

Tour code: CJZG08



## ★ 行程亮点

- **乐山大佛**  
71 米高的大佛
- **九寨沟**  
十大标志性景点
- **峨眉山**  
中国四大佛教圣山之一
- **牟尼沟、诺日朗瀑布**
- **宽窄巷子、春熙路太古里**

## 🍽️ 餐食

7早餐 | 4午餐 | 5晚餐

### 特色餐:

羌族风味 / 藏式养生宴 / 藏式迎宾宴 /  
乐山风味 / 峨眉山风味 / 鸳鸯火锅

## 🏨 酒店住宿

- AC万豪酒店或同级5★(3晚)
- 天源豪生酒店或同级5★(2晚)
- 都江堰喆啡酒店或同级4★
- 峨眉山花园城酒店或同级4★

**NO SHOPPING**  
无购物

**ONE-WAY HIGH-SPEED RAIL**  
单程高铁

# 8天7晚 九寨沟超值游

8D7N JIUZHAIGOU VALUE TOUR



\*Photos for illustration only



☎ 6587 0058 / 6533 2198

📞 8856 5111

✉ ask@travel21.com.sg

(TA01114)

Main Office: 101 Upper Cross Street, B1-12 | 17A, People's Park Centre, Singapore 058357

Branch Office: 1 Park Road, #02-04, People's Park Complex, Singapore 059108



# 01 新加坡✈️成都

机上用餐

- 搭机前往成都，抵达接机，入住酒店。  
酒店:AC万豪酒店或同级5★

# 02 成都🚗/🚝九寨沟

早餐 | 午餐 | 晚餐

- 游览**叠溪海子**：湖水碧绿清澈，湖底依稀可见被淹没的古城遗迹，是地质灾害与自然美景结合的奇特景观。这里不仅有震撼的自然地貌，还有深厚的历史文化背景。
- **松潘古城（不上城楼）**：位于四川省阿坝州松潘县，是一座具有悠久历史和浓厚民族风情的古镇，自唐代以来便是川、甘、青三地的重要军事和商贸枢纽。古城拥有保存较为完整的明代城墙，融合了汉、藏、羌等多民族文化，是前往九寨沟的重要门户之一，也是了解藏羌文化的绝佳地点。

酒店:天源豪生酒店或同级5★



# 03 九寨沟

早餐 | 晚餐

- **九寨沟风景区（含公共环保车）**：九寨沟位于四川省阿坝藏族羌族自治州，是中国著名的自然风景保护区，以梦幻般的高山湖泊、瀑布群、五彩森林和丰富的藏羌文化闻名于世。因沟内分布有九个藏族村寨而得名“九寨沟”，被誉为“人间仙境”“童话世界”，是世界自然遗产地。
- **诺日朗瀑布、树正群海、镜海**：诺日朗瀑布是九寨沟最宽、最具代表性的瀑布，高约20米，宽达320米，水流倾泻而下，气势磅礴。四季景色各异，尤以秋冬最为壮观，是九寨沟的标志性景观之一。树正群海由十多个大小不一的湖泊组成，层层叠叠，错落有致，湖水碧蓝清澈，倒映雪山和森林，沿湖还有藏族村寨点缀其间，是九寨沟人文与自然景观结合的代表。镜海以水面如镜著称，是九寨沟最具“倒影”美感的湖泊。晴天时，山川、树木、蓝天、白云都清晰倒映在湖面上，宛如仙境。

