

9 Days 8 Nights RV ROAMING GANNAN IN THE CLOUDS

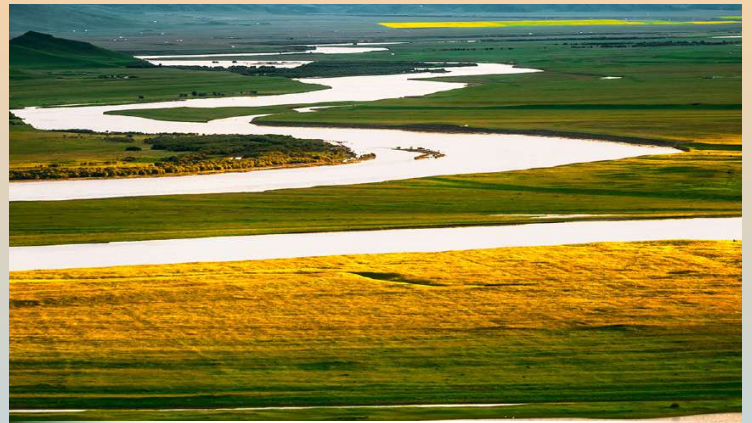


Centered on “boutique luxury, slow in-depth travel, light luxury & wellness, and immersive diversity,” this experience features dual transport options, thoughtfully curated stays and dining, and photo-ready spots across every setting. It’s a truly high-end vacation mode—leaving behind crowds and superficial itineraries to genuinely enjoy the journey itself.

9天8晚 房车漫游 - 云端甘南



麦积山石窟 Maijishan Grottoes



九曲黄河第一湾 The First Great Bend of the Yellow River



扎尕那 Zhagana



纳摩大峡谷 Namo Grand Canyon



若尔盖草原花湖 Flower Lake on Ruergai Grassland



郎木寺 Langmusi Monastery

HIGHLIGHTS 行程亮点

★★★
全程双交通
房车 +
2+1保姆车

★★★
移动的家
免搬行李

★★★
沉浸式体验
非遗文化特色
原生态藏族生活

★★★
品尝
当地特色餐厅
体验
少数民族文化

★★★
独家赠送
专业跟团
摄影师

📍 Ruoergai Grassland

What is special about Ruoergai Grassland?

Ruoergai Grassland is one of the largest alpine wetland grasslands in China, known for its vast marshes, rivers, and rich ecosystems. It also serves as an important water conservation area for the Yellow River and showcases unique Tibetan nomadic culture.

MEALS 餐食

8 BREAKFAST / 7 LUNCH / 8 DINNER



📍 Zhagana

What is special about Zhagana?

The night sky over Zhagana is exceptionally clear, with minimal light pollution and high altitude making the Milky Way vividly visible. Surrounded by mountains and Tibetan villages, the scene feels both majestic and serene.

◎ 黄河风情线



◎ 伏羲庙



◎ 扎尕那



◎ 纳摩大峡谷



◎ 花湖湿地



◎ 经幡祈福



◎ 兰州星光夜市



01 出境 → 兰州

机上餐食 / 晚餐

黄河风情线：抵达后沿黄河漫步，欣赏两岸灯火与雕塑群，感受西北母亲河的壮阔与城市的现代气息。**欢迎晚宴：**在地道餐厅享用阿西娅羊羔肉，肉质鲜嫩，搭配地方特色小菜，为旅程揭开温馨序幕。

酒店：兰州众邦喜来登/兰州奥体如意华玺酒店或当地同级5

02 天水

早餐 / 午餐 / 晚餐

伏羲庙（含门票）：走进古老庙宇，了解中华人文始祖伏羲的传说与祭祀文化，感受厚重的历史底蕴。**天水古城：**漫步古城街巷，青砖灰瓦与市井生活交织，仿佛穿越时空。**罐罐茶体验：**亲手煮煮非遗茶饮，茶香浓郁，体验陇原百姓的日常风味。

酒店：天水嘉孚酒店或当地同级5

03 宕昌

早餐 / 午餐 / 晚餐

麦积山石窟（含门票+电瓶车）：观赏世界著名石窟艺术，壁画与雕塑栩栩如生，展现千年佛教文化。**泥塑非遗：**在工坊体验泥塑技艺，感受匠人手艺与信仰的融合。**农家午餐：**品尝地道农家菜，清淡自然，带来乡野风味。

酒店：宕昌官鹅温泉酒店或当地同级5

04 扎尕那

早餐 / 午餐 / 晚餐

官鹅沟森林秘境（含门票+电瓶车）：穿行于原始森林，溪流潺潺，空气清新，仿佛进入天然氧吧。**扎尕那（含门票）：**晚餐后在山谷中漫步，换上藏族服饰拍照留念，夜晚仰望银河星空，感受大自然的震撼。

