao Valley:** Then, head to Shuangqiao Valley, a 34.8 km long scenic valley famed for its intertwining streams, majestic peaks, dense forests, and serene landscapes. (Includes eco-friendly bus)  
Hotel: [Quasi 4★ : Siguniang Mountain Jinlin Hotel](#) or similar

# 09 SIGUNIANG MOUNTAIN 🚌 CHENGDU

Breakfast | Lunch | Dinner

- **Changping Valley:** Depart from the hotel in the morning and visit Changping Valley, a beautiful valley renowned for its stunning natural scenery and rich biodiversity.
- **Wolong Giant Panda Nature Reserve:** Then, proceed to Wolong Giant Panda Nature Reserve, known as the "**Hometown of Pandas**", where you can see the famous pandas Hehua and Little Miracle up close.
- **VIP Sichuan Opera Face-Changing Show:** In the afternoon, return to Chengdu. In the evening, enjoy the VIP Sichuan Opera Face-Changing Show, experiencing traditional Sichuan culture.  
Hotel: [International Crowne Plaza Chengdu City Center](#), [Crowne Plaza Chengdu Wenjiang](#), or [Crowne Plaza Chengdu Wuhou](#)

# 10 CHENGDU

Lunch | Dinner- Famous Daimiao Hotpot

- **Xindu Flower Manor:** Visit Xindu Flower Manor for the sea of flowers. **Jiaju**
- **Kuanzhai Alley:** Then, explore Kuanzhai Alley to experience Chengdu's history and culture.
- **Panda Post Office:** Head to the Panda Post Office to send panda postcards.
- **IFS Taikoo Li:** Enjoy free time at IFS Taikoo Li in the afternoon for shopping and sightseeing.  
Hotel: [International Crowne Plaza Chengdu City Center](#), [Crowne Plaza Chengdu Wenjiang](#), or [Crowne Plaza Chengdu Wuhou](#)

# 11 CHENGDU ✈️ SINGAPORE

Breakfast

- After breakfast at the hotel, go to Chengdu Tianfu Airport, check in, and return to Singapore. Thank you for participating in this trip and we look forward to traveling with you again in the future.

Guide & Driver Services Fee: RMB ¥30/day/pax

## Notes:

- All explanations will be in Chinese.
- The itinerary sequence may be changed due to religious activities or unforeseen weather conditions. Any changes will be made without prior notice.
- In the event of flight delays or cancellations due to unforeseen weather conditions, guests will be responsible for all additional expenses incurred due to flight delays/cancellations.
- The local travel agency has the right to change the itinerary sequence, hotel accommodation or meals according to local conditions. Room types are allocated according to the hotel, and the company is not responsible for the difference in room types allocated. Any triple room is based on a folding extra bed.
- All orders are subject to the terms and conditions of the tour brochure.
- During major events, accommodation may not be available in the above cities.
- All flights are subject to change without prior notice.
- In the event of any discrepancy between the Chinese and English versions of the itinerary, the Chinese version will be used as the basis.
- The company will not assume any responsibility or risk for any dangerous activities. Therefore, our company recommends that you purchase travel insurance to protect your travel.