酒店:天源豪生酒店或同级5★



# 04 九寨沟🚗都江堰

早餐 | 午餐 | 晚餐

- **传统藏寨**：传统藏寨坐落于川西高原地区，是藏族人民世代居住的村落，具有浓厚的民族风情和独特的高原建筑风格。寨中多为石木结构的藏式民居，屋顶平坦、色彩鲜明，墙体绘有宗教图案或经文，充分体现藏传佛教文化。游客在这里可以体验藏族的传统生活方式，欣赏民族歌舞、品尝青稞酒和酥油茶，感受原汁原味的藏族风情。
- **牟尼沟景区**：是黄龙风景区的重要组成部分，以原始森林、钙化彩池、瀑布群和藏族文化闻名。景区主要包括扎嘎瀑布和二道海两大核心景点。扎嘎瀑布是中国落差最大的钙化瀑布，气势恢宏；二道海湖泊群则以碧蓝清澈、倒影如画著称。这里自然生态保存完好，是集地质奇观与民族风情于一体的高原秘境。
- **都江堰**：是世界上最古老、至今仍在使用的无坝引水工程，建于公元前三世纪秦昭王时期，由李冰父子主持修建。该工程巧妙利用自然地势进行分水与排沙，至今仍发挥着防洪、灌溉、供水等功能。都江堰不仅是中国古代水利工程的杰作，也体现了“天人合一”的生态智慧，被列为世界文化遗产。
- **仰天窝自拍熊猫塑像**：雕塑以仰卧姿态“抱着”一部巨型手机自拍，灵感来源于2005年一只大熊猫闯入都江堰市区的真实事件。这件作品充满趣味与现代性，象征着都江堰“熊猫之都”的城市文化新地标，同时也为游客提供了热门的打卡互动体验。

酒店:都江堰喆啡酒店或同级4★

# 05 都江堰🚗峨眉山

早餐 | 午餐 | 晚餐

- 早餐后，前往**都江堰大熊猫基地（自费环保车）**：都江堰大熊猫基地（又称“熊猫谷”）是中国大熊猫保护研究中心的四大核心基地之一，位于四川省都江堰市玉堂镇马家沟，毗邻世界文化遗产——都江堰水利工程和青城山。基地占地约2004亩，地理环境优越，竹木成荫、溪流潺潺，是天然的大熊猫野化放归基地。
- **峨眉山非遗文化遗产馆**：是一座专注于展示和传承峨眉山地区非物质文化遗产的综合性文化场馆。峨眉山作为中国四大佛教名山之一，拥有丰富的历史文化和宗教传统。非遗文化遗产馆的建立旨在保护和弘扬峨眉山独特的传统文化，促进文化交流与研究。

酒店:峨眉山花园城酒店或同级4★



# 06 峨眉山 成都

早餐 | 午餐 | 晚餐

- **报国寺**：是峨眉山佛教活动的门户寺院，也是游客进入峨眉山的第一座重要寺庙。该寺始建于明代万历年间（公元16世纪），原名“会宗堂”，后因取“报效国家、弘扬佛法”之意而改名为“报国寺”。
- **伏虎寺**：伏虎寺位于四川省乐山市峨眉山风景区内，距离报国寺不远，始建于唐代，原名“弘慧寺”，明代重建后更名为“伏虎寺”。相传寺中高僧修行有道，曾以佛法感化猛虎，故得此名，意为“佛力伏虎”。
- **乐山大佛（游船）**：乐山大佛位于中国四川省乐山市南岷江、青衣江和大渡河三江汇流处的凌云山上，是世界上最大的石刻弥勒佛像。佛像依山而凿，面朝江水，气势宏伟，被誉为“山是一尊佛，佛是一座山”。
- **宽窄巷子、春熙路、太古里**：是成都著名的历史文化街区，由“宽巷子”、“窄巷子”、“井巷子”三条平行的古街组成，始建于清朝康熙年间。这里保留了大量川西民居风貌，是成都古老生活形态的缩影。春熙路是成都最繁华的商业步行街之一，位于市中心锦江区，始建于1924年。它被誉为“成都的中轴商业心脏”，云集了大量国内外品牌商店、百货商场、购物中心、美食街等。成都远洋太古里是一座开放式低密度高端商业区，位于春熙路商圈核心地段，以“传统与现代融合”的建筑风格著称。项目融合了现代建筑与川西民居元素，与大慈寺古刹毗邻，打造出独特的“街区+院落”式体验空间。