酒店：扎尕那云端野奢酒店或当地同级

05 郎木寺

早餐 / 午餐 / 晚餐

藏寨家访：走进藏族朋友的家（此活动为独家设计，体验感绝无仅有）。**郎木寺：**参观寺庙，聆听僧侣诵经，感受宗教的庄严与宁静。**纳摩大峡谷（含门票）：**轻徒步穿越峡谷，奇峰林立，景色壮丽。

酒店：若尔盖尊悦瑞田酒店/黄河外滩洲际酒店或当地同级5

06 若尔盖

早餐 / 午餐 / 晚餐

九曲黄河第一湾（含门票+扶梯）：登高远眺，黄河蜿蜒曲折，景象壮阔，被誉为“中华第一湾”。**若尔盖草原：**辽阔草原上牛羊成群，蓝天白云下尽显高原风光。**花湖湿地（含门票+电瓶车）：**乘电瓶车深入湿地，湖面如镜，水鸟翩飞，生态景观独特。

酒店：合作诺桑洲际酒店或当地同级4（当地顶配）

07 合作

早餐 / 午餐 / 晚餐

米拉日巴佛阁：外观打卡，感受藏传佛教建筑的独特风格。**甘加秘境白石崖（含门票）：**白色岩壁巍峨壮观，传说与自然交织，令人心生敬畏。**经幡祈福：**亲手制作经幡，随风飘扬，寄托美好祝愿。**草原落日晚宴（有厨师教大家做中国菜）：**在草原夕阳下享用晚餐，厨师带领大家学习烹饪中国菜，氛围温馨。

酒店：夏河玖盛国际饭店或当地同级4（当地顶配）

08 夏河

早餐 / 午餐 / 晚餐

拉卜楞寺：走过世界最长的转经长廊，拍摄人文影像，深入体验朝觐氛围。**八坊十三巷：**探访民俗街区，手工艺与美食交织，展现浓厚地方文化。**饯别晚宴。****兰州星光夜市：**是集美食、烟火气与夜景于一体的城市夜生活打卡地，灯火璀璨中尽享西北风味与热闹氛围。

酒店：兰州众邦喜来登/兰州奥体如意华玺酒店或当地同级5

09 兰州 → 温馨的家

早餐

根据航班时间专车送机，行程圆满结束。

注：以上行程仅供参考，若中英文行程翻译有差异，请以中文版行程为准。
Note: The above is for reference, if there is a difference in the translation of the Chinese and English itinerary, please refer to the Chinese version of the itinerary.

云端甘南 | 石窟藏地 沉浸式人文度假之旅

Cloud Gannan | Grottoes & Tibetan Lands
An Immersive Cultural Retreat





IMPORTANT INFORMATION

- All hotel ratings mentioned above are referenced from CTrip.com / Trip.com / TripAdvisor / Hotel's official website. If a particular hotel is not available, we will be using an alternative hotel with a similar rating.
以上所有酒店评分均参考自携程/Trip.com/TripAdvisor/酒店官网。如遇某酒店无法预订，我们将使用评分相近的替代酒店。
- All explanations will be in Chinese.
全程都以华文讲解。
- The itinerary sequence may be changed due to religious activities or unforeseen weather conditions. Any changes will be made without prior notice.
行程次序或会因宗教活动、未曾预见的气候状况有所更动，如有任何改动恕不另行通知。
- In the event of flight delays or cancellations due to unforeseen weather conditions, guests will be responsible for all additional expenses incurred due to flight delays/cancellations.
如遇不可预计的气候问题造成航班延误或取消，客人需自己承担因航班延误/取消而产生的所有而外费用。
- The local travel agency has the right to change the itinerary sequence, hotel accommodation or meals according to local conditions. Room types are allocated according to the hotel, and the company is not responsible for the difference in room types allocated. Any triple room is based on a folding extra bed.
当地旅行社有权视当地的情况更改行程顺序，酒店住宿或膳食。房型是根据酒店的分配本公司不负责所分配型的房型差异。任何叁人房都以折叠式加床为标准。
- All orders are subject to the terms and conditions of the tour brochure.
所有订单都以旅游行程宣传册的附带条件和条款为标准。
- During major events, accommodation may not be available in the above cities.
重大活动期间，住店地点可能无法在上述城市内。
- All flights are subject to change without prior notice.
所有航班如有更改，恕不另行通知。
- In the event of any discrepancy between the Chinese and English versions of the itinerary, the Chinese version will be used as the basis.
若中英文行程版本出现不符之处，将以华文版本为依据。
- The company will not assume any responsibility or risk for any dangerous activities. Therefore, our company recommends that you purchase travel insurance to protect your travel.
本公司将不承担任何有危险性活动的责任及风险，因此本公司建议您购买旅游保险，为您的旅游做个保障。

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