酒店:AC万豪酒店或同级5★



诺日朗瀑布

# 07 成都

早餐

- 全天自由活动。

酒店:AC万豪酒店或同级5★



宽窄巷子

# 08 成都 新加坡

机上用餐

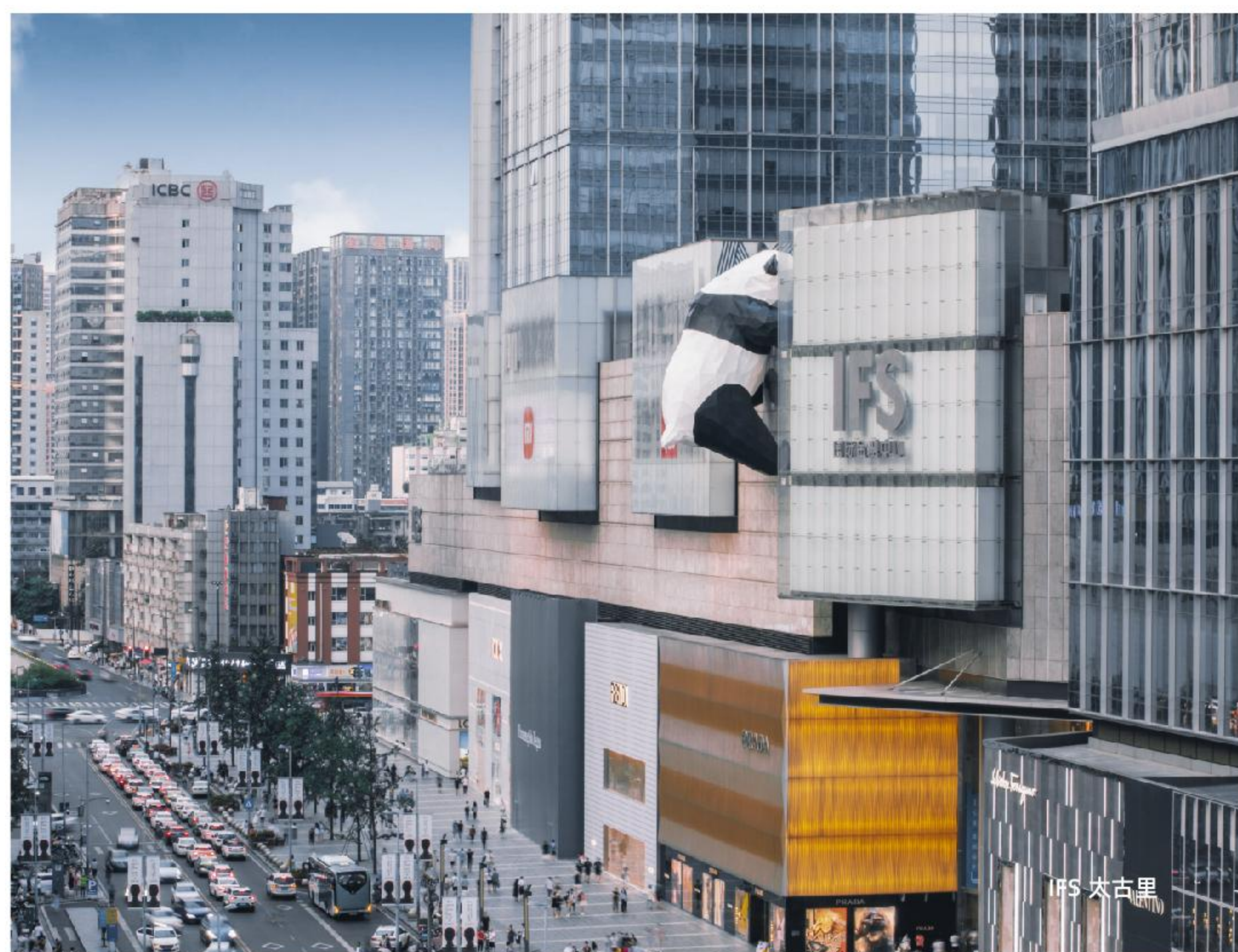
- 送机返回新加坡。



报国寺



乐山大佛



IFS 太古里

导游和司机小费: RMB ¥ 30 每天/每人

保证自费项目 800 RMB/人:

- ★ 九寨藏羌晚会
- ★ 都江堰熊猫乐园 (含电瓶车)
- ★ 白石羌寨
- ★ 四川鸳鸯火锅自助

备注:

- 全程都以华文讲解。
- 行程次序或会因宗教活动、未曾预见的气候状况有所变动，如有任何改动恕不另行通知。
- 如遇不可预计的气候问题造成航班延误或取消，客人需自己承担因航班延误/取消而产生的所有而外费用。
- 当地旅行社有权视当地的情况更改行程顺序，酒店住宿或膳食。房型是根据酒店的分配本公司不负责所分配型的房型差异。任何参人房都以折叠式加床为标准。
- 所有订单都以旅游行程宣传册的附带条件和条款为标准。
- 重大活动期间，住店地点可能无法在上述城市内。
- 所有航班如有更改，恕不另行通知。
- 若中英文行程版本出现不符之处，将以华文版本为依据。
- 本公司将不承担任何有危险性活动的责任及风险，因此本公司建议您购买旅游保险，为您的旅游做个保障。

# 01 SINGAPORE ✈️ CHENGDU

Meal on Board

- Fly to Chengdu, arrive and be picked up, check into the hotel.  
Hotel: AC Hotel by Marriott or similar 5★

# 02 CHENGDU 🚌/🚆 JIUZHAIGOU

Breakfast | Lunch | Dinner

- **Diexi Lake:** Diexi Lake is known for its crystal-clear, emerald-green waters, beneath which the submerged ruins of an ancient town can still be faintly seen. This unique landscape is a striking combination of natural beauty and the aftermath of a geological disaster.
- **Pass by Songpan Ancient Town (without ascending the city wall):** Songpan Ancient Town is located in Songpan County, Aba Prefecture, Sichuan Province. With a long and rich history, it is a culturally vibrant town that has served as a key military and commercial hub connecting Sichuan, Gansu, and Qinghai since the Tang Dynasty. The town features remarkably well-preserved Ming Dynasty city walls and reflects a harmonious blend of Han, Tibetan, and Qiang cultures.  
Hotel: Howard Johnson Tianyuan Hotel or similar 5★

# 03 JIUZHAIGOU

Breakfast | Dinner

- **Jiuzhaigou Scenic Area (including public eco-friendly buses):** Jiuzhaigou is located in Aba Tibetan and Qiang Autonomous Prefecture, Sichuan Province. It is a famous natural scenic reserve in China. It is famous for its dreamy alpine lakes, waterfalls, colorful forests and rich Tibetan and Qiang culture. It is named "Jiuzhaigou" because there are nine Tibetan villages distributed in the valley. It is known as "fairylad on earth" and "fairy tale world" and is a world natural heritage site.
- **Nuorilang Waterfall, Shuzheng Lake, Mirror Lake:** Nuorilang Waterfall is the widest waterfall in Jiuzhaigou, measuring about 20 meters in height and 320 meters in width. With its thunderous cascades and majestic presence, it stands as one of the most iconic landmarks of the park. The Shuzheng Lakes are a stunning cluster of more than a dozen terraced lakes of varying sizes. Mirror Lake is famed for its perfectly still, glass-like surface, which reflects the surrounding scenery with incredible clarity. On a calm, sunny day, the mountains, forests, sky, and clouds appear mirrored on the water, creating a dreamlike and serene atmosphere.  
Hotel: Howard Johnson Tianyuan Hotel or similar 5★

# 04 JIUZHAIGOU 🚌 DUJIANGYAN

Breakfast | Lunch | Dinner

- **Traditional Tibetan Village:** The traditional Tibetan villages are located in the western Sichuan Plateau region and have been home to Tibetan people for generations. They feature rich ethnic customs and unique highland architectural styles. The villages mostly consist of Tibetan-style stone and wood houses with flat roofs and bright colors.
- **Muni Valley Scenic Area:** Muni Valley is an important part of the Huanglong Scenic Area, known for its primeval forests, calcified pools, waterfalls, and Tibetan culture. The main attractions include the Zaga Waterfall and Erdao Lake. Zaga Waterfall is the tallest calcified waterfall in China, grand and majestic.
- **Dujiangyan:** Dujiangyan is the world's oldest irrigation system still in use today, built in the 3rd century BC during the reign of Qin King Zhaowang, led by Li Bing and his son. The project ingeniously uses natural terrain to divert water and manage sediment. It still functions in flood control, irrigation, and water supply.
- **Yangtianwo Selfie Panda Statue:** This sculpture depicts a giant panda lying on its back, "holding" a huge smartphone and taking a selfie. It is inspired by a real incident in 2005 when a panda wandered into the urban area of Dujiangyan. The artwork is playful and modern, symbolizing Dujiangyan's identity as the "Panda City" and serving as a new cultural landmark.  
Hotel: Zhefei Hotel Dujiangyan or similar 4★

# 05 DUJIANGYAN 🚌 MOUNT EMEI

Breakfast | Lunch | Dinner

- **Dujiangyan Giant Panda Base (optional eco-friendly shuttle):** The Dujiangyan Giant Panda Base, also known as "Panda Valley," is one of the four core bases of the China Giant Panda Conservation Research Center. It is located in Majia Valley, Yutang Town, Dujiangyan City, Sichuan Province, adjacent to the World Cultural Heritage sites – the Dujiangyan Irrigation System and Mount Qingcheng.
- **Emei Mountain Intangible Cultural Heritage Museum:** This is a comprehensive cultural center dedicated to displaying and preserving the intangible cultural heritage of the Emei Mountain area. As one of China's four great Buddhist mountains, Emei Mountain has a rich history and religious tradition.  
Hotel: Emeishan Garden City Hotel or similar 4★

# 06 MOUNT EMEI 🚌 CHENGDU

Breakfast | Lunch | Dinner

- **Baoguo Temple:** Baoguo Temple is the gateway monastery for Buddhist activities on Mount Emei and the first significant temple that visitors encounter when entering the mountain.
- **Fuhu Temple:** Located within the Mount Emei Scenic Area in Leshan City, Sichuan Province, Fuhu Temple is not far from Baoguo Temple. It was first built during the Tang Dynasty and was originally named "Honghui Temple."
- **Leshan Giant Buddha (by boat):** The Leshan Giant Buddha is located on Lingyun Mountain in Leshan City, Sichuan Province, at the confluence of the Min River, Qingyi River, and Dadu River. It is the largest stone-carved statue of Maitreya Buddha in the world.
- **Kuanzhai Alley, Chunxi Road, Taikoo Li:** These are some of Chengdu's most iconic cultural and commercial areas. **Kuanzhai Alley** (literally "Wide and Narrow Alleys") is a historic district composed of three parallel ancient streets: Kuan Alley (Wide Alley), Zhai Alley (Narrow Alley), and Jing Alley (Well Alley). **Chunxi Road** is one of Chengdu's busiest and most well-known pedestrian shopping streets. **Taikoo Li Chengdu** is a high-end, low-density open-air commercial complex located in the heart of the Chunxi Road business district.  
Hotel: AC Hotel by Marriott or similar 5★

# 07 CHENGDU

Breakfast

- **Free and easy.**  
Hotel: AC Hotel by Marriott or similar 5★

# 08 CHENGDU ✈️ SINGAPORE

Meal on Board

- Transfer to the airport for your flight back to Singapore.

**Guide & Driver Services Fee: RMB ¥30/day/pax**

**Compulsory Optional Tour 800 RMB / person:**

- ★ Jiuzhai Tibetan and Qiang Evening Show
- ★ Dujiangyan Panda Park (including electric car)
- ★ Baishi Qiang Village
- ★ Sichuan Yuanyang Hotpot Buffet

## Notes:

- All explanations will be in Chinese.
- The itinerary sequence may be changed due to religious activities or unforeseen weather conditions. Any changes will be made without prior notice.
- In the event of flight delays or cancellations due to unforeseen weather conditions, guests will be responsible for all additional expenses incurred due to flight delays/cancellations.
- The local travel agency has the right to change the itinerary sequence, hotel accommodation or meals according to local conditions. Room types are allocated according to the hotel, and the company is not responsible for the difference in room types allocated. Any triple room is based on a folding extra bed.
- All orders are subject to the terms and conditions of the tour brochure.
- During major events, accommodation may not be available in the above cities.
- All flights are subject to change without prior notice.
- In the event of any discrepancy between the Chinese and English versions of the itinerary, the Chinese version will be used as the basis.
- The company will not assume any responsibility or risk for any dangerous activities. Therefore, our company recommends that you purchase travel insurance to protect your travel.